

# OBSTETRICS AND GYNECOLOGY

## PHYSICIAN UPDATE E-EDITION



July 2021



## Research

### [No specific characteristics predict poor response to medication alternative to hysterectomy for uterine fibroids](#)

Further multisite research shows no characteristics predicting a lack of response to elagolix with add-back therapy for patients with uterine fibroids and heavy menstrual bleeding.

### [Careful triage key in advanced epithelial ovarian cancer treatment](#)

Two studies indicate the importance of triaging patients with advanced epithelial ovarian cancer by frailty and sarcopenia status for best survival and fewer complications.

### [Sentinel lymph node biopsy decreases lymphedema risk](#)

Unlike use of lymphadenectomy, with a 49.4% rate of lower extremity lymphedema, using sentinel lymph node biopsy to stage patients with endometrial cancer led to a 26.0% rate of this type of lymphedema.

[See all Obstetrics and Gynecology Clinical Trials](#)

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## Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library. GIBLIB provides a free seven-day trial and a 25% discount on premium annual subscriptions including unlimited CME for Mayo Clinic learners. Simply enter code **MAYOCPD2021** to access this offer.

### [OB/GYN Webinar Series](#)

Monthly throughout 2021

These one-hour clinical and surgical webinars feature experts from Mayo Clinic's campus in Rochester, Minnesota. Current topics include the role of surgery in the era of in vitro fertilization for infertility and comprehensive fibroid care.

### [OB/GYN Clinical and Surgical Updates: Staying Current and Ahead of the Curve 2022](#)

Feb. 7-10, 2022, in Scottsdale, Ariz.

This fourth annual enterprisewide clinical and surgical course features leading experts from across Mayo Clinic. The program is designed for all women's health care practitioners.

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## COVID-19 Updates

Find [resources for providers](#) and answers to questions on [referrals and testing](#) on the Medical Professionals Resource Center.

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## Consults and Referrals

Phoenix/Scottsdale, Arizona  
866-629-6362

Jacksonville, Florida  
800-634-1417

Rochester, Minnesota  
800-533-1564

[Online Referrals](#)

## Resources

[Careers: All Physician Specialties](#)

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