



PM&R Physician Update

February 2025

Research



Mayo Clinic research team shares new progress in development of gene therapy treatment for osteoarthritis

In this Q and A, Stephen J. Wisniewski, M.D., discusses the status of research focused on the use of platelet-rich plasma and bone marrow aspirate concentrate injections to treat knee osteoarthritis.

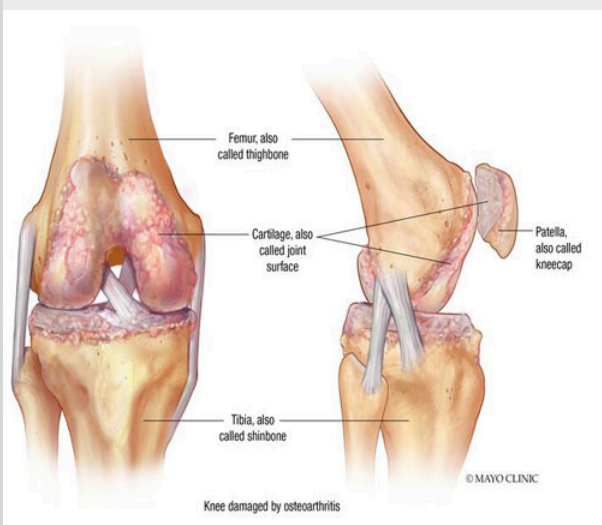
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Study advances understanding of cellular senescence, mobility disability in older adults and possible interventions

The researchers observed significant associations between identified biomarkers and the onset of disability and demonstrated that higher levels of physical activity had a positive impact.

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Researchers analyze performance of orthobiologic therapies for knee osteoarthritis

In a review article retracing the history of this approach, researchers describe recent milestones and next steps in the development of this promising therapeutic approach.

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Patient Care

[Refer a Patient](#)

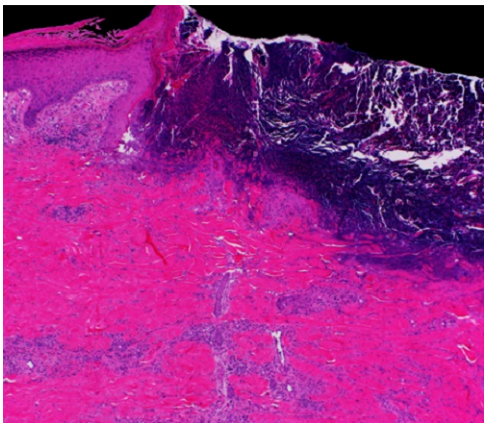
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Mayo Clinic Wound Symposium: The Edges of Wound Care 2025

Feb. 26-28, 2025
Rochester, Minn., and Livestream

This course provides the latest diagnostic and treatment strategies for comprehensive wound management with a multidisciplinary focus and faculty from various wound-related fields.

[Register Now](#)

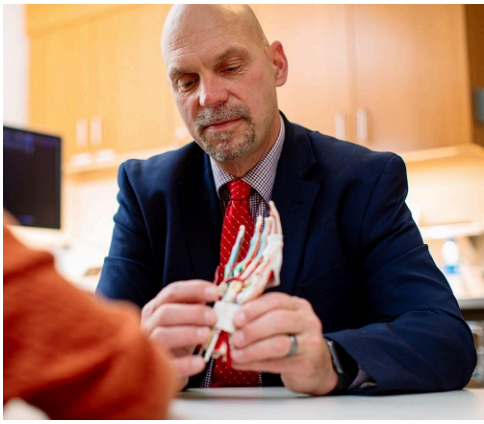


Interventional Management of Cancer-Associated Pain

Aug. 12, 2025
Webinar

This course shares advanced, evidence-based strategies for managing cancer-associated pain, including nerve blocks, neurolytic procedures and implantable devices, as well as patient selection, procedural techniques and integrating interventional pain management within comprehensive oncology care.

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Physical Medicine and Rehabilitation Board Review: Clinical Knowledge Review Online CME Course

Available until Jan. 15, 2026
Online course

This course includes a comprehensive review of all 16 exam topic areas to assist candidates preparing for certifying and maintenance of certification examinations in physical medicine and rehabilitation.

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Mayo Clinic Rehab in the ICU: An Interdisciplinary Approach Online Course

Available until March 5, 2026
Online course

This course addresses how to foster rehabilitation of adult and pediatric patients in the ICU setting. Topics include rehabilitation feasibility and safety and psychosocial elements affecting patients and families.

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