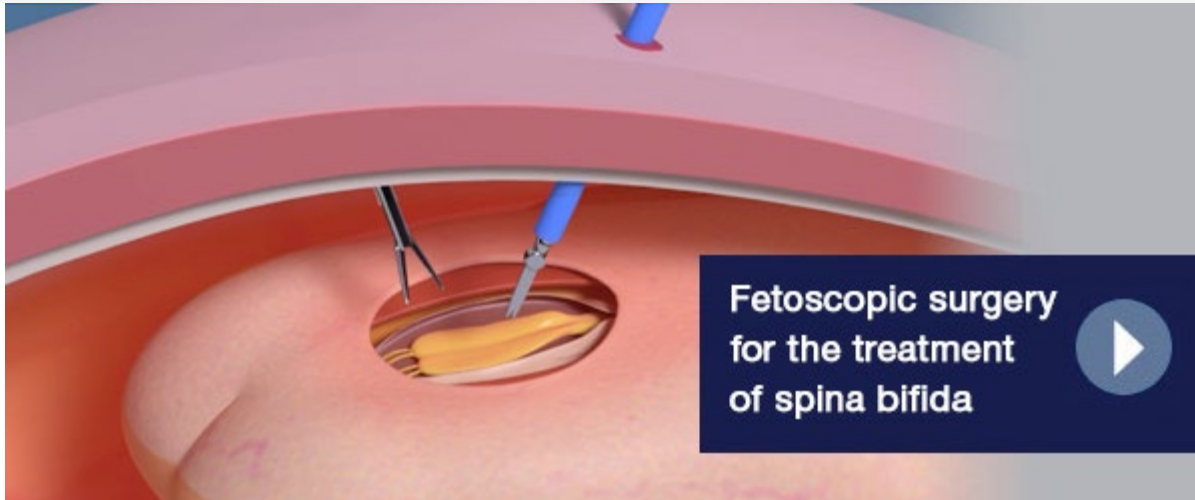


September 2019



## Patient Care

### [New therapies emerge for the management of headache disorders](#)

Headache neurologist Jonathan H. Smith, M.D., answers questions about subspecialized management of headache disorders.

### [Use this guide to hysterectomy to help inform patients of their options](#)

Megan N. Wasson, D.O., discusses different approaches to hysterectomy and considerations that should be factored into the decision to have a hysterectomy, to ensure the maximum benefit while minimizing risks.



## Research

### [Updated systematic reviews and meta-analyses yield evidence-based guidance about multiple IBS treatments](#)

Researchers share new information about efficacy of antidepressants, psychological therapies, prebiotics, probiotics, synbiotics and antibiotics in treating individuals with irritable bowel syndrome (IBS).

### [Study finds cardiovascular event rates similar for patients receiving generic and brand-name levothyroxine therapy](#)

A Mayo Clinic study's outcomes may have broad implications for treatment of patients with predominantly benign thyroid disease and newly treated hypothyroidism.

## [Culturally relevant mobile app improves health in an African American community](#)

Fifty African American adults participated in a 10-week study that included podcasts and multimedia educational modules delivered via app. Results show several objectively measured positive outcomes for cardiovascular health.

See all [Family Medicine](#) and [General Internal Medicine](#) Clinical Trials at Mayo Clinic



## Education

### [Infectious Diseases Practice Updates 2020](#)

March 2-6, 2020, in Waimea, Hawaii

Focus includes tick-borne diseases, orthopedic infections, cardiovascular infections, HIV and AIDS, advances in antimicrobial therapy including phage therapy, infections in the patients with hematologic malignancies, and infectious diseases in transplant recipients and selected fungal diseases.

### [Urgent Care Updates 2020](#)

April 30-May 2, 2020, in San Diego

This course is designed for physicians, physician assistants, nurse practitioners, and nurses in primary, emergency and urgent care. Gain knowledge on the latest recommendations involving medical specialties that can be applied into practice immediately.

### [Mayo Clinic Talks Podcast](#)

Mayo Clinic specialists discuss a variety of topics, including subclinical hypothyroidism and sexuality in the older adult female.

See all [Family Medicine](#) and [Internal Medicine and Subspecialties](#) Continuous Professional Development courses



## In the Video Center

### [Cushing syndrome: ACTH-secreting pituitary adenomas](#)

Mayo Clinic specialists discuss the manifestations of Cushing syndrome resulting from the overproduction of ACTH, Cushing's frequent association with polycystic ovary syndrome and the importance of timely treatment by surgeons experienced with ACTH-secreting adenomas.

[Visit the Medical Professional Video Center to view specialty and Grand Rounds presentations](#)

## Consults and Referrals

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[844-255-4442](#) (toll-free)

Jacksonville, Florida  
[855-691-1265](#) (toll-free)

Rochester, Minnesota  
[888-380-4055](#) (toll-free)

[Online Referrals](#)

## Resources

[Careers: All Physician Specialties](#)

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