Cancer rehabilitation addresses patients' physical and emotional well-being. Cancer rehabilitation is a rapidly evolving discipline focused on helping patients maintain and restore function and lead meaningful, fulfilling lives before, during and after cancer treatment.

Learn more

Comprehensive, office-based evaluation of core strength contains multiple components. Mayo Clinic physiatrist Jane Konidis, M.D., summarizes what to include in an office-based evaluation of core and gluteal musculature strength and lumbo-pelvic stability.

Learn more

Zombie cells linger and contribute to various age-related health problems and diseases. In a study published in Aging Cell, Mayo Clinic researchers analyzed senescent cells, often referred to as zombie cells, to explain aging at the cellular level.

Learn more

Research

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