

# CLINICAL

## PHYSICIAN UPDATE E-EDITION



August 2020

Mayo Clinic's highest priority is patient and staff safety. We are taking every precaution to safely care for patients during their visit. Mayo Clinic has a long-standing history of helping our community in crisis while maintaining capacity to care for patients who need it most. We continue to evaluate the circumstances at each of our sites and follow federal and state mandates to protect the safety of our patients, staff and communities.

Find [resources for providers](#) and answers to questions on [referrals and testing](#) for COVID-19 on the Medical Professionals Resource Center.



## Patient Care

### [Obstructive sleep apnea testing devices used by patients at home](#)

Mayo Clinic Center for Sleep Medicine innovation reduces the time and effort patients expend in obtaining accurate diagnoses and personalized treatment plans for obstructive sleep apnea.

### [<sup>11</sup>C-choline PET/CT imaging technique shows promise in the treatment of primary hyperparathyroidism](#)

Benefits of carbon-11-choline (<sup>11</sup>C-choline) positron emission tomography/computerized tomography (PET/CT) over traditional imaging in the treatment of parathyroid adenomas include greater speed and accuracy and a lower radiation dose.

### [Pediatric Fertility Preservation Program reports high levels of patient satisfaction](#)

The Mayo Clinic Pediatric Fertility Preservation Program offers both ovarian and testicular tissue cryopreservation to children under Institutional Review Board-approved research protocols.



## Research

### [Apixaban easier to use than traditional blood thinners, has fewer side effects](#)

Mayo Clinic research supports that the oral drug apixaban can be used to treat blood clots in patients undergoing cancer therapy safely and effectively.

See all [Family Medicine](#) and [General Internal Medicine](#) Clinical Trials at Mayo Clinic



## Education

Mayo Clinic School of Continuous Professional Development offers [online CME courses](#) and [podcasts](#) to help meet your CME needs during the COVID-19 pandemic.

Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library. GIBLIB's extensive offerings include full-capture surgical video with live narration by Mayo Clinic surgeons, lectures by industry leaders, and GIBLIB originals featuring timely discussions on trending topics in medicine.

### [Individualizing Medicine Conference Virtual Experience](#)

Oct. 14, 2020

Stay ahead of emerging research and clinical practice advances by tuning in to this year's Individualizing Medicine Conference Virtual Experience. The 9th annual conference focuses on the power of omics data, precision cancer care, gene therapy, the microbiome and more.

### [Mayo Clinic COVID-19 Live Webinar Series](#)

Learn the latest updates on COVID-19 in this webinar series from Mayo Clinic. In these one-hour webinars, Mayo Clinic experts discuss the latest information on COVID-19, including clinical updates, research developments, infection control and practical advice you can use in your practice. Previous webinar recordings are available.

### [What you Need to Know: Primary Care – Online](#)

Course expires July 31, 2021

This online CME course covers topics pertinent to primary health care providers, including updates in general internal medicine, dermatology, women's health, gastroenterology, neurology, pulmonary, endocrinology, sports medicine and cardiology.

See all [Family Medicine](#) and [Internal Medicine and Subspecialties](#) Continuous Professional Development courses



## In the Video Center

### [Are electronic cigarettes safer than tobacco? It's complicated](#)

Mayo Clinic internist and addiction researcher Jon O. Ebbert, M.D., discusses electronic cigarettes and their effectiveness for smoking cessation in this video first shown on Medscape Cardiology.

Visit the Medical Professional Video Center to view specialty and Grand Rounds presentations

## Consults and Referrals

Phoenix/Scottsdale, Arizona

844-255-4442 (toll-free)

Jacksonville, Florida

855-691-1265 (toll-free)

Rochester, Minnesota

888-380-4055 (toll-free)

[Online Referrals](#)

## Resources

[Careers: All Physician Specialties](#)

[Clinical Trials](#)

[Mayo Clinic School of Continuous Professional Development](#)

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