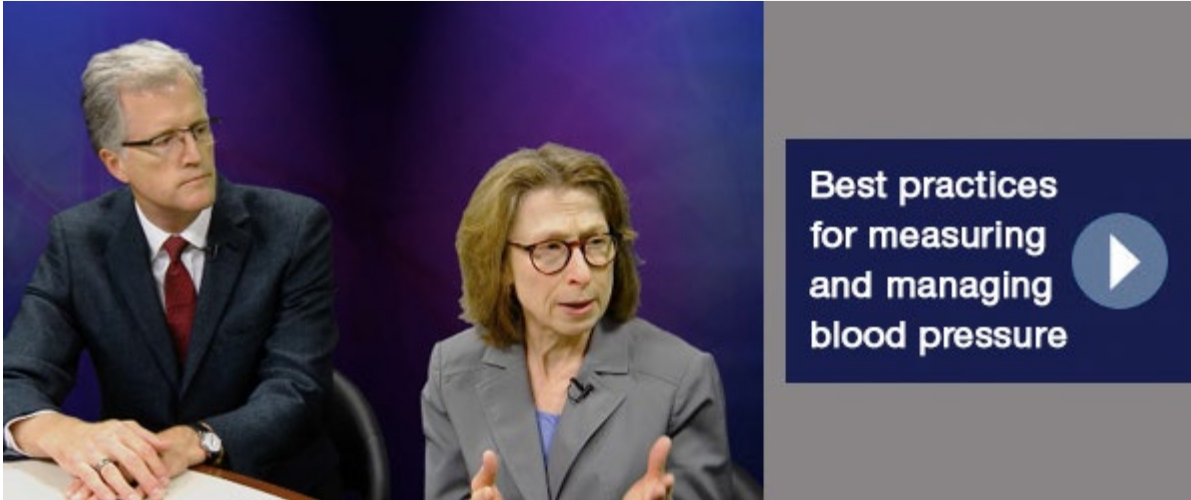


January 2020



## Patient Care

### [Pediatric sleep disorder specialists work to restore children's mental health and well-being](#)

Mayo Clinic's Center for Sleep Medicine team provides multidisciplinary care for children in special populations or with medically complex needs. Julie M. Baughn, M.D., describes Mayo's treatment model.

### [Level 4 epilepsy centers offer complete evaluation for treatment](#)

All three Mayo Clinic campuses offer intensive neurodiagnostic monitoring and extensive medical, neuropsychological and psychosocial treatment for medically refractory epilepsy. Neurologist Anthony L. Ritaccio, M.D., discusses Mayo's approach.

### [Essentials of discharge and recovery for children with concussion](#)

Mayo Clinic physiatrist Sherilyn W. Driscoll, M.D., explains crucial points to cover in discharge instructions for families of children who have had a concussion to promote prompt recovery and avoid re-injury.



## Research

### [Study reports a trend toward increased injury during high-intensity workouts](#)

Most injuries reported by participants in a high-intensity training program were related to movements that are ballistic or have an increased risk

of injury if not performed with optimal technique.

### [Common procedures for treating stress urinary incontinence have vastly different long-term outcomes](#)

A retrospective study found that the need for additional surgery was twice as high after a transobturator sling surgery compared with a retropubic sling procedure.

See all [Family Medicine](#) and [General Internal Medicine](#) Clinical Trials at Mayo Clinic



## Education

### [Mayo Clinic Talks Podcast](#)

Each month, Mayo Clinic specialists discuss a variety of topics helpful to primary care practice.

### [40th Annual Practice of Internal Medicine 2020](#)

May 4-8, 2020, in Rochester, Minn.

Topics represent common problems encountered in the management of medical issues seen in gastroenterology, infectious diseases, general internal medicine, rheumatology, geriatrics, emergency medicine, pulmonary medicine, endocrinology, cardiology, neurology and women's health.

### [Nicotine Dependence Conference & National Summit on Smokeless Tobacco Prevention 2020: Aligning Research, Clinical Practice, and Community Interventions](#)

May 18-20, 2020, in Rochester, Minn.

Course participants share promising practices, experiences and recent research to accelerate the reduction of smokeless and noncombustible tobacco use and its consequences.

See all [Family Medicine](#) and [Internal Medicine and Subspecialties](#) Continuous Professional Development courses



## In the Video Center

### [HPV-related oropharynx cancer discoveries](#)

Mayo specialists report that the majority of patients with oropharynx cancers today are young, otherwise healthy nonsmokers, and they tend to have the disease because of the human papillomavirus.

[Visit the Medical Professional Video Center to view specialty and Grand Rounds presentations](#)

## Consults and Referrals

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844-255-4442 (toll-free)

[Jacksonville, Florida](#)

855-691-1265 (toll-free)

[Rochester, Minnesota](#)

888-380-4055 (toll-free)

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## Resources

[Careers: All Physician Specialties](#)

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