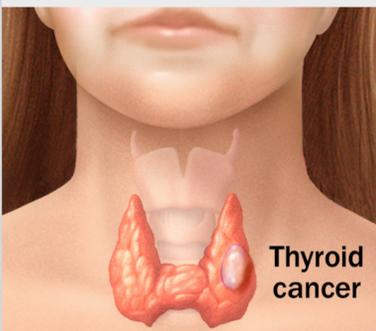


Endocrinology Physician Update

December 2025

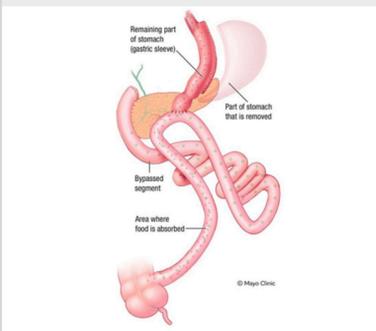
Research



Mayo Clinic study identifies patients who would benefit from redifferentiation therapy for thyroid cancer

A study published in the January 2024 issue of *Thyroid* provides insights into which patients benefit most from radioactive redifferentiation therapy and raises questions about long-term efficacy and safety.

[See the research](#)



Metabolic surgery options for patients with severe obesity

When comparing the two duodenal switch procedures for patients with severe obesity or diabetes, single-anastomosis duodeno-ileal bypass with sleeve gastrectomy is increasingly viewed as a balanced option.

[See the research](#)

[See all Endocrinology Clinical Trials at Mayo Clinic](#)

Patient Care

[Refer a Patient](#)

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Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Endocrinology Continuing Medical Education courses](#)



Endocrine Update 2026

Feb. 1-6, 2026
Lahaina, Hawaii, and Livestream

This comprehensive endocrinology course offers state-of-the-art updates on managing complex endocrine disorders throughout the lifespan. Participants explore advances in obesity treatment, including physiologic adaptation to weight loss and novel pharmacotherapies targeting appetite regulation.

[Register Now](#)



26th Annual Nutrition and Wellness in Health and Disease 2026

Sept. 24-26, 2026
Austin, Texas, and Livestream

This program highlights ambulatory nutrition and wellness topics with multidisciplinary faculty. Current clinical topics are highlighted through presentations, interactive case studies and panel discussions.

[Register Now](#)

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