

June 2021



Patient Care

[Awareness of adaptive equipment and key considerations can enable safe participation in strength training](#)

Physiatrist Edward R. Laskowski, M.D., discusses several special considerations to guide practitioners when designing a strength program for patients with disabilities.

[Multidisciplinary team serves adaptive sports athletes and others with disabilities](#)

Staff use a holistic approach to address specialized needs of physically active adults and children with disabilities.

[Elite adaptive athletes competing internationally require specialized rehabilitation care](#)

In this Q&A, Arthur J. De Luigi, D.O., M.H.A., shares his observations about working with adaptive athletes who participate in the Paralympic Winter Games and other competitions.

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Research

[Research demonstrates that exercise can be safe and beneficial for children with disabilities](#)

Sherilyn W. Driscoll, M.D., reviews the role and importance of exercise in the overall health and fitness of children with disabilities and shares disability-specific considerations and precautions.

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Education

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Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library. GIBLIB provides a free 7-day trial and 25% discount on premium annual subscriptions including unlimited CME for Mayo Clinic learners. Simply enter code **MAYOCPD2021** to access this offer.

[30th Annual Mayo Clinic Symposium on Sports Medicine](#)

Nov. 5-6, 2021, in Rochester, Minn.

This course provides evidence-based updates in diagnosis and treatment of sports-related and musculoskeletal conditions. Multidisciplinary experts lead case presentations and interactive sessions plus live demonstrations of physical examination, anatomy, ultrasound and arthroscopy.

[Mayo Clinic Advancements in Surgical & Medical Management of the Spine 2022](#)

Feb. 19-23, 2022, in Kohala Coast, Hawaii

This course addresses the spectrum of spine diseases, including those secondary to trauma, deformity or degenerative conditions. The curriculum covers strategies for surgical spine management and nonoperative approaches.

[Mayo Clinic Wound Symposium 2022](#)

March 2-4, 2022, in Rochester, Minn.

Learn the latest diagnostic and treatment strategies for comprehensive wound management, including multidisciplinary, evidence-based therapies and techniques for wound care, while focusing on clinically relevant updates to improve patient outcomes

COVID-19 Updates

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