



# Men's Cancer Conference 2007

A Focused Look at Prostate Cancer

Saturday, April 28, 2007

7:30 a.m. – 3 p.m.



Mayo Clinic  
Geffen Auditorium, Gonda Building, Subway Level  
Rochester, Minn.

## Men's Cancer Conference 2007

Mayo Clinic Cancer Education Program and Mayo Clinic SPORE\* in prostate cancer are pleased to offer Men's Cancer Update 2007: A Focused Look at Prostate Cancer. This educational event is for all men, their significant others and the public who are interested in exploring the critical health issues surrounding prostate cancer.

The goals of this program are to:

- Provide up-to-date information on prostate cancer risk and screening
- Discuss the importance of clinical trials and emerging prostate cancer research
- Provide a forum to address common issues related to prostate cancer treatment and survivorship
- Offer an opportunity to talk with others concerned about prostate cancer

## Exhibits

**Landow Atrium, Gonda Building, Subway Level**

Educational and research exhibits can be viewed throughout the day of the program. The displays will provide information related to research, cancer resources, education and support.

## Support from Educational Grants

This program is supported in part by educational grants. At the time of printing, a complete listing of supporters was not available. Appropriate acknowledgement will be given to all supporters at the program.

## Parking

Free on-campus parking is available in Mayo Clinic Damon and Graham parking ramps. Additional free public parking is available in the Center Street, First Street and Second Street ramps. A map indicating the location of downtown parking facilities will be mailed to registrants along with a confirmation letter.

**For more information, including lodging or registration, contact Matrix Meetings at 507-288-5620.**

\*Specialized Programs of Research Excellence

# Program Schedule

**Saturday, April 28, 2007, 7:30 a.m. – 3 p.m.**

**Geffen Auditorium, Gonda Building, Subway Level**

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7:30 – 8 a.m.	Registration/Continental Breakfast/Education Exhibits
8 – 8:15 a.m.	Welcome <i>Donald Tindall, Ph.D.</i> <i>Professor of Urology, Mayo Clinic College of Medicine</i>
8:15 – 9:15 a.m.	“Prostate Cancer Research: A Cutting-Edge Look at Genetics, Molecular Biology and Immunology” <i>Brant Inman, M.D., F.R.C.S.C.</i> <i>Urologic Oncology Fellow, Mayo Clinic College of Medicine</i>
9:15 – 10 a.m.	“Making Love Again: Hope for Couples Facing Loss of Sexual Intimacy” <i>Virginia and Keith Laken</i>
10 – 10:30 a.m.	Refreshment Break/Education Exhibits
10:30 – 11:30 a.m.	Breakout Session 1
11:45 a.m. – 12:45 p.m.	Breakout Session 2
12:45 – 1:30 p.m.	Lunch/Educational Exhibits
1:30 – 2 p.m.	“Development of New Treatments in Cancer: Protecting Patients’ Rights While Advancing the Science” <i>Charles Erlichman, M.D., F.R.C.P.C., F.A.C.P.</i> <i>Professor of Oncology, Mayo Clinic College of Medicine</i>
2 – 2:45 p.m.	“Keeping It In Perspective” <i>Nick Mezacapa</i>
2:45 – 3 p.m.	Closing/Evaluation

## Breakout Session Options

10:30 – 11:30 a.m.

### Breakout Session 1:

#### **Discussions about Intimacy**

*Virginia and Keith Laken*

The Lakens will lead a discussion regarding the sensitive issues surrounding the impact of a prostate cancer diagnosis on relationships. There will be an opportunity for the couple to speak separately with both men and women participants. A spouse/partner is not required to participate in this session.

#### **Managing and Monitoring Your Health After Prostate Cancer Treatment**

*Haitham Abu-Lebdeh, M.D.*

*Assistant Professor of Medicine, Mayo Clinic College of Medicine*

Dr. Abu-Lebdeh will discuss medical management and self-care strategies for various health concerns related to prostate cancer and treatment. Topics include bone health, nutrition, PSA monitoring, erectile dysfunction and incontinence.

#### **What are the Risk Factors for Prostate Cancer and Who is at Risk?**

*James Cerhan, M.D., Ph.D.*

*Professor of Epidemiology, Mayo Clinic College of Medicine*

Dr. Cerhan will address the risk factors related to prostate cancer, including family history, ethnicity, genetics, age, nutrition and lifestyle habits. Screening recommendations for prostate cancer will also be discussed.

