Multiple approaches involved in medical management of whiplash-associated disorders

Randy A. Shelerud, M.D., discusses literature-supported treatment options for managing whiplash-associated disorders, including exercise, medications, complementary medicine, injections and psychological interventions.
Medical management of lumbar spinal stenosis is evolving

Mayo Clinic physiatrist Kimberly L. Seidel-Miller, M.D., discusses lumbar spinal stenosis and how to determine appropriate medical management options for this condition.

Learn more

Animal study suggests that low doses of messenger RNA helped regenerate bone without side effects

Messenger RNA treatment yielded faster tissue regeneration response and better bone quality than outcomes associated with currently available clinical treatment.

Learn more
Interim results in phase 1 trial demonstrate safety of gene therapy approach to treatment of osteoarthritis

A phase 2 trial will evaluate effectiveness of using adeno-associated virus to deliver cDNA encoding the interleukin-1 receptor antagonist to treat knee osteoarthritis.

Learn more
Strengthen & Empower 2022  
July 21-23, 2022  
Chicago and Livestream  
Join this national health care dialogue about diversity and health disparities, digital equity, and inclusion in workforce development and organizational culture. Explore evidence-based solutions and innovative initiatives.

Register Now

Wounds from Shear to Necrotizing Fasciitis — Online CME Course  
Course open through March 18, 2024, online  
This course provides the latest diagnostic and treatment strategies for comprehensive wound management, with a multidisciplinary faculty representing various wound-related fields.

Register Now

Parkinson's Disease and Other Movement Disorders — 2022  
Nov. 4-5, 2022  
Phoenix and Livestream  
This course includes standard of care treatment algorithms for management of movement disorders and video demonstrations to assist with movement diagnosis.

Register Now

31st Annual Mayo Clinic Symposium on Sports Medicine  
Nov. 4-5, 2022  
Rochester, Minn., and Livestream  
This course includes current evidence-based diagnostic and treatment strategies for sports-related and musculoskeletal conditions, including athletic injury evaluation, treatment, prevention and return to play transition.

Register Now

COVID-19 Updates and Resources
Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

Online Referrals

Resources

Life-Changing Careers

Clinical Trials

Mayo Clinic School of Continuous Professional Development

PM&R at Mayo Clinic

Comments?
We're interested in your feedback about this newsletter.

Pass It On
Invite a friend to subscribe.