How To Get To Work
Summer III Nursing Externship

A transportation guide for students working at Mayo Clinic
On the path of your Nursing Experience

During your first days in Rochester and at Mayo Clinic, you’ll probably have many questions related to work and to the community. One of most basic, yet very important questions is regarding transportation. Mayo Clinic and the City of Rochester have worked closely together to develop an employee-friendly and convenient system of transportation for you to get to and from work.

This brochure shares four popular options for transportation and related maps. If you have detailed questions, please contact Mayo Clinic Parking & Transportation (507-281-8513), or Rochester Public Transit (507-328-7433) for more information about bus routes and schedules.

PARK AND RIDE LOTS

These are available for employees to drive to and catch the bus to work Monday through Friday. These routes are also subsidized by Mayo Clinic for Mayo employees. If you choose to utilize Park and Ride lots for transportation, please visit www.rochesterbus.com/ for detailed maps/locations and schedules.

**Cub Foods - Hwy 14 East**
Routes 4, 4 direct, and 17
6:10 am to 6:03 pm

**Bethel Lutheran Church - 810 3rd Ave SE**
Routes 6 and 6B
6:03 am to 5:55 pm

**Wehrenberg Theater - Hwy 63 S**
Routes 6, 7 Night, 14, and 15 Direct
6:00 am to 10:05 pm

**Wal-Mart South - Hwy 63 S**
Routes 6, 6 Direct, and 7 Night,
6:00 am to 10:05 pm

**Shopko North - Hwy 63 N**
Routes 1, 1 Direct, and 1 Night
6:03 am to 10:10 pm

**Wal-Mart North - Hwy 52 N & 55th St NW**
Routes 12, 12 Direct, 18, and 18 Direct
5:35 am to 6:20 pm

If you unexpectedly need to work after the Park and Ride busses stop running, call the Mayo operator (dial 0). The operator will arrange for a cab to take you to your car at the Park and Ride lot at no cost.
Mayo Clinic provides bus passes for Rochester Public Transit at no cost to employees. To obtain bus passes, please visit one of the Parking and Transportation Offices:

- Mayo Lobby Level: Room 88W, M-F 7am-5pm
- Mary Brigh Main: Room 605A, M-F 7:30am-4pm

### GOING TO WORK
**Route #7A**

<table>
<thead>
<tr>
<th>Leaves Crossroads College</th>
<th>Arrives Downtown</th>
<th>Arrives Saint Marys</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:28 am</td>
<td>6:40 am</td>
<td>6:45 am</td>
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<tr>
<td>6:58 am</td>
<td>7:10 am</td>
<td>7:15 am</td>
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<td>7:28 am</td>
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<td>9:28 am</td>
<td>9:40 am</td>
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*If you require a route time after 6:58 am, you will need to utilize the interclinic shuttle to St. Mary’s*

### RETURNING TO CROSSROADS COLLEGE
**Route #7A**

<table>
<thead>
<tr>
<th>Leaves Downtown</th>
<th>Leaves Saint Marys</th>
<th>Arrives Crossroads College</th>
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</thead>
<tbody>
<tr>
<td>11:12 am</td>
<td>11:15 am</td>
<td>11:28 am</td>
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<tr>
<td>12:12 pm</td>
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<td>7:28 pm</td>
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<tr>
<td>7:42 pm</td>
<td>7:45 pm</td>
<td>7:58 pm</td>
</tr>
</tbody>
</table>

Leaves Crossroads College Arrives Downtown Arrives Saint Marys Leaves Downtown Leaves Saint Marys Arrives Crossroads College 6:28 am 6:40 am 6:45 am 11:12 am 11:15 am 11:28 am 12:12 pm 12:15 pm 12:28 pm 1:12 pm 1:15 pm 1:28 pm 2:12 pm 2:15 pm 2:28 pm 3:12 pm 3:15 pm 3:28 pm 4:12 pm 4:15 pm 4:28 pm 5:12 pm 5:15 pm 5:28 pm 6:12 pm 6:15 pm 6:28 pm 7:12 pm 7:15 pm 7:28 pm 7:42 pm 7:45 pm 7:58 pm

*If you require a route time after 6:58 am, you will need to utilize the interclinic shuttle to St. Mary’s*
BIKING TO WORK

Mayo Clinic Security reminds all Mayo staff who ride bikes to work to use the areas designated for bicycle parking. Please do not chain bicycles on sidewalks outside Mayo buildings or bring bicycles in Mayo buildings. Mayo Clinic ramps and lots should only be used when parking for work; not storage. Mayo Clinic is not responsible for personal property stored on its premises.

See below a map of a convenient route from Crossroads College to Mayo Clinic. For a map detailing the available parking locations referenced below, please see the “On-Campus Parking” section of this brochure.

**Downtown & Rochester Methodist Hospital**

Designated staff bicycle and motorcycle parking is available in the Ozmun ramp. Additionally, bicycle parking is available outside the northeast entrance of Rochester Methodist Hospital.

**Saint Marys Hospital Campus**

Covered parking is provided for motorcycles and bicycles in the southwest corner of the first floor of the Employee Parking ramp 34 on the hospital campus. Bicycle parking is also available on the north side of the Domitilla Building.

City of Rochester Recreational Trails (bike/walking) website:

http://www.rochestermn.gov/departments/park/trails/

(map includes Loop 10 and Loop 11)
### On-Campus Parking

If you brought a car you will receive temporary off-shift parking privileges. Your temporary parking sticker will come with your access identification card. The following table identifies when and where you are eligible to park during your shifts.

<table>
<thead>
<tr>
<th>DAYS</th>
<th>Work Start Time</th>
<th>Work Location</th>
<th>Parking Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-F</td>
<td>5:45am or earlier</td>
<td>SMH or RMH</td>
<td>West Shuttle</td>
</tr>
<tr>
<td>M-F</td>
<td>9am to 1:30pm</td>
<td>SMH or RMH</td>
<td>West Shuttle</td>
</tr>
<tr>
<td>M-F</td>
<td>1:30pm to 11:30pm</td>
<td>SMH</td>
<td>Employee Ramp #34</td>
</tr>
<tr>
<td>M-F</td>
<td>1:30pm to 11:30pm</td>
<td>RMH</td>
<td>Employee Ramp #23 (excludes lower level) Employee Ramp #9</td>
</tr>
<tr>
<td>Sat-Sun</td>
<td>All start times</td>
<td>SMH</td>
<td>Employee Ramp 34</td>
</tr>
<tr>
<td>Sat-Sun</td>
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<td>RMH</td>
<td>Employee Ramp #23 (excludes lower level) Employee Ramp #9</td>
</tr>
</tbody>
</table>

1 Saint Marys Hospital  
2 Rochester Methodist Hospital

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**Saint Marys Campus**

- Francis Building
- Joseph Building
- Alfred Building
- Dominica Building
- Chapel

**Downtown Campus**

- Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- Ozmun Ramp
- Mayo
- Mayo Guggenheim
- Mary Brigh Building
- Generose Building

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**Parking your own vehicle**

- West Shuttle Lot
- 2nd St SW
- Highway 55
- 1st St SW
- 2nd St NW
- 3rd Ave NW
- 4th Ave NW
- 5th Ave NW
- Highway 52
- Downtown Campus
- Saint Marys Campus

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**Ramp #34**

- To 4th St SW
- To Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- chapel

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**Ramp #23**

- To Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- chapel

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**Ramp #9**

- To Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- chapel

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**Ozmun Ramp**

- To Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- chapel

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**Ramp #23**

- To Mayo Clinic / Rochester Methodist Hospital 12 Blocks
- chapel
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