**Patient Care**

**Very low caloric diet before bariatric surgery benefits patients and surgeons**
Research indicates that a very low caloric diet leads to significant preoperative weight loss and reduction in liver volume, and a reduction in the complication rate following bariatric surgery.

**Consider ICI-mediated hypoparathyroidism in patients presenting with hypocalcemia**
Immune checkpoint inhibitor (ICI) drugs have revolutionized cancer therapy. Mayo Clinic endocrinologists discuss the case of a 76-year-old male with widespread metastatic melanoma who presented with weakness, anorexia and confusion.

**Easily make referrals to Mayo Clinic or access your patients' medical records**
Enroll in Mayo Clinic CareLink referring physician portal to make a referral and access your patients' medical records 24/7.

See more Endocrinology news

View Endocrinology specialty videos and Grand Rounds presentations

**Research**
Liquid chromatography with tandem mass spectrometry (LC-MS/MS) provides specific, accurate measurement of total testosterone concentrations in pre- and postmenopausal women with suspected androgen-producing tumor or ovarian hyperthecosis.

Researchers at Mayo Clinic in Rochester, Minnesota, are studying automated insulin delivery systems with continuous glucose monitoring in pregnant patients with type 1 diabetes mellitus (T1DM).

Levothyroxine is commonly prescribed for patients with underactive thyroid glands. Research indicates that the majority of these people were initiated on levothyroxine for mild subclinical hypothyroidism — or no apparent thyroid dysfunction.

See all Endocrinology Clinical Trials at Mayo Clinic

Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

Medical education from Mayo Clinic experts is also available through GIBLIB, a new on-demand medical education library. GIBLIB provides a free 7-day trial and 25% discount on premium annual subscriptions including unlimited CME for Mayo Clinic learners. Simply enter code MAYOCPD2021 to access this offer.

This pioneering course offers cutting-edge perspectives and practical, evidence-based principles for working with transgender and intersex patients before, during and after transition.

COVID-19 Updates

Find resources for providers and answers to questions on referrals and testing on the Medical Professionals Resource Center.

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

Online Referrals

Resources

Careers: All Physician Specialties
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