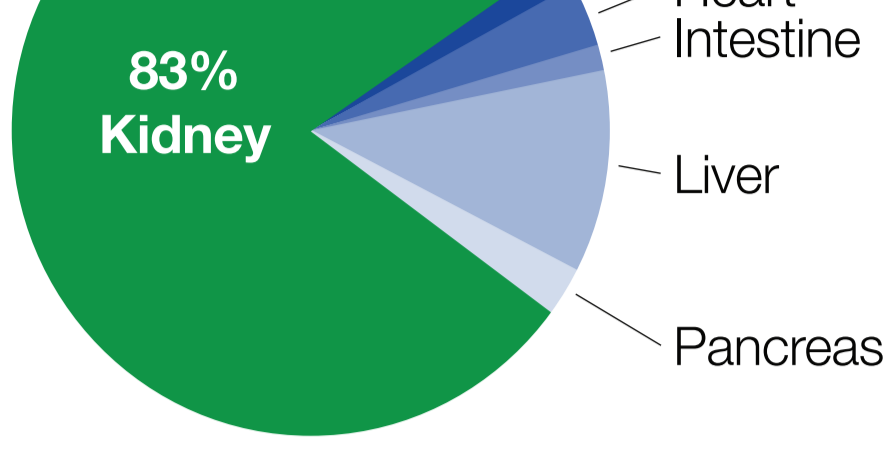


Living Kidney Donation

Most people have two kidneys, but only need one. Consider giving someone the gift of life.



Of the 122,000 people on the national organ transplant waiting list, **83% need a kidney.**



There are not enough deceased donor kidneys to fill the need.

For every **1 organ donor**, there are **8 people on the waiting list.**



The waiting list grows with each passing day.



people join the waiting list daily.



people die each day waiting for a kidney transplant.

Living kidney donation is the best possible option for those in need.

Living donor kidneys last twice as long

On average, deceased donor kidneys last **10 years.**



On average, living donor kidneys last **20 years.**



That's 10 more birthdays.



No waiting list; no dialysis

- Dialysis leads to **decreased quality of life.**
- Dialysis takes **3-4 hours** per treatment, **3-4 times per week.**
- Living kidney donation allows a recipient to **avoid the waiting list** and avoid the problems associated with dialysis.

Who can donate?

To donate a kidney, you must be:

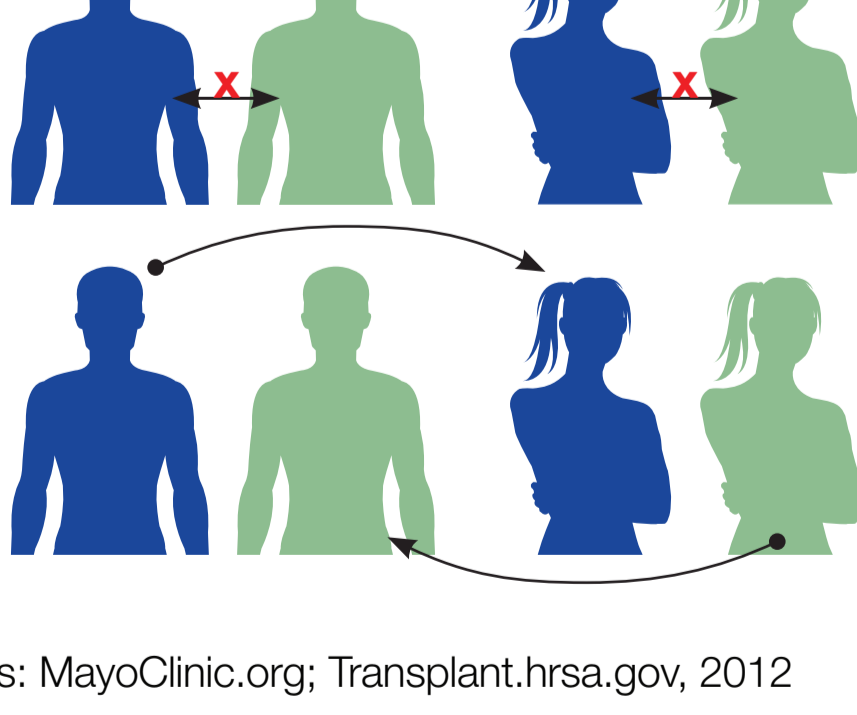
- At least 18 years of age
- In good health

Ethnic minority donors are desperately needed

Certain blood types are more prevalent in ethnic minorities, making it more difficult to find a match.

Not a match? You can still help.

If you're not a match for your loved one, you can start a **"transplant chain"** with other mismatched donors.



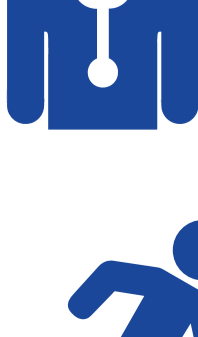
Sources: MayoClinic.org; Transplant.hrsa.gov, 2012

What you can expect when donating.



The evaluation

Thorough testing to make sure you are an acceptable candidate for kidney donation.



The procedure

A minimally invasive procedure with a short hospital stay.



The recovery

Kidney donors recover quickly with no long-term effects.