

OBSTETRICS AND GYNECOLOGY

PHYSICIAN UPDATE E-EDITION



January 2020



Patient Care

[Minimally invasive surgery for endometrial cancer reduces hospital stays, complications](#)

Researchers found that patients who received robot-assisted surgery had fewer postoperative complications, lower perioperative transfusion and readmission rates, and shorter hospital stays than patients who received open abdominal surgery.

[Collaborative approach improves scheduling and treatment for patients with abnormal uterine bleeding](#)

Mayo Clinic's collaborative hysteroscopy clinic has streamlined appointment scheduling to incorporate needed hysteroscopy and eliminated duplicated effort to improve both patient and staff satisfaction.

[Same-day discharge after vaginal hysterectomy with pelvic floor reconstruction safe, feasible for selected patients](#)

Research indicates that same-day discharge after vaginal hysterectomy with pelvic floor reconstruction does not result in a higher number of emergency department or outpatient office evaluations.



Research

[Risk of perioperative mortality should be incorporated into informed consent for gynecological procedures](#)

A systemic review of mortality in minimally invasive gynecological surgery showed that the odds of death for laparoscopic and robotic

gynecological surgery appear to be similar.

[Younger women show an increased long-term risk of cardiovascular and metabolic conditions after hysterectomy](#)

Research supports that with or without ovarian conservation, women age 35 or younger who undergo hysterectomy have an increased long-term risk of cardiovascular and metabolic conditions.

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Education

[Mayo Clinic OB/GYN Clinical and Surgical Updates: Staying Current and Ahead of the Curve 2020](#)

Feb. 17-20, 2020, in Ponte Vedra Beach, Fla.

Topics include radiologic evaluation of endometriosis, fetal growth restriction, chronic hypertension in pregnancy, pelvic organ prolapse and surgery for hereditary cancer risk reduction.

[Prenatal Cell-Free DNA Screening — Online](#)

Course expires July 23, 2020

This three-module, hybrid-learning course discusses the benefits and limitations of prenatal cell-free DNA screening, how to interpret test results, and how to communicate with and manage care for patients who are considering testing.

[See all Obstetrics, Gynecology & Women's Health Continuous Professional Development courses](#)



In the Video Center

[Obesity and endometrial cancer](#)

Gynecological oncologist Amanika Kumar, M.D., discusses endometrial cancer and obesity's impact on the disease, plus optimal treatment options.

[Fetoscopic laser ablation for placental anastomoses for twin-to-twin transfusion syndrome](#)

Rodrigo Ruano, M.D., Ph.D., chair of Maternal and Fetal Medicine, discusses fetoscopic laser ablation of placental anastomoses for twin-to-twin transfusion syndrome.

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Mayo Clinic

13400 E. Shea Blvd.
Scottsdale, AZ 85259

4500 San Pablo Road
Jacksonville, FL 32224

200 First St. SW
Rochester, MN 55905



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