The second
Living with a Blood Disease Symposium
A Comprehensive Workshop for Patients, their Family and Friends
May 8-9, 2010
Rochester, Minnesota

For More Information:
For more information about this symposium, registration, or accommodations, please contact Matrix Meetings, Inc. at 507-288-5620 or by e-mail at admin@matrixmeetings.com. You may also visit the course website, www.mayoclinic.org/blood-patient-workshop, for up-to-date information.

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Symposium Director:
Ruben Mesa, MD

Symposium Co-Directors:
Timothy Call, MD
Phillip Greipp, MD
Thomas Habermann, MD
Joseph Mikhail, MD
Tait Shanafelt, MD
David Steensma, MD
General Information

Symposium Overview
This symposium is for family members, friends and patients who have been cured or are currently fighting a disease of the blood. An internationally renowned group of speakers have been organized to accomplish two main goals. The first goal is to provide comprehensive, state of the art, specific breakout sessions regarding:

- Myeloma & protein disorders
- Myeloproliferative diseases (MPD)
- Myelodysplastic syndrome (MDS)
- Acute leukemia
- Anemia
- Low Platelet Diseases (ITP)
- Disease of bleeding & clotting
- PNH (Paroxysmal Nocturnal Hemoglobinuria)
- Aplastic Anemia
- Chronic lymphocytic leukemia (CLL)
- Lymphoma
- Hodgkin’s disease

In addition, this symposium will provide attendees information on many shared issues between patients and family members with a blood disease, and will address many unmet needs that are rarely discussed in the exam room. This information is crucial for people who are suffering from these diseases or who have been cured.

- Overcoming fatigue
- Nutrition
- Advocacy
- Dealing with Medicare & Insurance
- Financial & legal challenges
- Alternative Medicine
- Relaxation Techniques
- Intimacy Issues

This symposium is extremely fortunate to have a variety of well respected speakers regarding survivorship, overcoming your illness, physical activity, complementary and alternative therapies, and dealing with the stress of these diseases. This broad based symposium will provide a unique opportunity for beneficial dialog between patients, their family members, and a range of thought leaders across the nation.

Disease Specific Mini Symposiums
In these sessions, each attendee will have the opportunity to focus on his/her disease of interest. The six disease specific symposia include:

- Myeloid Disease
  - Acute & Chronic Leukemias
  - Myelodysplastic Syndrome
  - Myeloproliferative Disorders
- Myeloma & Protein Disorders
  - Waldenstrom’s Macroglobulinemia
  - Amyloidosis
- Chronic Lymphocytic Leukemia
- Lymphoma & Hodgkins Disease
- Anemia & Platelet Disorders
- Hemophilia & Thrombosis

These sessions will provide brief discussions from world experts regarding the most current status of both research and new therapies, as well as ample opportunity for Q & A and panel discussions. Attendees will feel that they have a new understanding of the most current treatments for their disease.

Who should attend?
This conference is designed for persons who are battling or have been cured of any of the following blood diseases: acute leukemia, chronic leukemia, myelodysplastic syndrome, myeloproliferative disorder, myeloma, lymphoma, Hodgkin’s disease, and CLL or patients who have been cured in the past. Also, patients with the spectrum of disorders of anemia, platelets, blood clotting and bleeding disorders are invited and welcome. And, family members are also strongly encouraged to register and attend the sessions.

Visit the course web site at www.mayoclinic.org/blood-patient-workshop
Registration
To register online, visit www.mayoclinic.org/blood-patient-workshop. You may also complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus, continental breakfast, refreshment breaks, lunch, and welcome reception. A letter of confirmation will be sent upon receipt of payment and the completed registration form.

Please note that all participants planning to attend any portion of the meeting must register as an attendee. If you have guest(s) that will be attending the Welcome Reception only, then a fee of $25 per guest will be charged.

Cancellations
If you need to cancel your participation in this course, your registration fee, less a $50 administrative fee, will be refunded when written notification (fax# 507-288-0014) is received by Matrix Meetings before April 9, 2010. Unfortunately, no refunds will be made after April 9, 2010. Contact Information: Matrix Meetings, Inc., P.O. Box 7169, Rochester, MN, 55903, admin@matrixmeetings.com, 507-288-5620. Fax 507-288-0014.

Symposium Location and Date
The second Living with a Blood Disease: A Comprehensive Workshop for Patients, Family & Friends will be held on May 8-9, 2010 at Mayo Clinic in Rochester, Minnesota.

Hotel Accommodations
Lodging arrangements are the sole responsibility of the individual registrant.