11:45 a.m. – 12:45 p.m.

### Breakout Session 2:

#### **Discussions about Intimacy**

*Virginia and Keith Laken*

Virginia and Keith will lead a discussion regarding the sensitive issues surrounding the impact of a prostate cancer diagnosis on relationships. There will be an opportunity for the couple to speak separately with both the men and the women participants. A spouse/partner is not required for participation in this session.

## **Managing and Monitoring Your Health After Prostate Cancer Treatment**

*Haitham Abu-Lebdeh, M.D.*

*Assistant Professor of Medicine, Mayo Clinic College of Medicine*

Dr. Abu-Lebdeh will discuss medical management and self-care strategies for various health concerns related to prostate cancer and its treatment. Topics include bone health, nutrition, PSA monitoring, erectile dysfunction and incontinence.

## **What to Expect from Prostate Cancer Treatment**

*Bradley Leibovich, M.D.*

*Associate Professor of Urology, Mayo Clinic College of Medicine*

*C. Richard Choo, M.D.*

*Associate Professor of Oncology, Mayo Clinic College of Medicine*

After you have decided on a treatment, what should you expect? Drs. Leibovich and Choo will outline the course of therapy, side effects, recovery and follow-up associated with radiation or surgery for prostate cancer.

## **Guest Presenters**

### **Virginia and Keith Laken**

Since the 2002 publication of their book, *Making Love Again: Hope for Couples Facing Loss of Sexual Intimacy*, the Lakens — married for 37 years and living in rural Minnesota — have been speaking across the country to groups of couples and medical professionals about their experiences in overcoming sexual dysfunction. Their journey is intended to offer hope to others struggling with the painful and stressful “life effects” accompanying erectile dysfunction, someone to identify with and the inspiration to find the courage to begin making love again.

### **Nick Mezacapa**

Nick has inspired audiences across the country with his unique and unforgettable presentations. He has developed inspiring motivational presentations building upon the theme, “Survival and Spirituality,” and has delivered motivational presentations at conferences, events, team-building sessions and retreats. Nick’s style weaves captivating personal life experiences with the refreshing and inspiring message he has to share.



**Registration Deadline:** April 21, 2007

**Mail registration form and payment to:**

Men's Cancer Conference 2007

c/o Matrix Meetings, Inc.

P.O. Box 7169

Rochester, MN 55903-7169



## Registration Form

# Men's Cancer Conference 2007: A Focused Look at Prostate Cancer

**Saturday, April 28, 2007 • 7:30 a.m. – 3 p.m.**

**Geffen Auditorium, Gonda Building, Subway Level**

**Mayo Clinic, Rochester, Minn.**

**Registration fee** (includes breakfast, lunch and refreshments):

\$15 per person or \$25 per couple

**Registration Deadline:** April 21, 2007

**Mail registration form and payment to:**

Men's Cancer Conference 2007

c/o Matrix Meetings, Inc.

P.O. Box 7169

Rochester, MN 55903-7169

*Please make checks payable to Matrix Meetings, Inc. No refunds will be given to registrations postmarked after April 21, 2007.*

**Please print or type all information below:**

Participant (1): \_\_\_\_\_

Participant (2): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Telephone (area code + number): \_\_\_\_\_

Please indicate one choice per participant for **Breakout Session 1** (10:30 – 11:30 a.m.)

1      2

\_\_\_ \_\_\_ *Discussions about Intimacy with Virginia and Keith Laken*

\_\_\_ \_\_\_ *Managing and Monitoring Your Health after Prostate Cancer Treatment*

\_\_\_ \_\_\_ *What are the Risk Factors for Prostate Cancer and Who is at Risk?*

Please indicate one choice per participant for **Breakout Session 2** (11:45 a.m. – 12:45 p.m.)

1      2

\_\_\_ \_\_\_ *Discussions about Intimacy with Virginia and Keith Laken*

\_\_\_ \_\_\_ *Managing and Monitoring Your Health after Prostate Cancer Treatment*

\_\_\_ \_\_\_ *What to Expect from Prostate Cancer Treatment*

**For registration information, contact Matrix Meetings at 507-288-5620.**



4500 San Pablo Road  
Jacksonville, FL 32224

200 First Street SW  
Rochester, MN 55905

13400 East Shea Boulevard  
Scottsdale, AZ 85259

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