

# DIGESTIVE DISEASES

## PHYSICIAN UPDATE E-EDITION



March 2020



## Patient Care

### [Updated best practices focus on reducing post-polypectomy bleeding](#)

Mayo Clinic gastroenterologist Neena S. Abraham, M.D., M.S., reviews research findings related to the use of antithrombotic agents, polypectomy techniques and prophylactic placement of hemostatic clips, and their impact on post-polypectomy bleeding.

### [Current and novel tests aid in diagnosis of bile acid diarrhea](#)

In this Q and A, Mayo Clinic gastroenterologist Michael Camilleri, M.D., discusses the available and developing approaches to the diagnosis of bile acid diarrhea.



## Research

### [Novel MDMs assayed from plasma detect esophageal cancer with moderate accuracy](#)

In the largest plasma-based pilot of esophageal cancer biomarkers to date, Mayo Clinic researchers identified five methylated DNA markers (MDMs) that achieved high discrimination for cancer.

### [VARSITY trial results compare vedolizumab and adalimumab](#)

A head-to-head comparison suggests that vedolizumab is slightly superior to adalimumab for moderately to severely active ulcerative colitis and should be considered a first line biologic for this disease.

[See all Gastroenterology and Hepatology Clinical Trials at Mayo Clinic](#)



## Education

### [Mayo Clinic Gastroenterology & Hepatology 2020](#)

March 26-29, 2020, in Amelia Island, Fla.

This course examines new approaches to the diagnosis and management of patients with gastrointestinal and liver diseases. Topics include inflammatory bowel disease, colorectal neoplasia, esophageal diseases, motility, nutrition, pancreaticobiliary disorders, endoscopy and hepatology.

### [Artificial Intelligence Symposium 2020](#)

May 12-13, 2020, in Rochester, Minn.

This course brings the health care artificial intelligence community together to learn about current activities, share best practices, and foster collaborations toward digital health and medicine.

### [Gastroenterology & Hepatology Board Review 2020](#)

Sept. 10-13, 2020, in Chicago

This course is designed for candidates preparing for certification and maintenance of certification (MOC) examinations and includes relevant topics such as pathology, endoscopy, radiology and nutrition.

### [6th Annual Gastroenterology & Hepatology Update with Interactive Live Endoscopy Session 2020](#)

Sept. 11-12, 2020, in Scottsdale, Ariz.

This course covers diagnosis and management of disorders including colon and pancreas cancers, functional dyspepsia, irritable bowel disease, colon polyps, alcoholic hepatitis, fatty liver, hepatitis C and hepatocellular carcinoma.

[See all Gastroenterology Continuous Professional Development courses](#)



## In the Video Center

### [Advances in colorectal cancer screening](#)

Specialists in gastroenterology and colon and rectal surgery discuss the latest advancements in colorectal cancer screening, as well as the latest surgical techniques available for treating people with colorectal cancer.

### [Chromoendoscopy for inflammatory bowel disease](#)

Gastroenterologists demonstrate a simplified technique for application of indicarmin and other staining agents for surveillance in inflammatory bowel disease.

[View Digestive Diseases specialty and Grand Rounds presentations](#)

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