Research suggests that colonoscopists’ awareness of positive mt-sDNA tests improves neoplasia diagnosis. Pre-procedure knowledge of a positive multitarget stool DNA test improves polyp detection rates in follow-up colonoscopies.

Study demonstrates that CBD provides symptom relief in patients with idiopathic and diabetic gastroparesis. Mayo Clinic researchers observed that patients who received twice-daily doses of cannabidiol (CBD) had favorable outcomes in a placebo-controlled clinical trial with 44 participants.

Separating duodenal biopsies can potentially improve the detection of celiac disease. Separating biopsies from the duodenal bulb and the distal duodenum enhances diagnostic sensitivity, especially in patients with lower celiac serology levels and disease isolated to the duodenal bulb.

Retrospective study suggests that flexible endoscopic Zenker diverticulotomy is a safe and effective means of treating symptomatic Zenker diverticulum. Mayo Clinic researchers analyzed data from 84 procedures, noting patient demographics, clinical features, procedural characteristics, adverse events and outcomes.

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11th Annual Mayo Clinic Esophageal Diseases Course — 2023
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