

Novel breathing technique eases abdominal distention



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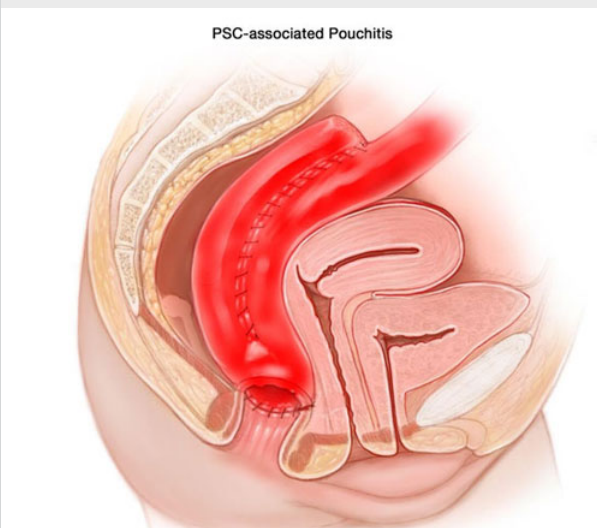
Research



JAK inhibitors don't increase risk in patients with IBD

A Mayo Clinic study focused exclusively on patients with inflammatory bowel disease offers novel reassurance for patients seeking rapid and targeted immunomodulation.

[See the research](#)



BAS therapies can decrease and delay pouchitis recurrence

Mayo Clinic researchers found that patients treated with bile acid sequestrant therapies had a lower rate of recurrence compared with patients treated with standard antibiotics.

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Patient Care

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Legacy of Innovation



'A hitherto unnamed liver disease'

Revisit Mayo Clinic's legacy in defining nonalcoholic steatohepatitis. Liver biopsies of patients with steatohepatitis of unknown cause were described in this 1980 Mayo Clinic Proceedings article by Jurgen Ludwig, M.D.; Thomas R. Viggiano, M.D.; Douglas B. McGill, M.D.; and Beverly J. Ott.

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Education

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Gastroenterology & Hepatology Board Review 2026

Sept. 17-20, 2026
Chicago and Livestream

Endorsed by the AGA Institute

This course is designed to prepare candidates for the American Board of Internal Medicine (ABIM) initial and maintenance of certification examinations in gastroenterology and hepatology.

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14th Annual Mayo Clinic Esophageal Diseases

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Scottsdale, Ariz., and Livestream

This course provides insights into rapidly advancing esophageal care, including diagnostics and endoscopic therapy, for immediate clinical application.

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