



Florida Social Work Support Groups

TRANSPLANT

Heart/VAD Transplant Support Group

Tuesday: 1:00 p.m. – 2:00 p.m.

Location: Hospital 8-903N

Facilitators: Heart Transplant Social Worker

Directions: Eighth floor of the Hospital to the right of the elevators

Liver/Kidney/Pancreas Transplant - Second Chance Group

Tuesday: 11:00 a.m. – 12:00 noon

Location: Cannaday Bldg. – Rm 1050

Facilitators: Liver Social Worker

Directions: Between the information desk and meditation atrium. Just across from the piano is the entrance to Cannaday 1050.

Lung Transplant Support Group

Tuesday: 1:00 p.m. – 2:00 p.m.

Location: Mayo Bldg. 2-002N

Facilitators: Lung Social Worker

Directions: Second floor of Outpatient Mayo Bldg. right off elevator, first door on right, left into meeting room

Young Adult Transplant Support Group (Patients only, ages 18-42)

1st Thursday of each Month: 5:30 p.m. – 6:30 p.m.

Location: Vincent Stabile North Bldg. – Rm 153N

Facilitators: Transplant Social Workers

Directions: Enter Vincent Stabile North Bldg., turn left just before the elevators, room 153N (904-956-3092)

Transplant & Cancer Caregiver Support Group

Thursday: 11:00 a.m. – 12:00 noon

Location: Mayo 2-003N

Facilitators: Transplant Social Workers

Directions: Fifth floor of Outpatient Mayo Bldg. right off elevator, first door on right, right into meeting room

CANCER

Breast Cancer Support Group

3rd Tuesday of each Month: 2:00 p.m. – 3:00 p.m.

Location: Mayo Bldg. 3-002N

Facilitators: Oncology Social Workers

Directions: Third floor of Mayo Bldg., right off elevator, lobby area

Bone Marrow Transplant Support Group

Last Tuesday of each Month: 11:00 a.m. – 12:00 p.m.

Location: Hospital 3-501S

Facilitators: Bone Marrow Transplant Social Worker and Nurse

Directions: Third floor of the hospital, left off elevator, right down hall, first left and it's the first room on the right.

Family First

This is a supportive educational program designed to teach children how to cope when someone they love has cancer. A companion support group, which is held simultaneously, teaches adults how to respond to feelings their children express and provides strategies to help them and their children navigate their emotions throughout the cancer process. Registration required. Contact Autumn at 904-953-6831 for registration information.

2019 Dates: Session I: April 9, 16, 23, 30, May 7, 14

Session II: July 9, 16, 23, 30, August 6, 13

Session III: November 5, 12, 19, 26

5:30 p.m. – 7:00 p.m.

Location: Mangurian Bldg.

Facilitators: Oncology Social Worker and Humanities in Medicine Program Coordinator

Directions: First floor of Mangurian Bldg.

GYN Support Group – Women of S-Teal Jax

2nd Monday of each Month: 5:30 p.m. – 6:30 p.m.

Location: Mangurian Bldg. – Rm 1600

Facilitators: Oncology Social Worker and Nurses

Directions: First floor of Mangurian Bldg., left of registration

Liver Cancer Support Group

Every 2nd Tuesday of each Month: 6:00 p.m. – 7:00 p.m.

Location: Mangurian Bldg. – Rm 1600

Facilitators: Oncology Social Worker and Physician

Directions: First floor of Mangurian Bldg., left of registration

Neuroendocrine Tumor Support Group – NE FL Neuroendocrine Cancer Zebras

1st Thursday of each Month: 5:30 p.m. – 6:30 p.m.

Location: Mangurian Bldg. – Rm 1600

Facilitators: Oncology Social Worker and Physician

Directions: First floor of Mangurian Bldg., left of registration

NEUROSCIENCE

ALS Support Group

3rd Monday of each Month: 2:00 p.m. – 3:00 p.m.

Location: Mangurian Bldg. – Rm 1600

Facilitators: Neuroscience Social Worker

Directions: First floor of Mangurian Bldg., left of registration

On-Line Neuropathy Support Group

1st Wednesday of every month: 1:00 p.m. – 2:00 p.m.

Open to people with peripheral neuropathy from all causes.

To join the meeting each month visit <https://zoom.us/j/581476679>

or email tofthagen.cindy@mayo.edu for more information.

Supplemental Resources

Gentle Yoga – CANCER PATIENTS and CANCER CAREGIVERS ONLY

Tuesdays: 2:00 p.m. – 3:00 p.m.

Location: Cannaday Bldg. – Rm 1050

Mats available if needed

REGISTRATION REQUIRED- Please Call to reserve your spot: Renee Foster 904-956-1803

Yoga – Mindful Flow – For Transplant and Cancer Patients

Wednesdays: 2:00 p.m. – 3:00 p.m.

Location: Cannaday Bldg. – Rm 1050

REGISTRATION REQUIRED- Please Call to reserve your spot: Renee Foster 904-956-1803

Restorative Yoga – CANCER PATIENTS and CANCER CAREGIVERS ONLY

Thursdays: 2:00 p.m. – 3:00 p.m.

Location: Cannaday Bldg. – Rm 1050

Mats available if needed

SPACE IS LIMITED- Please Call to reserve your spot: Renee Foster 904-956-1803