Patient Care

Integrated peripartum pelvic health program seeks to reduce or eliminate pelvic floor dysfunction associated with pregnancy and childbirth

Niki J. Ron, P.T., D.P.T., WCS-ABPTS, explains the evolving role of Mayo Clinic physical therapists in pregnancy and postpartum care.

Learn more

Gaming and Esports Medicine team members offer tips to help players stay healthy

Mayo Clinic physiatrist Jane Konidis, M.D., shares some valuable insights on how to help gamers improve sleep quality, protect their eyes and reduce neck pain.

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Refer a Patient

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Research

Researchers analyze the impact of physical therapy on symptomatic thoracic radiculopathy

While a systematic review suggests that PT can alleviate symptoms, limited evidence, bias risk and low evidence certainty make these initial data too weak to support a definite conclusion.

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Mayo Clinic Rehab in the ICU: An Interdisciplinary Approach Online Course

March 6, 2023-March 5, 2026

Online course

This course addresses how to foster rehabilitation of adult and pediatric patients in the ICU setting. Topics include rehabilitation feasibility and safety as well as psychosocial elements affecting patients and families.

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This course includes a comprehensive review of all 16 exam topic areas to assist candidates preparing for certifying and maintenance of certification examinations in physical medicine and rehabilitation.

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