



Digestive Diseases Physician Update

October 2025

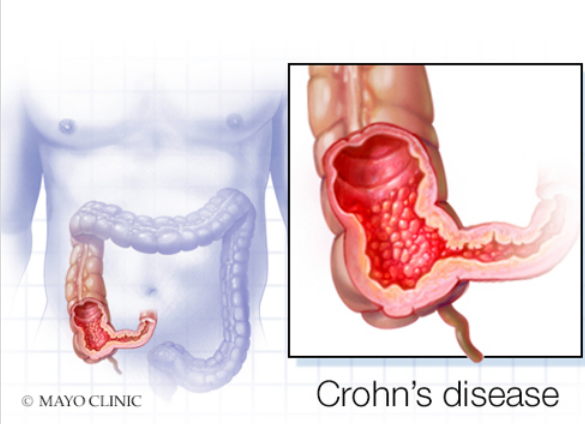
Research



Several studies and updated clinical guidelines support the use of inactive recombinant herpes zoster (HZ) vaccination in adults with inflammatory bowel disease (IBD)

Recent research findings demonstrate the benefits associated with the two-dose recombinant HZ vaccine in adults with IBD.

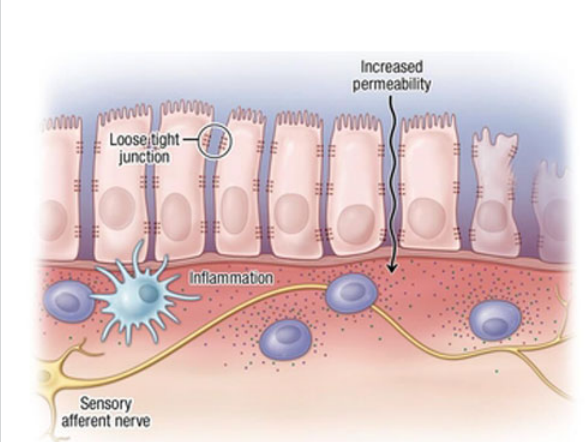
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Multicenter study examines long-term clinical and endoscopic outcomes of risankizumab (RZB) treatment in large cohort of patients with Crohn's disease

Researchers shared real-world effectiveness data and demonstrated how RZB performs in patients with prior therapy exposure and other clinical factors.

[Learn more](#)



Researchers document increased intestinal barrier dysfunction in patients with inflammatory bowel disease

The researchers observed impaired intestinal barrier function in patients with active Crohn's disease or ulcerative colitis that persists during remission.

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Study examines incidence and risk factors associated with small bowel neoplasia (SBN) in patients with Crohn's disease

Nonpenetrating/nonstricturing and stricturing-only Crohn's disease was associated with increased odds of SBN, while penetrating disease did not seem to be a risk factor.

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Patient Care

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Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Gastroenterology Continuing Medical Education courses](#)



13th Annual Mayo Clinic Esophageal Diseases 2025
Dec. 5-6, 2025
Phoenix and Livestream

This course shares advances in diagnosis and therapy for esophageal diseases, including high-resolution manometry and impedance monitoring; new techniques in endoscopic detection and treatment of Barrett's esophagus; and insights into new diseases.

[Register Now](#)



Mayo Clinic Advanced Cholecystectomy and Biliary Tract Stones 2026
Jan. 9-10, 2026
Phoenix and Livestream

This course discusses a multidisciplinary approach to patients with complex cholelithiasis-related pathology. Participants practice techniques with a hands-on dry simulation lab and gain practical experience.

[Register Now](#)



Mayo Clinic Innovations in Gastroenterology and Hepatology 2026: Artificial Intelligence and Beyond
Jan. 16-17, 2026
Phoenix and Livestream

This course describes current and future innovations, including endoscopy techniques and devices, and digital applications and artificial intelligence-enabled tools for diagnosis and management of GI and hepatobiliary diseases.

[Register Now](#)



Mayo Clinic and Phoenix Children's IBD Collaborative Care Team Bootcamp
Feb. 21-22, 2026
Phoenix and Livestream

This course explores IBD across the lifespan, including epidemiology, clinical presentations and evolving management strategies, as well as the psychosocial and logistic challenges encountered by patients and care teams.

[Register Now](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

Mayo Clinic Health System
855-392-8400

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