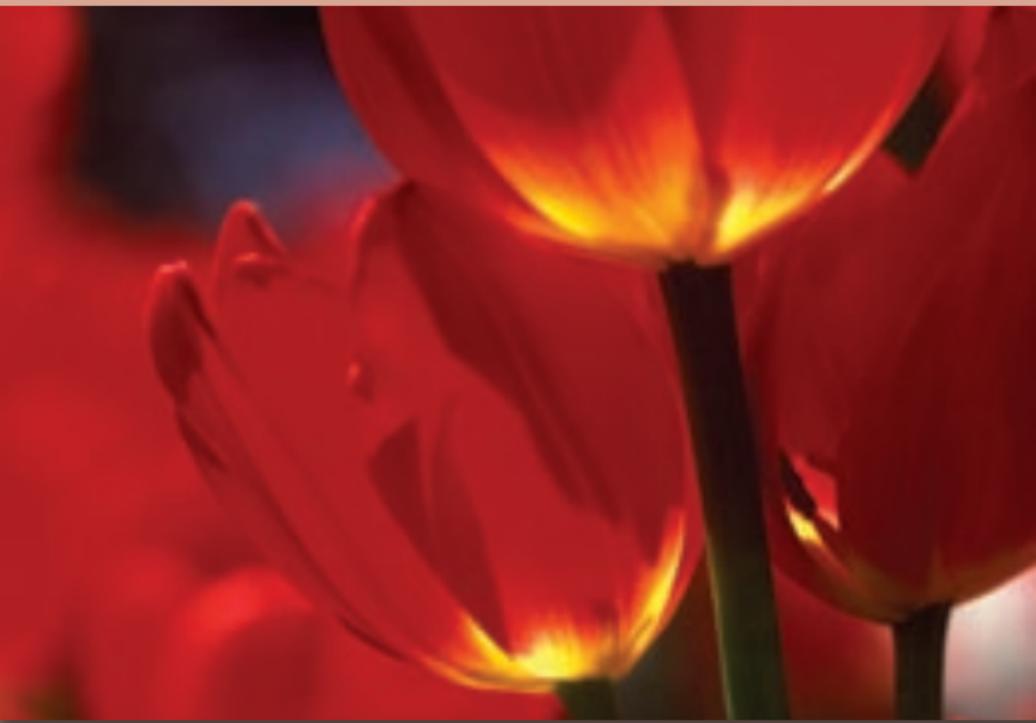


# *Mayo Hospice Program*



*Home based, family-centered  
care for individuals facing a  
terminal illness.*

**Mayo Hospice Program**  
*Serving our communities since 1980*

*“What opened the door  
for me to invite hospice in  
was when somebody told me that  
hospice was for helping people  
live life to the fullest.”*

*Father of a Mayo Hospice patient*



## *The Mayo Hospice Program Is Committed To:*

- Quality, home based, family-centered care for individuals facing a terminal illness.
- An interdisciplinary team approach to the patient's physical, emotional, social and spiritual needs.
- State of the art pain and symptom management.
- Preparation of patient and family for death at home.
- Bereavement support following the death.

### **The Mayo Hospice Program Believes:**

The highest quality of living is achieved when the family unit and the hospice team together offer:

*Hope*

*Opportunity*

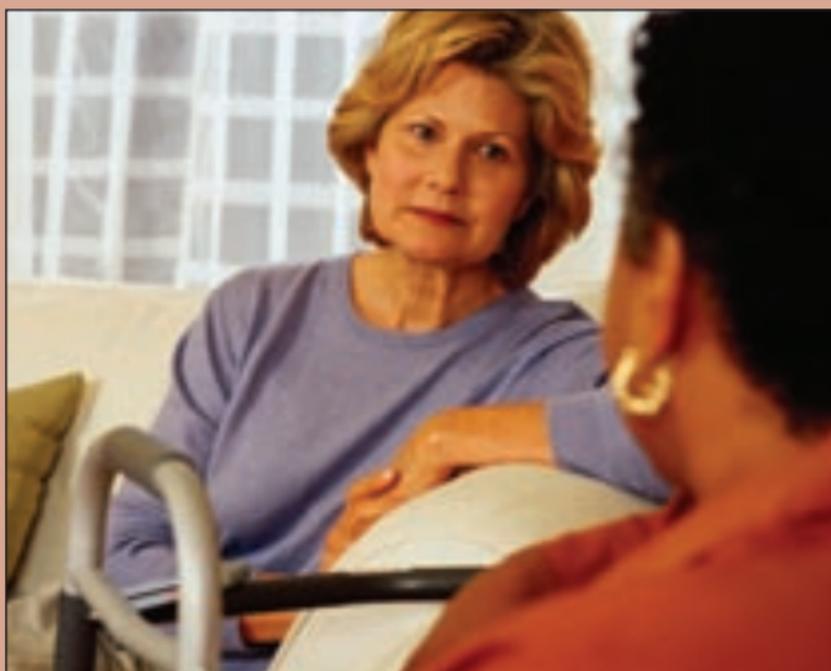
*Support*

*Presence*

*Individualized care*

*Comfort*

*Encouragement*



*“Our dream and goal of living  
to the end at home was  
realized with hospice.  
Everyone involved added  
something to our care.”*

