Patient Care

**OB Nest provides a more home-based model of care for low-risk pregnancies**

A Mayo Clinic obstetrician explains a novel program for women with low-risk pregnancies that includes self-monitoring and 40% to 50% of prenatal visits from the patient's home.

Learn more
Research

**Toxicity clinic to address adverse reactions to cancer treatments involving the lung**

Mayo Clinic Pulmonary and Critical Care Medicine is establishing a pulmonary oncologic toxicity clinic to care for patients with lung toxicity from chemotherapy, radiation and immunotherapy.

Learn more

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**Lack of sleep increases belly fat accumulation**

A Mayo Clinic study found that lack of sufficient sleep led to a 9% increase in total abdominal fat area and an 11% increase in abdominal visceral fat, compared to control sleep.

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A Systematic Approach to Medically Unexplained Symptoms 2022
Aug. 17-20, 2022
Half Moon Bay, Calif., and Livestream

This program offers a diagnostic framework and template for medically unexplained conditions with shared etiologies and presentations. More specific management strategies are provided for each condition, along with various clinical pearls.

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An Overview of Perioperative Medicine 2022: From Outpatient Preoperative Assessment to Inpatient Postoperative Care
Oct. 26-29, 2022
Palm Desert, Calif.

This course is designed for clinicians who see perioperative patients. It focuses on the practical, clinical side of preoperative assessment and postoperative management.

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