Patient Care

**Awareness of adaptive equipment and key considerations can enable safe participation in strength training**
Phsiatrist Edward R. Laskowski, M.D., discusses several special considerations to guide practitioners when designing a strength program for patients with disabilities.

**Multidisciplinary team serves adaptive sports athletes and others with disabilities**
Staff use a holistic approach to address specialized needs of physically active adults and children with disabilities.

**Elite adaptive athletes competing internationally require specialized rehabilitation care**
In this Q&A, Arthur J. De Luigi, D.O., M.H.A., shares his observations about working with adaptive athletes who participate in the Paralympic Winter Games and other competitions.

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View Physical Medicine and Rehabilitation specialty videos and Grand Rounds presentations

Research
Research demonstrates that exercise can be safe and beneficial for children with disabilities
Sherilyn W. Driscoll, M.D., reviews the role and importance of exercise in the overall health and fitness of children with disabilities and shares disability-specific considerations and precautions.

See all Physical Medicine and Rehabilitation Clinical Trials at Mayo Clinic

Education

Mayo Clinic School of Continuous Professional Development offers live courses, online continuing medical education (CME) courses and podcasts to help meet your CME needs.

Medical education from Mayo Clinic experts is also available through GIBLIB, a new on-demand medical education library. GIBLIB provides a free 7-day trial and 25% discount on premium annual subscriptions including unlimited CME for Mayo Clinic learners. Simply enter code MAYOCPD2021 to access this offer.

30th Annual Mayo Clinic Symposium on Sports Medicine
Nov. 5-6, 2021, in Rochester, Minn.
This course provides evidence-based updates in diagnosis and treatment of sports-related and musculoskeletal conditions. Multidisciplinary experts lead case presentations and interactive sessions plus live demonstrations of physical examination, anatomy, ultrasound and arthroscopy.

Mayo Clinic Advancements in Surgical & Medical Management of the Spine 2022
Feb. 19-23, 2022, in Kohala Coast, Hawaii
This course addresses the spectrum of spine diseases, including those secondary to trauma, deformity or degenerative conditions. The curriculum covers strategies for surgical spine management and nonoperative approaches.

Mayo Clinic Wound Symposium 2022
March 2-4, 2022, in Rochester, Minn.
Learn the latest diagnostic and treatment strategies for comprehensive wound management, including multidisciplinary, evidence-based therapies and techniques for wound care, while focusing on clinically relevant updates to improve patient outcomes

COVID-19 Updates

Find resources for providers and answers to questions on referrals and testing on the Medical Professionals Resource Center.

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

Online Referrals