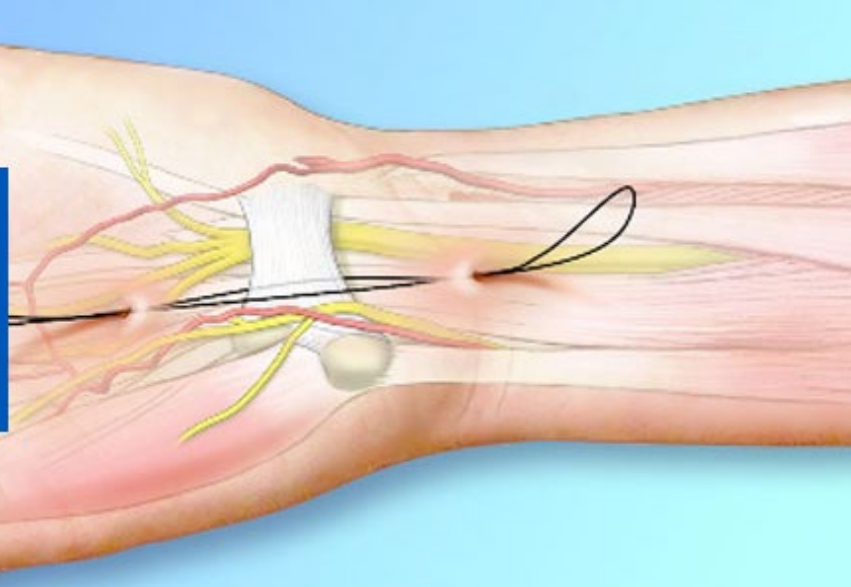




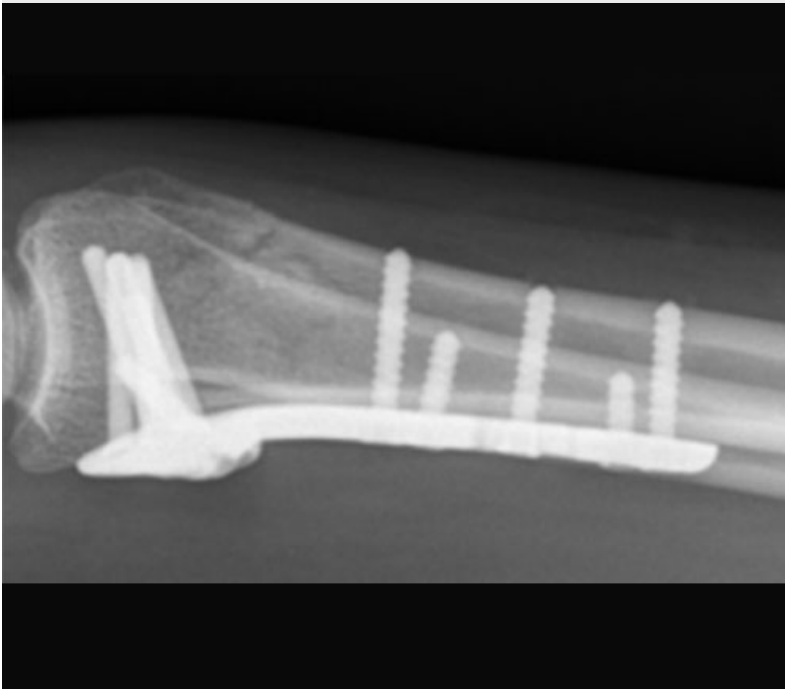
# Orthopedic Surgery Physician Update

April 2022

**Thread  
ultrasound-guided  
carpal tunnel release**



Patient Care



## **Integrated approach restores optimal wrist function for patients with complex distal radial fractures**

Mayo Clinic orthopedic surgeons collaborate with other specialists to manage the care of individuals with comorbidities that can increase the risks of wrist surgery.

[Learn more](#)



## **Obesity, diabetes impact joint replacement outcomes**

Reducing the risk of postoperative infections in patients with underlying conditions who have hip or knee replacements requires balancing individuals' desire for pain-relieving joint replacements with surgeons' desire to maximize outcomes.

[Learn more](#)



## **Nonopioid protocol successfully manages patients' pain after orthopedic sports procedures**

Mayo Clinic's nonopioid protocol, used for anterior cruciate ligament reconstructions, meniscus surgeries and labral and rotator cuff repairs, comprises preoperative analgesics, intraoperative local infiltration analgesia and a postoperative pain regimen.

[Learn more](#)

[See more Orthopedic Surgery news](#)

[View Orthopedic Surgery specialty videos and Grand Rounds presentations](#)

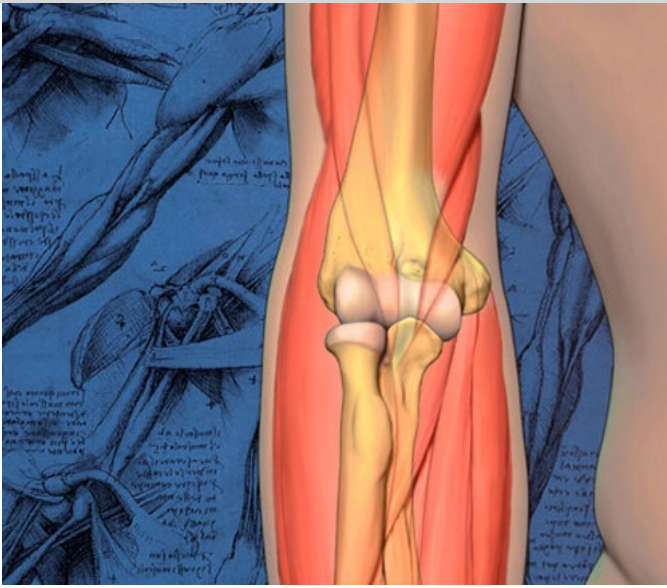
## Research

[See all Orthopedic Surgery Clinical Trials at Mayo Clinic](#)

## Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs. Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library.

[See all Orthopedic Surgery Continuing Medical Education courses](#)



## Mayo Clinic 'Teach the Teachers' Elbow Course 2022 — Elbow Instability

May 19-21, 2022

Rochester, Minn., and Livestream

This advanced course is designed for orthopedic surgeons with a special interest in upper extremity trauma, elbow surgery and trauma surgery. The focus is on technical skills.

[Register Now](#)

## 10th Annual Comprehensive Sports Medicine Update and Board Review

June 22-25, 2022

Minneapolis and Livestream

This award-winning course provides a comprehensive review of all subjects in the sports medicine board examination. The faculty includes internationally recognized sports medicine experts.

[Register Now](#)

## COVID-19 Updates and Resources

[Read more](#)

## Consults and Referrals

### Phoenix/Scottsdale, Arizona

866-629-6362

### Jacksonville, Florida

800-634-1417

### Rochester, Minnesota

800-533-1564

### Online Referrals

# Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

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