



PM&R Physician Update

February 2023

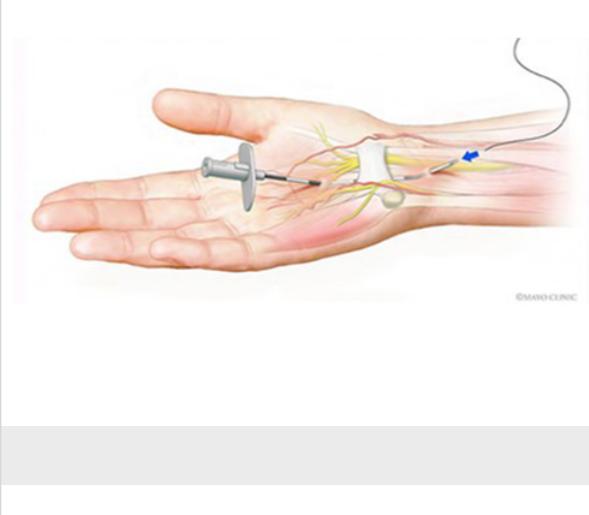
Patient Care



Mayo Clinic uses 3D-printing technology to construct orthoses

Casts, braces and splints produced using 3D-printing processes are highly customizable, water-resistant and less bulky than versions constructed from plaster, fiberglass or low-temperature thermoplastic materials.

[Learn more](#)



Podcast: Mayo Clinic physiatrists discuss the future of ultrasound-guided procedures

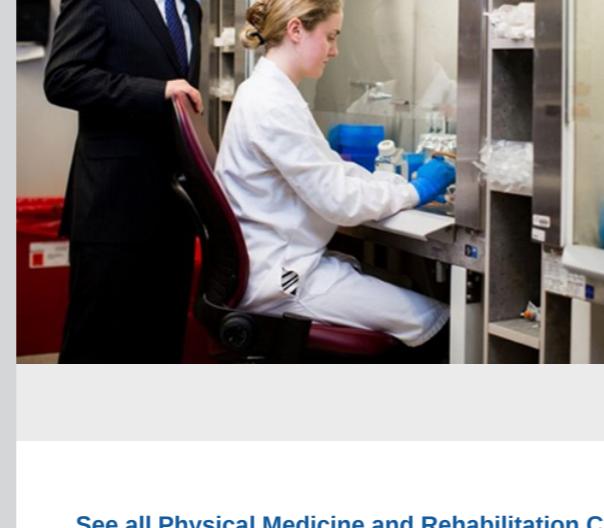
In this episode of Mayo Clinic's Simply PM&R podcast, the host and guest address tools and processes, candidate selection, and safety and efficacy data related to the use of minimally invasive surgical interventions.

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Research



Mayo Clinic researchers examine the potential of novel regenerative medicine therapies for the treatment of discogenic low back pain

Wenchun Qu, M.D., Ph.D., and colleagues hypothesize that degenerative disk disease may respond to intradiscal injections of mesenchymal stem cells.

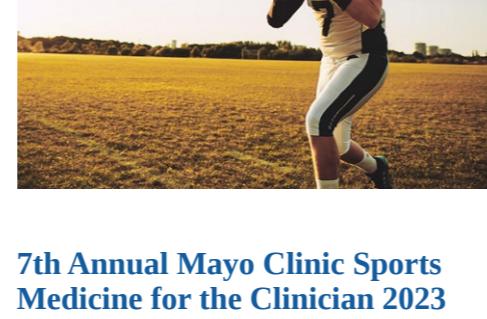
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Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Physical Medicine and Rehabilitation Continuing Medical Education courses](#)



7th Annual Mayo Clinic Sports Medicine for the Clinician 2023
March 3-5, 2023
Orlando, Fla., and Livestream

This course helps attendees learn to accurately diagnose and treat sports-related conditions, as well as injuries sustained during recreational physical activities.

[Register Now](#)

Mayo Clinic Symposium on Regenerative Medicine & Surgery 2023
April 2-5, 2023
Scottsdale, Ariz., and Livestream

This course features presentations on the latest advancements in regenerative biotherapeutics, regenerative medicine and surgery.

[Register Now](#)

COVID-19 Updates and Resources

[Read more](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona

866-629-6362

Jacksonville, Florida

800-634-1417

Rochester, Minnesota

800-533-1564

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