Risk of respiratory illness spread is mitigated by your actions and PPE

Hand washing and social distancing are foundational to stop the spread of respiratory illness.

In addition to these measures, masks and sometimes eye protection play a key role.

**HIGH-RISK OF TRANSMISSION**  
Close contact without masks

**LOW-RISK OF TRANSMISSION**  
Close contact with both persons masked

**MEDIUM-RISK OF TRANSMISSION**  
Close contact with only one person masked

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