Patient Care

A case for tourniquet use to save lives

An emergency medicine specialist discusses the role of tourniquets, tourniquet objections, a brief history of use in war and peacetime, and how to be prepared to use a tourniquet correctly.

Learn more

What of the golden hour?

Though there’s debate about whether the golden hour represents a literal 60 minutes, one thing is clear: Transporting patients to definitive care rapidly is crucial to decrease mortality and morbidity.

Learn more

Whole blood use increasing in trauma care

Mayo Clinic physicians share how whole blood use has waxed and waned in trauma care, currently becoming more common. They discuss its advantages, history, availability in Southern Minnesota, and context within recent blood shortages.

Learn more

In a century, the COT makes significant contribution to trauma care

The Committee on Trauma (COT) has impacted global trauma medicine over its 100 years. A longtime COT participant discusses the COT’s four pillars and outcomes affecting all trauma centers.

Learn more

Practice Guidelines and Research

See all trauma, critical care and general surgery in Minnesota clinical trials

Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses, and podcasts to meet your CME needs. Medical education from Mayo Clinic experts is also available through GIBLIB, a new on-demand medical education library.

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