A limited number of guest rooms with special rates have been reserved for attendees and their guests with special course rates at each of the following downtown Rochester hotels. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of April 17, 2010, whichever comes first. Reservations will be taken following this date based on space and rate availability. Please identify yourself as a participant of Living with a Blood Disease when making your reservation.

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Rate</th>
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</thead>
<tbody>
<tr>
<td>Kahler Grand Hotel</td>
<td>20 Second Avenue SW</td>
<td>800-533-1655</td>
<td>507-282-2775</td>
<td>$93.00 single/double</td>
</tr>
<tr>
<td>Rochester Marriott Hotel</td>
<td>101 First Avenue SW</td>
<td>800-533-1655</td>
<td>507-282-2775</td>
<td>$129.00 single/double</td>
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The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, and restaurants. Saturday’s luncheon and welcome reception will be held at the Rochester Marriott Hotel.

Parking
If you are a guest of The Kahler Grand or Rochester Marriott hotels, guest parking is available at a rate of $13.00 per day (subject to change). Free parking is provided at all meters and municipal parking ramps after 5:00 p.m. and on weekends from 6:30 a.m. until 2:30 a.m. There is a charge of $10.00 - $15.00 for overnight parking in the city parking ramps. Prices are subject to change.

Educational Grants
This course is partially funded by educational grants and marketing support from several companies and foundations. At the time of this printing, a complete listing of supporters is not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.
Faculty

Mayo Clinic
Hematology/Oncology

Aneel Ashrani, MD
Deb Bowen, RN
Timothy Call, MD*
John Camoriano, MD
Maria Collazo-Clavell, MD
Kristen Detweiler-Short, NP
Rafael Fonseca, MD
Dennis Gastineau, MD
Morie Gertz, MD
Philip Greipp, MD*
Thomas Habermann, MD*
C. Christopher Hook, MD
David Inwards, MD
Jose Leis, MD
Mark Litzow, MD
Ruben Mesa, MD **
Joseph Mikhail, MD*
Mrinal Patnaik, MBBS
Rajiv Pruthi, MD
Craig Reeder, MD
Tait Shanafelt, MD*
David Steensma, MD*
Alexandra Wolanskyj, MD
Clive Zent, MD

** Symposium Director
* Symposium Co-Directors

Complementary and Alternative Medicine
Brent Bauer, MD

Dan Abraham Healthy Living Center
Brooke Werneburg

Chaplaincy
Mary Feeley

Human Resources
Catherine Johnson

Legal Services
Kimberly Otte, JD

Medical Social Services
Katia Grenell, LGSW
Brent Moos, LICSW

Pharmacy
Robert Wolf, RPh, PharmD

Medical Oncology
Edward Creagan, MD
Charles Loprinzi, MD

Staff Services
Brent Neel, IV

Women’s Health
Janice Swanson, PsyD, LP

Guest Faculty

Guy’s and St. Thomas’ Hospital
London, UK
Claire Harrison, MD

Northwestern University
Chicago, Illinois
Leo Gordon, MD
Seema Singhal, MD
Martin Tallman, MD
Schedule

Friday, May 7, 2010

3:00 p.m. – 6:00 p.m.  Registration

Saturday, May 8, 2010

7:00 a.m.  Registration and Breakfast

8:00 a.m.  Welcoming Comments
Ruben Mesa, MD

8:05 a.m.
Blood Diseases
Ruben Mesa, MD

8:25 a.m.
Anemia
David Steensma, MD

8:45 a.m.
Transfusions
Dennis Gastineau, MD

9:05 a.m.
Making Sense of My Drugs
Robert Wolf, RPh, PharmD

9:25 a.m.
Challenges to Taking my Medicines
Claire Harrison, MD

9:45 a.m.  Q & A

10:00 a.m.  Morning Break

10:20 a.m.
Alternative Medicine 2010
Brent Bauer, MD

10:40 a.m.
What Should I be Eating?
Maria Collazo-Clavell, MD

11:00 a.m.
Overcoming Treatment Side Effects
Charles Loprinizi, MD

11:20 a.m.
Being a Survivor
Ruben Mesa, MD

11:40 a.m.
Relaxation 1
Brooke Werneburg

12:00 noon  Q & A

12:15 p.m. – 1:15 p.m.
Lunch

Disease Specific Mini Symposiums
1:30 p.m. – 5:00 p.m.

(Each session will be held in a separate breakout room with talks on state of the art care for your disease. There will ample time for Questions & Answers).

