A case for tourniquet use to save lives

An emergency medicine specialist discusses the role of tourniquets, tourniquet objections, a brief history of use, when to use tourniquets, improvised tourniquets and how to be prepared to use a tourniquet correctly.

What of the golden hour?

Though there's debate about whether the golden hour represents a literal 60 minutes, one thing is clear: Transporting patients to definitive care rapidly is crucial to decrease mortality and morbidity.
Whole blood use increasing in trauma care

Mayo Clinic physicians share how whole blood use has waxed and waned in trauma care, currently becoming more common. They discuss its advantages, history, availability in Southern Minnesota, and context within recent blood shortages.

Learn more

In a century, the COT makes significant contribution to trauma care

The Committee on Trauma (COT) has impacted global trauma medicine over its 100 years. A longtime COT participant discusses the COT’s four pillars and outcomes affecting all trauma centers.

Learn more
Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs. Medical education from Mayo Clinic experts is also available through GIBLIB, a new on-demand medical education library.

**Trauma and Acute Care Surgery Symposium**  
Sept. 8-10, 2022  
Rochester, Minn., and Livestream

As acute care surgery evolves, so does the utilization of advanced practitioners within it. This course helps advanced practitioners enhance both knowledge and skill sets in acute care.

**Mayo Clinic's Current Concepts in Extracorporeal Life Support: Medical Management and High-Fidelity Cannulation Simulations 2022**  
Nov. 30 - Dec. 3, 2022  
Jacksonville, Fla. and Livestream

This course provides a framework for managing patients requiring extracorporeal life support (ECLS), including case-based scenarios, high-fidelity hands-on simulations and discussion of current hot topics.

**COVID-19 Updates and Resources**

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