



Mayo School of Continuous Professional Development

Windows into Mood: Stories of Depression and Mania



Register Online
<http://www.mayo.edu/cme>

The Guthrie Theater, located in Minneapolis, MN, is an inspiring and remarkable asset to the US theater scene. Described by Time Magazine

as a 21st Century Dream Factory, the Guthrie Theater is internationally renowned for its theatrical productions and performances. An architectural masterpiece, the Guthrie Theater provides striking views of Minneapolis, St. Anthony Falls, the Stone Arch Bridge and the Mississippi River. The connection to water, to lights and to windows is very clear on every piece of this architecturally brilliant theater.

This venue is perfect for the Mayo's production of "Windows into Mood: Stories of Depression and Mania". This unique CME event, held on May 12, 2012, will give an overview exploring mood disorders with an emphasis on patient stories, diagnosis, treatment intervention and recovery. A special focus, given the Guthrie environment, will be exploring mood and creativity through biographical review, scientific data, and performance.

May 12, 2012

Guthrie Theater, Minneapolis, MN



Course Description

The Guthrie Theater, located in Minneapolis, MN, is internationally renowned for its theatrical productions and has been described by Time Magazine as a 21st Century Dream Factory. An architectural masterpiece, the Guthrie Theater provides striking views of Minneapolis, the Mississippi River, St. Anthony Falls, and the Stone Arch Bridge. The Mayo Clinic is thrilled to have the opportunity to host "Windows into Mood: Stories of Depression and Mania" at this exciting venue.

This unique CME event, to be held on Saturday, May 12, 2012, will explore mood disorders with an emphasis on patient stories, diagnosis, treatment intervention and recovery. A special focus will be on an investigation into the relationship between mood and the creative mind through biographical review, scientific data, and performance.

Intended Audience

Medical and Mental Health communities, family members and anyone with any interest in mood disorders.

Credit

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic, designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Date And Location

The Windows into Mood: Stories of Depression and Mania will be held Saturday, May 12. The Guthrie is

located in downtown Minneapolis on the west bank of the Mississippi River, next to Gold Medal Park and the Mill City Museum.

818 South 2nd Street
Minneapolis, MN 55415
612.377.2224
<http://www.guthrietheater.org/>

Registration

To register online, visit <http://www.mayo.edu/cme>, or complete the attached registration form and return by mail or fax. The registration fee includes tuition, breakfast and refreshment breaks. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

For additional information, contact:

Mayo School of Continuous Professional Development
Plummer 2-60
200 First Street SW
Rochester, MN 55905
Website: www.mayo.edu/cme
E-mail: cme@mayo.edu
Phone: 800-323-2688 or 507-284-2509
Fax: 507-284-0532

Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before April 30, 2012. (cme@mayo.edu or fax#: 507-284-0532). No refunds will be made on or after April 30, 2012. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School

of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Travel

Minneapolis-St.Paul International Airport (MSP), the 7th-busiest airport in the country, is located halfway between LA and NY. With non-stop service available on nearly every major airline, you're never more than 3 hours away. Conveniently located just minutes from downtown Minneapolis, you'll find that transportation is plentiful and trouble-free, including the Light Rail Train that stops just blocks from the Guthrie.

Hotel Information

Aloft Minneapolis is a bold new hotel featuring loft-inspired design for an easy breezy Twin Cities stay. Stroll out our door to the Guthrie Theater or to explore downtown's trendy Mill District, rich in history and culture and abuzz with lively urban energy.

**900 Washington Avenue South
Minneapolis, MN 55415**

612.455.8400

Ask for the "Groovy Guthrie Rate" of \$99!

**[www.alofthotels.com/
minneapolisitheater](http://www.alofthotels.com/minneapolisitheater)**

Parking

Parking is available in the ramp on South 2nd Street directly across from the Guthrie and in numerous parking lots throughout the neighborhood.

Faculty

Course Director

Mark A. Frye, M.D.

*Professor of Psychiatry
Chair, Department of Psychiatry &
Psychology, Mayo Clinic*

Keynote Faculty

Kay Redfield Jamison, Ph.D.

*Professor of Psychiatry
Dalio Family Professor in Mood
Disorders at Johns Hopkins University
Acclaimed author of "An Unquiet
Mind", "Touched with Fire" and "Night
Falls Fast: Understanding Suicide"*

Mayo Faculty

Kristin S. Vickers Douglas, Ph.D.

*Associate Professor of Psychology
Director of Mayo Clinic Patient
Education Research Center*

Peter S. Jensen, M.D.

*Professor of Psychiatry
Vice Chair Research*

Guest Faculty

Lori L. Altschuler, M.D.

*Professor of Psychiatry
Julia S. Gouw Endowed Chair
for Mood Disorders
The David Geffen School of Medicine
at UCLA*

Mary Pat Gleason

*Actress and writer of the Broadway
production "Stopping Traffic"*

Terence A. Ketter, M.D.

*Professor of Psychiatry
Chief of the Bipolar Disorder Clinic
at Stanford*

Mark A. Meier, MSW, LICSW

*Executive Director of Face It Foundation
Adjunct Faculty University of
Minnesota School of Social Work*

Robert M. Post, M.D.