Myeloid Disease
John Camoriano, MD
Claire Harrison, MD
Mark Litzow, MD
Ruben Mesa, MD
David Steensma, MD
Martin Tallman, MD

Myeloma & Protein Disorders
Kristen Detweiler-Short, NP
Rafael Fonseca, MD
Morie Gertz, MD
Philip Greipp, MD
Joseph Mikhael, MD
Seema Singhal, MD

Chronic Lymphocytic Leukemia
Deb Bowen, RN
Timothy Call, MD
Jose Leis, MD
Tait Shanafelt, MD
Clive Zent, MD

Lymphoma & Hodgkins Disease
Leo Gordon, MD
Thomas Habermann, MD
David Inwards, MD
Craig Reeder, MD

Anemia & Platelet Disorders
Dennis Gastineau, MD
C. Christopher Hook, MD
Mrinal Patnaik, MBBS
Alexandra Wolanskyj, MD

Hemophilia & Thrombosis
Aneel Ashrani, MD
Dennis Gastineau, MD
Rajiv Pruthi, MD

3:15 p.m. – 3:30 p.m.
Afternoon Break

5:30 p.m. - 7:00 p.m.
Welcome Reception
(cash bar)
Sunday, May 9, 2010

7:00 a.m.  Breakfast
7:00 a.m.  Caregiver Breakfast
8:00 a.m.  Employment Issues  
           Catherine Johnson
8:20 a.m.  Insurance Issues  
           Katia Grenell, LGSW  
           Brent Moos, LICSW
8:40 a.m.  Financial Planning When Ill  
           Bryan Neel, IV
9:00 a.m.  Legal Issues 2010  
           Kimberly Otte, JD
9:20 a.m.  Q & A
9:40 a.m.  Morning Break
10:00 a.m. Exercise & Healing  
           Ruben Mesa, MD
10:20 a.m.  Spirituality  
           Mary Feeley
10:40 a.m.  Intimacy  
           Janice Swanson, PsyD, LP
11:00 a.m.  Communication  
           Timothy Call, MD
11:20 a.m.  Relaxation 2  
           Brooke Werneburg
11:40 a.m.  How Not to be My Patient  
           Ed Creagan, MD
12:20 p.m.  Closing Remarks  
           Ruben Mesa, MD
12:30 p.m.  Q & A
12:45 p.m.  Adjourn
# REGISTRATION FORM

May 8-9, 2010 • Mayo Clinic in Rochester, Minnesota
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Mail form and payment to:
Living with a Blood Disease
c/o Matrix Meetings, Inc.
P.O. Box 7169
Rochester, MN 55903-7169
Phone 507-288-5620
FAX 507-288-0014
E-mail admin@matrixmeetings.com
Web site www.mayoclinic.org/blood-patient-workshop

Registration on-line at www.mayoclinic.org/blood-patient-workshop

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## Contact Information

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<thead>
<tr>
<th>Name of Registrant</th>
<th>– first name and last name</th>
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<tbody>
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<td>Home Phone ( )</td>
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<tr>
<td>City</td>
<td>State or Province</td>
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<tr>
<td>E-mail Address</td>
<td>FAX</td>
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*Special Needs*
If you have special assistance needs or dietary restrictions, describe here:

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## Registration

**Mini Symposiums** – Saturday, May 8, 2010 • 1:30 - 5:00pm  
(Click one box only)

- [ ] Myeloid Disease
- [ ] Lymphoma & Hodgkins Disease
- [ ] Myeloma & Protein Disorders
- [ ] Anemia & Platelet Disorders
- [ ] Chronic Lymphocytic Leukemia
- [ ] Hemophilia & Thrombosis

**Registration Fee:**

- Attendee:
  - Before April 9: $150
  - After April 9: $175
  - Onsite: $200
- Guests (Welcome Reception only):
  - $25 x ______
  - TOTAL: $25 x ______

**Welcome Reception**
Rochester Marriott Hotel  
Saturday, May 8, 5:30 - 7:00 pm

Number attending Welcome Reception (including registrant)

- Adults: ______  
- Children: ______

**Caregiver Breakfast**
Siebens Building  
Sunday, May 9, 7:00 - 8:00 am

Number attending Caregiver Breakfast ________

**Guests that plan to attend any portion of the meeting must register as an attendee.**

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## Welcome Reception Guest* Information

<table>
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<th>Name</th>
<th>Name</th>
<th>Name</th>
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*Guests that plan to attend any portion of the meeting must register as an attendee.  
Guest registration only includes the Welcome Reception.

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## Payment Information

A confirmation will be sent upon receipt of your registration form and payment.

- [ ] Check is enclosed in the amount shown at right – make checks payable to Matrix Meetings, Inc.  
- [ ] Payment Total

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<tr>
<td>VISA</td>
<td>MasterCard</td>
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Name of Cardholder – as it appears on the card  
Signature of Cardholder – required

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