Orthopedic Surgery Physician Update
April 2022

Thread ultrasound-guided carpal tunnel release

Patient Care
Integrated approach restores optimal wrist function for patients with complex distal radial fractures

Mayo Clinic orthopedic surgeons collaborate with other specialists to manage the care of individuals with comorbidities that can increase the risks of wrist surgery.

Learn more

Obesity, diabetes impact joint replacement outcomes

Reducing the risk of postoperative infections in patients with underlying conditions who have hip or knee replacements requires balancing individuals' desire for pain-relieving joint replacements with surgeons' desire to maximize outcomes.

Learn more
Nonopioid protocol successfully manages patients' pain after orthopedic sports procedures

Mayo Clinic's nonopioid protocol, used for anterior cruciate ligament reconstructions, meniscus surgeries and labral and rotator cuff repairs, comprises preoperative analgesics, intraoperative local infiltration analgesia and a postoperative pain regimen.

Learn more
Mayo Clinic 'Teach the Teachers' Elbow Course 2022 — Elbow Instability
May 19-21, 2022
Rochester, Minn., and Livestream

This advanced course is designed for orthopedic surgeons with a special interest in upper extremity trauma, elbow surgery and trauma surgery. The focus is on technical skills.

Register Now

10th Annual Comprehensive Sports Medicine Update and Board Review
June 22-25, 2022
Minneapolis and Livestream

This award-winning course provides a comprehensive review of all subjects in the sports medicine board examination. The faculty includes internationally recognized sports medicine experts.

Register Now

COVID-19 Updates and Resources
Read more

Consults and Referrals

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866-629-6362

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