## Which Path is Most **Beneficial for People** with Kidney Failure?



Long-term data is proving that preemptive kidney transplant is the best option for most patients whose kidney disease is progressing to kidney failure. This depends on the availability of a suitable donor. In most cases, preemptive kidney transplants are performed with livingdonor kidneys. We recommend discussing kidney transplantation with your doctor before your kidneys fail.



Kidneys are the body's filter, removing waste and toxins from the blood. When they fail you have two options, transplant or dialysis.



A transplanted kidney performs 100% of a kidney's function. Dialysis only performs 10%.



After recovering from surgery transplant patients are able to return to their normal schedule and activities. Dialysis patients have 3-4 treatment sessions a week.



Transplant patients experience fewer setbacks than dialysis patients.



Kidney transplant recipients have a significantly greater chance of survival compared to dialysis patients.

Source: MayoClinic.org.