*Spouse of a  
Mayo Hospice patient*

## *Commonly Asked Questions:*

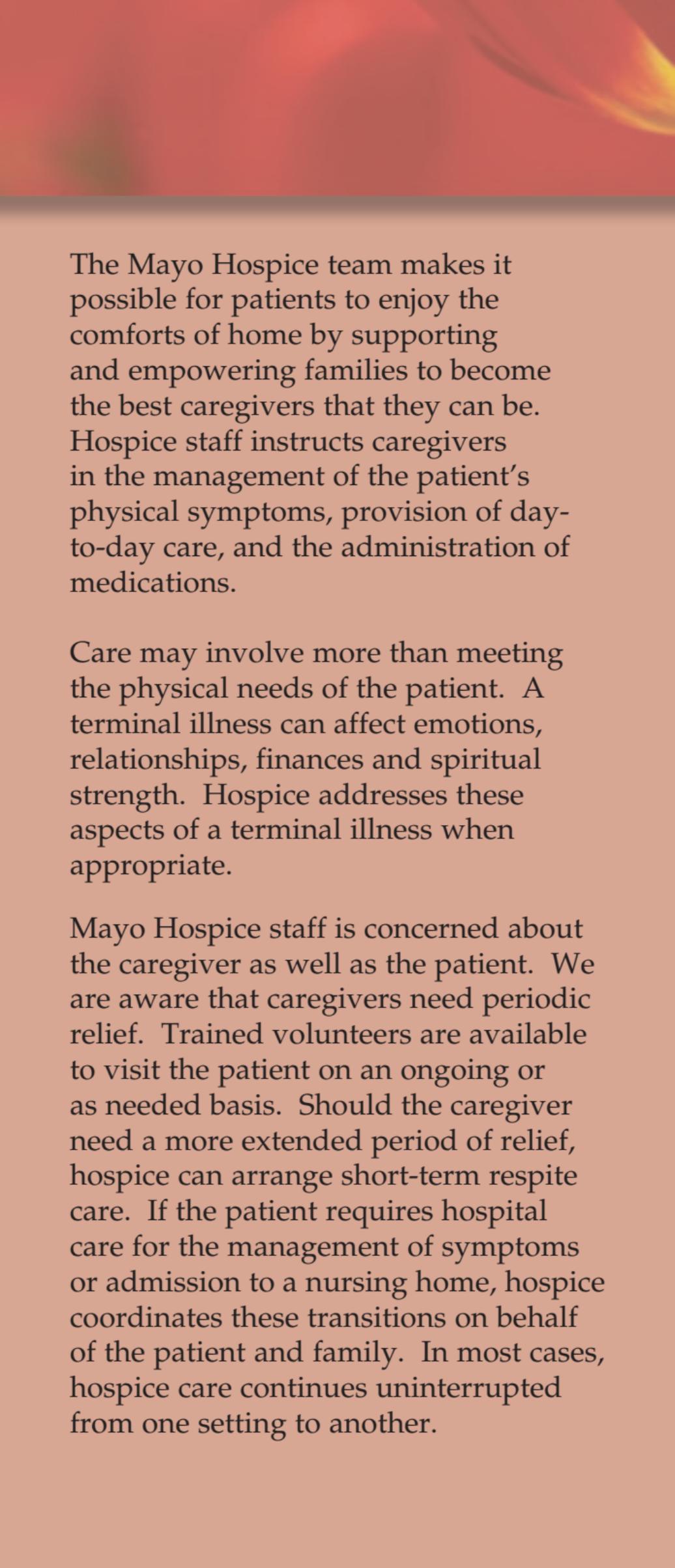
### *☛ When is it appropriate to consider hospice care and who should initiate the discussion?*

At any time during a terminal illness, it is appropriate to discuss all of a patient's care options, including hospice. Discussions that change the focus of care from curative to comfort care can be difficult. While hospice care does not provide a cure, it does provide an option for individuals and families who want to live each day to the fullest...together at home. Hospice staff members are available to discuss these concerns with the patient, family and doctor.

The patient and family should feel free to initiate the discussion at any time with their doctor, other healthcare professionals, clergy or friends.

