Mayo Clinic Support Groups in Florida

ALS support group
This is a support group for patients with ALS, their families, and caregivers.

**Third Monday of each month**
2 to 3 p.m.
Mangurian Building, Room 1600
Information: 904-953-0332

Alzheimer’s & related dementia education series and caregiver support
This is a support group for those who provide care for a loved one with dementia.

**First Thursday of each month**
12 to 1:30 p.m.
January – April 2019: Mayo Building, Room 2-002N; May – December 2019: Mangurian Building, Room 1600; No meeting in July
Information: 904-953-6523 or email mcjmemorydc@mayo.edu

Amyloidosis support group
This is a support group for amyloidosis patients, families, and caregivers. This support group will meet about twice a year on a Saturday on the Mayo Clinic campus.
Information: Visit Amyloidosis Support Groups for current times, or call 866-404-7539 or email info@amyloidosissupport.org.

Bariatric surgery support group
This group is open to Mayo Clinic patients and employees who’ve had bariatric surgery at Mayo Clinic.

**Second Monday of each month**
5 to 6 p.m. — for those more than one year since surgery
6 to 7 p.m. — for those less than one year since surgery
Cannaday Building, Ground Floor, Room 1106
Information: 904-953-2228
Bone marrow transplant support group – Starting April 2019

This is a support group for patients and caregivers who are planning for a stem cell transplant or have already received a stem cell transplant.

Last Tuesday of each month
11 a.m. to 12 p.m.
Mayo Hospital, Room 3-501S
Information: 904-953-6831

Breast cancer support group

This is a support group for patients, caregivers, and survivors.

Third Tuesday of each month
2 to 3 p.m.
Mayo Building, Room 3-002N
Information: 904-953-6286

CLIMB® – Children’s Lives Include Moments of Bravery

This is a supportive educational program designed to teach children how to cope when someone they love has cancer. A companion support group, which is held simultaneously, teaches adults how to respond to feelings their children express and provides strategies to help them and their children navigate their emotions throughout the cancer process. Registration required.

2019 Dates: Session I: April 9, 16, 23, 30, May 7, 14
           Session II: July 9, 16, 23, 30, August 6, 13
           Session III: October 8, 15, 22, 29, November 5, 12

5:30 to 7 p.m.
Mangurian Building, First Floor
Information: 904-953-6831 – Registration required. Please call for information.

Esophageal cancer support group

This is a support group for patients, spouses, and friends facing surgery and adapting after surgery.

Third Friday (January, April, July, October)
12:30 to 3 p.m.
Vincent A. Stabile Building, Room 150N
Information: 904-374-4599 or email mhpduggar@gmail.com
GYN support group – Women of S-Teal Jax
This is a support group for patients, caregivers, and survivors of gynecological cancers.

**Second Monday of each month**
5:30 to 6:30 p.m.
Mangurian Building, Room 1600
Information: 904-953-6831

Heart transplant/VAD support group
This is a support group for heart transplant and ventricular assist device (VAD) patients and caregivers.

**Tuesdays**
1 to 2 p.m.
Mayo Hospital, Room 8-903N
Information: 904-956-3206

Kidney cancer patient support group
This is a support group for Mayo Clinic patients and families affected by kidney cancer.

The Judy Nicholson Kidney Cancer Foundation for kidney cancer research is a Jacksonville-based not-for-profit organization that provides support to Mayo Clinic patients affected by kidney cancer and their families. For information about upcoming meetings and locations, please call or contact:

Information: 904-309-0502 or [http://jnfkidneycancer.org/contact/](http://jnfkidneycancer.org/contact/)

Liver Cancer Support Group
This is a support group for patients, caregivers, and survivors of liver cancer.

**Second and Fourth Tuesday of each month**
6 to 7 p.m.
Mangurian Building, Room 1600
Information: 904-953-6831

Lung transplant support group
This is a support group for lung transplant patients and their caregivers.

**Tuesdays**
1 to 2 p.m.
Mayo Building, Room 2-002N
Information: 904-956-3206
Mayo Clinic Connect
Mayo Clinic Connect is an online community where you can share your experiences and find support from people like you. You can also read Mayo Clinic expert blogs and take part in educational events. Connect is managed by a team of community moderators who keep the community safe and welcoming. They also support a volunteer group of patient mentors who share their stories, assist in connecting members and build community. Discover your support network on Connect today.

Multiple myeloma support group
This is a support group for patients living with multiple myeloma.
Second Wednesday of each month (Note: No meetings in December)
6 to 8:30 p.m.
Cannaday Building, Room 1106
Information: 321-591-8702 or email Anne Pacowta at anne@pacowta.com

Neuroendocrine tumor support group – NE FL Neuroendocrine Cancer Zebras – Starting May 2019
This is a support group for patients with neuroendocrine tumors (NET) and their caregivers.
First Thursday of each month
5:30 to 6:30 p.m.
Mangurian Building, Room 1600
Information: 904-953-6831

Parkinson’s disease and related diseases education series and support group
This support group is for patients with movement disorders.
First Wednesday of each month
12:30 to 1:30 p.m.
Location to be determined each month
Information: 904-953-6096

Second chance transplant support group
This is a support group for kidney, liver, and pancreas transplant patients and their caregivers.
Tuesdays
11 a.m. to noon
Cannaday Building, Chapel, Room 1050
Information: 904-956-3206
Stroke sense education series
This is a monthly educational series for stroke survivors and their families.

First Tuesday of each month
11 a.m. to noon
Mangurian 1602
Information: 904-953-2903 Jessica Talbot or email flastrokesupportgroup@mayo.edu

Transplant and cancer caregiver support group
This is a support group for caregivers of transplant and cancer patients.

Thursdays
11 a.m. to noon
Mayo Building, Room 5-003N
Information: 904-956-3206

Yoga- Gentle yoga
This is yoga for transplant and cancer patients. Mats are available if needed. Registration is required please call to reserve your spot.

Tuesdays
2 to 3 p.m.
Cannaday Building, Chapel, Room 1050
Information: 904-956-1803

Yoga- Mindful flow
This is yoga for cancer patients and cancer caregivers. Registration is required please call to reserve your spot.

Wednesdays
2 to 3 p.m.
Cannaday Building, Chapel, Room 1050
Information: 904-956-1803

Yoga- Restorative yoga
This is yoga for cancer patients and cancer caregivers. Mats are available if needed. Registration is required please call to reserve your spot.

Thursdays
2 to 3 p.m.
Cannaday Building, Chapel, Room 1050
Information: 904-956-1803
Young adult transplant/VAD support group

This is a support group for transplant/VAD patients ages 18-42 (patients only).

**First Thursday of each month**
5:30 to 6:30 p.m.
Vincent A. Stabile Building, Room 153N
Information: 904-956-3092