*Professor of Psychiatry
George Washington University
Director of the Bipolar Collaborative
Network, Bethesda, MD
Former Chief, Biological Psychiatry
Branch, National Institute of
Mental Health*



Program - Saturday, May 12

The CME lectures will focus on diagnosis, assessment, and recovery of major mood disorders (major depression, bipolar disorder acute mania and bipolar depression) and individualizing treatment guidelines for the clinician and patient. Content presented will include information on medication strategies for treatment, new psychotherapies, novel treatments and support strategies and resources for family members of loved ones with mood disorders.

Course Highlights

- Kay Redfield Jamison, Ph.D., speaking on Creativity and Mood Disorders
- Theatrical Production “Stopping Traffic” featuring Mary Pat Gleason
- Experts sharing with physicians, persons with the disease and their families
- Advances in the Diagnosis and Treatment of Mood Disorders

PROGRAM SCHEDULE

Saturday, May 12, 2012

8:00 a.m. **Registration and Continental Breakfast**

9:00 a.m. **Creative Moods: A Personal and Professional Perspective**
Kay Redfield Jamison, Ph.D.

9:40 a.m. **Question and Answer**

10:00 a.m. **Mania Matters**
Mark A. Frye, M.D.

10:25 a.m. **The Not So Hidden Costs of Bipolar Depression**
Terence A. Ketter, M.D.

10:50 a.m. **Question and Answer**

11:05 a.m. Break

11:25 a.m. **Major Depression: Face It & Treat It**
Mark A. Meier, MSW, LICSW & Mark A. Frye, M.D.

12:05 p.m. **Mindfulness and Depression**
Lori L. Altshuler, M.D.

12:25 p.m. **Supporting a Loved One with a Mood Disorder**
Kristin S. Vickers Douglas, Ph.D., L.P.

12:45 p.m. **Question and Answer**

1:00 p.m. Boxed Lunch

1:45 p.m. **Understanding Mood Disorders in Children and Teens: A Physician's Personal Journey**
Peter S. Jensen, M.D.

2:25 p.m. **Progression in the Mood Disorders: Need for Earlier Intervention and Prevention**
Robert M. Post, M.D.

2:50 p.m. **Question and Answer**

3:00 p.m. Break

3:20 p.m. **“Stopping Traffic”**
Mary Pat Gleason

4:45 p.m. **Panel Discussion**

5:00 p.m. Adjourn

Window into Mood: Stories of Depression and Mania

May 12, 2012 • Guthrie Theater • Minneapolis, MN

Register online at <http://www.mayo.edu/cme>

Mail form and payment to:

Mayo School of CPD
Plummer 2-60
200 First Street SW
Rochester, MN 55905

Phone 800-323-2688 or 507-284-2509
FAX 507-284-0532
E-mail cme@mayo.edu
Web site www.mayo.edu/cme

Contact Information

Name of Registrant - <i>first name, middle name or initial, and last name</i>		Degree - <i>select all that apply</i> <input type="checkbox"/> MD <input type="checkbox"/> PhD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> Other - <i>specify</i>	
Name of Institution		Medical Specialty	
Preferred Mailing Address - <i>select one</i> <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address - <i>street address</i>		Work Phone - <i>include all country and city/area codes as needed along with complete phone number</i>	
City	State or Province	ZIP or Postal Code	Country
Home Address - <i>street address</i>		Home Phone - <i>include all country and city/area codes as needed along with complete phone number</i>	
City	State or Province	ZIP or Postal Code	Country
E-mail Address	FAX - <i>include all country and city/area codes as needed along with complete phone number</i>	FAX Location - <i>select one</i> <input type="checkbox"/> Work/Business <input type="checkbox"/> Home	
<div style="display: flex; align-items: center;"> <div style="background-color: black; color: white; padding: 2px 5px; font-weight: bold; margin-right: 5px;">SPECIAL NEEDS</div> <div> If you have special assistance needs or dietary restrictions, describe here: </div> </div>			

Registration

Type of credit that you are interested in receiving: <input type="checkbox"/> AMA/Category 1	
Registration Fee:	
Physicians/Scientists - \$250.00	\$ _____
Advanced Practice Providers, Nurses, Therapies, Social Workers - \$150.00	\$ _____
Observational Rate/Student - (no cme credit) - \$50.00	\$ _____
Total Payment Enclosed	\$ _____

Payment Information - * (US funds only * Wire transfers will be assessed a \$25 USD fee.

<input type="checkbox"/> Check is enclosed in the amount shown at right - <i>make checks payable to Mayo Clinic</i>		
Credit Card - <i>select one</i> <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	Exp Date - <i>mm/yy</i>
Name of Cardholder - <i>as it appears on the card</i>	Signature of Cardholder - <i>required</i> X	

MAYO CLINIC
200 First Street SW
Rochester, MN 55905

May 12, 2012
Guthrie Theater, Minneapolis, MN

Mayo School of Continuous Professional Development

Windows into Mood: Stories of Depression and Mania

Register Online
<http://www.mayo.edu/cme>

©2012 Mayo Foundation for Medical Education and Research | MC8000-95

NON-PROFIT ORG.
U.S. POSTAGE
PAID
MAYO CLINIC