### *☛ How difficult is caring for a dying loved one at home?*

The role of caregiver is challenging, yet, caring for a loved one can provide personal satisfaction, shared joy and inner peace. It is hospice's experience that care provided by a family member or friend offers the greatest source of comfort to the patient.



The Mayo Hospice team makes it possible for patients to enjoy the comforts of home by supporting and empowering families to become the best caregivers that they can be. Hospice staff instructs caregivers in the management of the patient's physical symptoms, provision of day-to-day care, and the administration of medications.

Care may involve more than meeting the physical needs of the patient. A terminal illness can affect emotions, relationships, finances and spiritual strength. Hospice addresses these aspects of a terminal illness when appropriate.

Mayo Hospice staff is concerned about the caregiver as well as the patient. We are aware that caregivers need periodic relief. Trained volunteers are available to visit the patient on an ongoing or as needed basis. Should the caregiver need a more extended period of relief, hospice can arrange short-term respite care. If the patient requires hospital care for the management of symptoms or admission to a nursing home, hospice coordinates these transitions on behalf of the patient and family. In most cases, hospice care continues uninterrupted from one setting to another.



*“When first told I was to be my spouse’s main care provider, I nearly fainted. After going through it, I can now highly recommend hospice to anyone. Hospice stood behind a very shaky, scared person and guided me till my confidence swelled up to the point I was no longer scared but ready for any challenge. I’m forever grateful to hospice.”*

*Spouse of a Mayo Hospice patient*

☛ *What specific assistance does hospice provide?*

Care is coordinated by a team comprised of doctors, nurses, social workers, clergy, pharmacists, therapists and volunteers. Team members offer instruction, guidance and support on needs ranging from day-to-day matters such as filling prescriptions to more difficult physical and emotional issues. In addition, medications, supplies, equipment, hospital services and additional helpers in the home are provided as appropriate.

Bereavement support for the family is provided by team members for up to one year.

☛ *Is the home the only place hospice care can be delivered?*

No. Although most Mayo Hospice services are delivered at home, some patients live in nursing homes, assisted living facilities or adult foster care homes.

### *Eligibility Criteria*

Patients of any age, with a terminal disease, are eligible to receive Mayo Hospice Program services. The patient's doctor and the hospice medical director must agree that the condition is terminal and that the goal of treatment is comfort rather than cure.



Patient and family benefit most when there is early involvement with hospice services. Mayo Hospice serves patients who reside in Dodge, Fillmore, Olmsted or Wabasha counties in Minnesota, or in Buffalo or Pepin counties in Wisconsin.

### *Referral*

A doctor, nurse, social worker, family member or any concerned person may refer patients to the Mayo Hospice Program. A member of the Mayo Hospice team will meet with the patient and family to discuss hospice services.

### *Financial Resources*

Hospice care is covered by Medicare, Medicaid, and by most private insurance companies. Mayo Hospice staff will help the patient and family identify sources of payment.

### *Memorial Gifts*

Gifts in memory of a family member or friend, in honor of an individual or in recognition of a special occasion, express what words alone cannot and provide important support for Mayo Hospice Program. Please make your check payable to Mayo Hospice Program and note the name of the person you would like to honor. It is our policy to notify the honoree's family that a gift is made. Please

include the family's name and address if you would like us to do so. Donations and memorial gifts support the hospice volunteer and bereavement programs which includes bereavement outreach to community members.

Gifts can be made by credit card by calling our toll-free telephone number (800) 297-1185, or by check.

**Department of Development**

Mayo Foundation  
200 First Street SW  
Rochester, MN 55905

---

**Mayo Hospice Program**

Medicare Certified

**Rochester Office:**

200 First Street S.W.  
Rochester, Minnesota 55905  
507-284-4002 or 1-800-679-9084  
FAX: 507-284-0220

**Wabasha Office:**

St. Elizabeth's Hospital  
1200 Grant Boulevard West  
Wabasha, Minnesota 55981  
651-565-5550 or 1-800-506-5519  
FAX: 651-565-5969

*“ My family and I thought hospice was just wonderful and highly recommend the program. Our only regret is that we didn’t have Mayo Hospice sooner.”*

*Spouse of a Mayo Hospice patient*



### *MISSION STATEMENT*

To promote self-determined life closure, safe and comfortable dying and effective grieving.



MAYO CLINIC

---

200 First Street SW  
Rochester, Minnesota 55905  
[www.mayoclinic.org](http://www.mayoclinic.org)

MC0749rev0309

©2008 Mayo Foundation for Medical Education and Research (MFMER). All rights reserved. MAYO, MAYO CLINIC and the triple-shield Mayo logo are trademarks and service marks of MFMER.