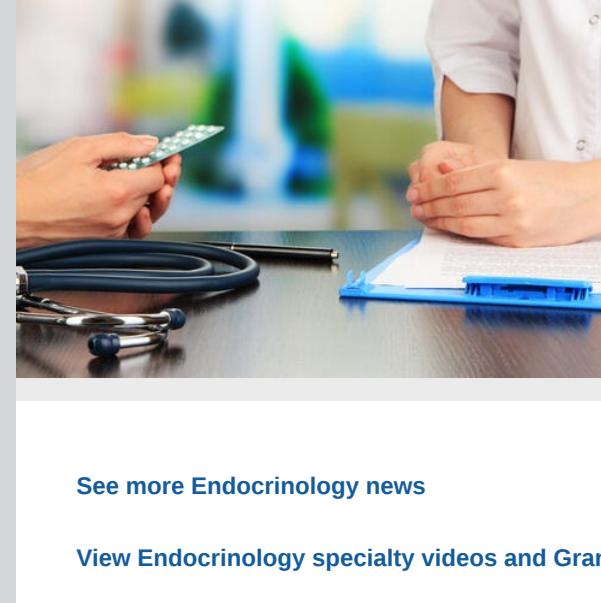




## Endocrinology Physician Update

August 2022

### Patient Care



#### Evaluating the effect of GAHT on serum creatinine in transgender and gender-diverse people

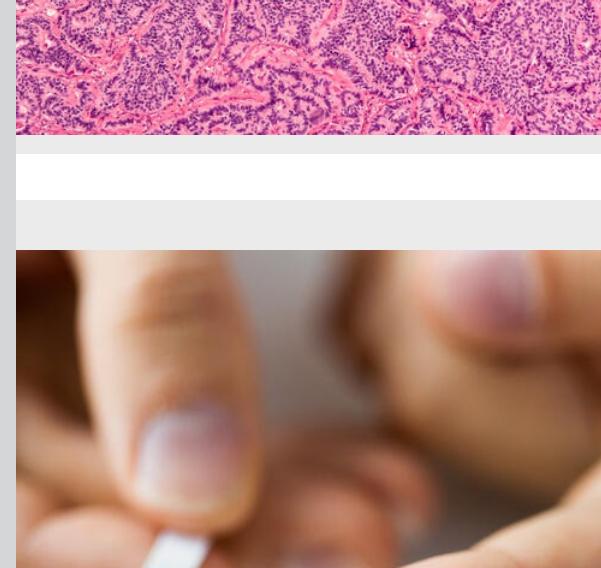
Endocrinologists at Mayo Clinic's Transgender and Intersex Specialty Care Clinic studied changes in kidney function in transgender and gender-diverse patients receiving gender-affirming hormone therapy (GAHT).

[Learn more](#)

[See more Endocrinology news](#)

[View Endocrinology specialty videos and Grand Rounds presentations](#)

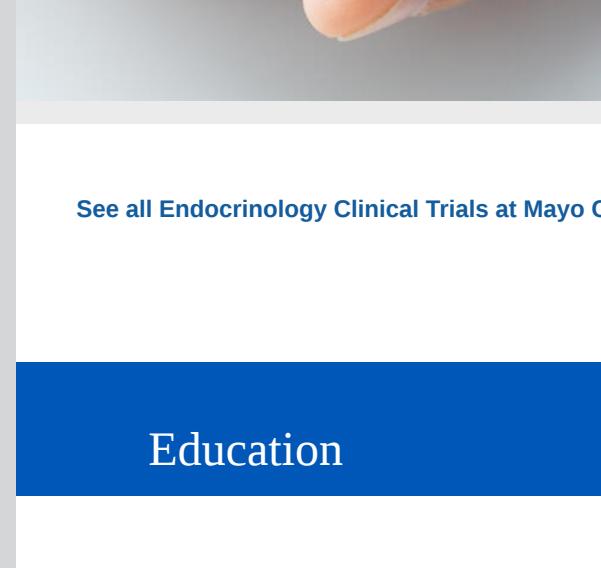
### Research



#### New study shows role of cytoreduction in metastatic adrenocortical carcinoma

Mayo Clinic participates in a retrospective multi-institutional study evaluating cytoreduction surgery of the primary tumor in patients with metastatic ACC.

[Learn more](#)



#### Hypoglycemia, a common comorbidity in patients with Cushing syndrome

Mayo Clinic endocrinologists study the degree of postoperative improvement of hypoglycemia following curative surgery for CS. Follow-up protocols are recommended to manage hypoglycemia post-surgery.

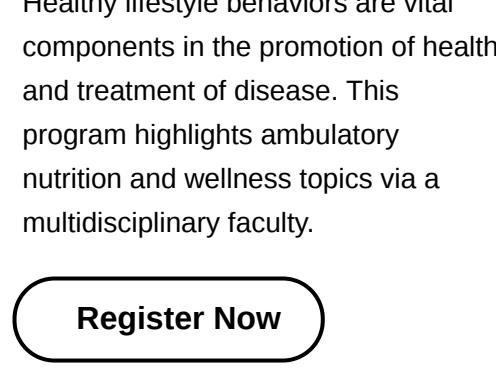
[Learn more](#)

[See all Endocrinology Clinical Trials at Mayo Clinic](#)

### Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs. Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library.

[See all Endocrinology Continuing Medical Education courses](#)



#### 2nd Annual Nutrition and Wellness in Health and Disease

Oct. 16-18, 2022  
Coronado, Calif., and Livestream

Healthy lifestyle behaviors are vital components in the promotion of health and treatment of disease. This program highlights ambulatory nutrition and wellness topics via a multidisciplinary faculty.

[Register Now](#)

#### Principles in the Care of Transgender and Intersex Patients 2022

Oct. 13-15, 2022  
Phoenix and Livestream

This course offers cutting-edge perspectives and practical evidence-based principles for working with transgender and intersex individuals.

Participants leave with the knowledge and skills to provide gender-affirming care across settings.

[Register Now](#)