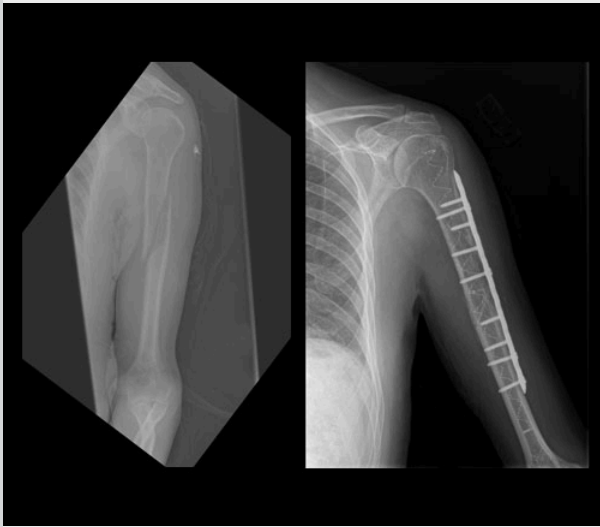




# Orthopedic Surgery Physician Update

February 2026

## Patient Care



### Mayo Clinic stabilizes metastases-damaged bone

Metastases break through bone, requiring rapid treatment for patients who are ineligible for total joint arthroplasty. Mayo Clinic offers photodynamic stabilization of skeletal metastatic disease (PBSS), which stabilizes these bones, allowing the patient to focus on other cancer treatments.

[Read the article](#)



### Advanced ankle care and the advantages of ankle arthroscopy

A Mayo Clinic sports medicine specialist and orthopedic surgeon explains ankle arthroscopy's evolution, its expanding therapeutic applications and why referral to Mayo Clinic can benefit patients requiring advanced ankle care.

[Read the article](#)

[Refer a Patient](#)

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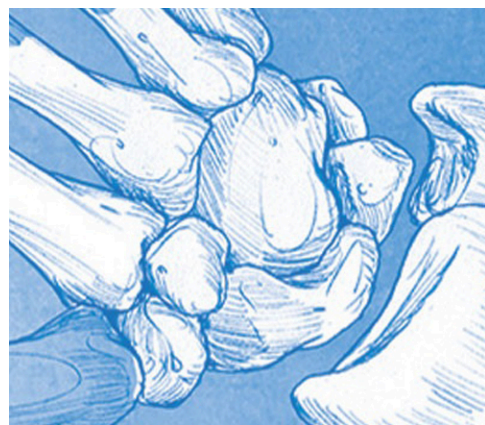
## Research

[See all Orthopedic Surgery Clinical Trials at Mayo Clinic](#)

## Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

[See all Orthopedic Surgery Continuing Medical Education courses](#)



### 2026 Controversies in Wrist Surgery May 13-16, 2026 Rochester, Minn., and Livestream

This course is for orthopedic and plastic surgeons with significant hand practice, covering many wrist and distal radioulnar joint disorders. The case-oriented format covers topics such as bony and soft tissue trauma, degenerative disease, and inflammatory arthritis.

[Register Now](#)



### 35th Annual Mayo Clinic Symposium on Sports Medicine Nov. 6-7, 2026 Rochester, Minn., and Livestream

This symposium features evidence-based and cutting-edge diagnostic and treatment strategies for sports-related and musculoskeletal conditions. It includes expert lectures, case presentations, interactive Q&A sessions, and live demonstrations.

[Register Now](#)

## Consults and Referrals

Phoenix/Scottsdale, Arizona  
866-629-6362

Jacksonville, Florida  
800-634-1417

Rochester, Minnesota  
800-533-1564

[Online Referrals](#)

## Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

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