Florida Social Work Support Groups

TRANSPLANT

Heart/VAD Transplant Support Group
Tuesday: 1:00 p.m. – 2:00 p.m.
Location: Hospital 8-903N
Facilitators: Heart Transplant Social Worker
Directions: Eighth floor of the Hospital to the right of the elevators

Liver/Kidney/Pancreas Transplant - Second Chance Group
Tuesday: 11:00 a.m. – 12:00 noon
Location: Cannaday Bldg. – Rm 1050
Facilitators: Liver Social Worker
Directions: Between the information desk and meditation atrium. Just across from the piano is the entrance to Cannaday 1050.

Lung Transplant Support Group
Tuesday: 1:00 p.m. – 2:00 p.m.
Location: Mayo Bldg. 2-002N
Facilitators: Lung Social Worker
Directions: Second floor of Outpatient Mayo Bldg. right off elevator, first door on right, left into meeting room

Young Adult Transplant Support Group (Patients only, ages 18-42)
1st Thursday of each Month: 5:30 p.m. – 6:30 p.m.
Location: Vincent Stabile North Bldg. – Rm 153N
Facilitators: Transplant Social Workers
Directions: Enter Vincent Stabile North Bldg., turn left just before the elevators, room 153N (904-956-3092)

Transplant & Cancer Caregiver Support Group
Thursday: 11:00 a.m. – 12:00 noon
Location: Mayo 2-003N
Facilitators: Transplant Social Workers
Directions: Fifth floor of Outpatient Mayo Bldg. right off elevator, first door on right, right into meeting room
CANCER

Breast Cancer Support Group
3rd Tuesday of each Month: 2:00 p.m. – 3:00 p.m.
Location: Mayo Bldg. 3-002N
Facilitators: Oncology Social Workers
Directions: Third floor of Mayo Bldg., right off elevator, lobby area

Bone Marrow Transplant Support Group
Last Tuesday of each Month: 11:00 a.m. – 12:00 p.m.
Location: Hospital 3-501S
Facilitators: Bone Marrow Transplant Social Worker and Nurse
Directions: Third floor of the hospital, left off elevator, right down hall, first left and it’s the first room on the right.

Family First
This is a supportive educational program designed to teach children how to cope when someone they love has cancer. A companion support group, which is held simultaneously, teaches adults how to respond to feelings their children express and provides strategies to help them and their children navigate their emotions throughout the cancer process. Registration required. Contact Autumn at 904-953-6831 for registration information.

2019 Dates: Session I: April 9, 16, 23, 30, May 7, 14
           Session II: July 9, 16, 23, 30, August 6, 13
           Session III: November 5, 12, 19, 26

5:30 p.m. – 7:00 p.m.
Location: Mangurian Bldg.
Facilitators: Oncology Social Worker and Humanities in Medicine Program Coordinator
Directions: First floor of Mangurian Bldg.

GYN Support Group – Women of S-Teal Jax
2nd Monday of each Month: 5:30 p.m. – 6:30 p.m.
Location: Mangurian Bldg. – Rm 1600
Facilitators: Oncology Social Worker and Nurses
Directions: First floor of Mangurian Bldg., left of registration

Liver Cancer Support Group
Every 2nd Tuesday of each Month: 6:00 p.m. – 7:00 p.m.
Location: Mangurian Bldg. – Rm 1600
Facilitators: Oncology Social Worker and Physician
Directions: First floor of Mangurian Bldg., left of registration

Neuroendocrine Tumor Support Group – NE FL Neuroendocrine Cancer Zebras
1st Thursday of each Month: 5:30 p.m. – 6:30 p.m.
Location: Mangurian Bldg. – Rm 1600
Facilitators: Oncology Social Worker and Physician
Directions: First floor of Mangurian Bldg., left of registration
NEUROSCIENCE

ALS Support Group
3rd Monday of each Month: 2:00 p.m. – 3:00 p.m.
Location: Mangurian Bldg. – Rm 1600
Facilitators: Neuroscience Social Worker
Directions: First floor of Mangurian Bldg., left of registration

On-Line Neuropathy Support Group
1st Wednesday of every month: 1:00 p.m. – 2:00 p.m.
Open to people with peripheral neuropathy from all causes.
To join the meeting each month visit https://zoom.us/j/581476679
or email tofthagen.cindy@mayo.edu for more information.

Supplemental Resources

Gentle Yoga – CANCER PATIENTS and CANCER CAREGIVERS ONLY
Tuesdays: 2:00 p.m. – 3:00 p.m.
Location: Cannaday Bldg. – Rm 1050
Mats available if needed
REGISTRATION REQUIRED- Please Call to reserve your spot: Renee Foster 904-956-1803

Yoga – Mindful Flow – For Transplant and Cancer Patients
Wednesdays: 2:00 p.m. – 3:00 p.m.
Location: Cannaday Bldg. – Rm 1050
REGISTRATION REQUIRED- Please Call to reserve your spot: Renee Foster 904-956-1803

Restorative Yoga – CANCER PATIENTS and CANCER CAREGIVERS ONLY
Thursdays: 2:00 p.m. – 3:00 p.m.
Location: Cannaday Bldg. – Rm 1050
Mats available if needed
SPACE IS LIMITED- Please Call to reserve your spot: Renee Foster 904-956-1803

10/24/2019