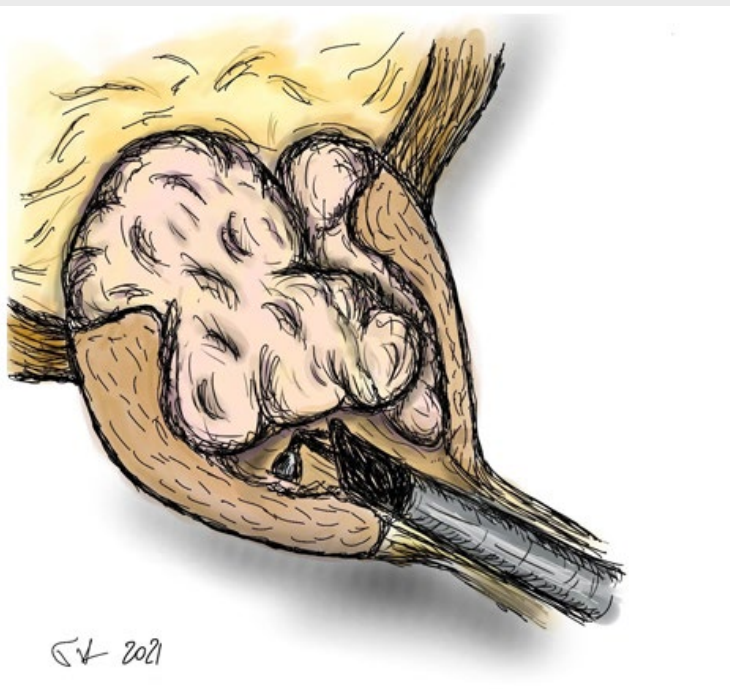




Clinical Physician Update

February 2022

Patient Care



Mayo Clinic offers BipolEP for select patients with adenoma of the prostate

In this Q&A, urologist J. (Nick) Nicholas Warner, M.D., discusses bipolar enucleation of the prostate (BipolEP). Ideal candidates for bipolar enucleation have a larger prostate or urinary retention.

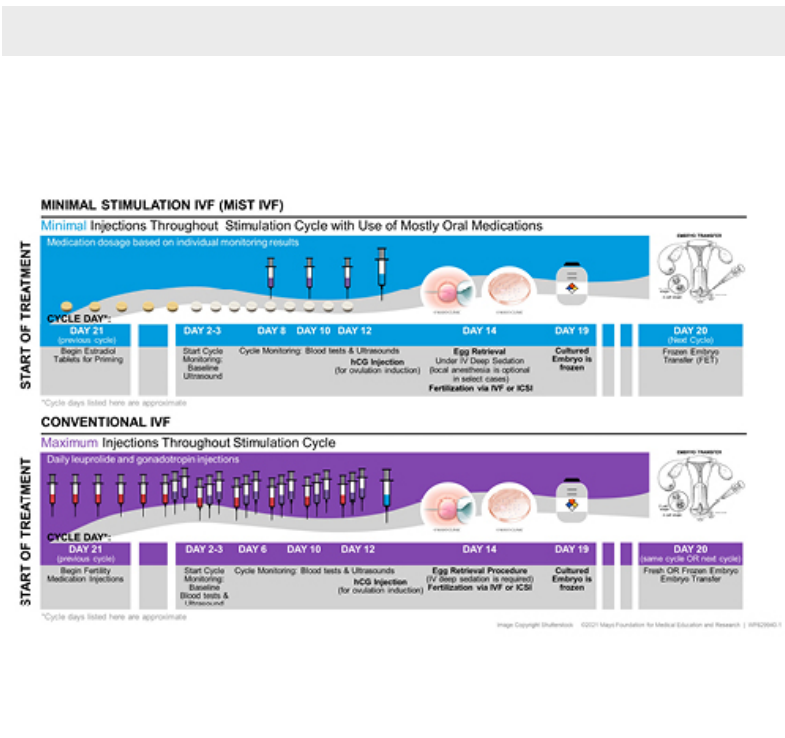
[Learn more](#)



Evidence-based protocols facilitate recovery following outpatient hip and knee arthroplasty

Same-day physical therapy and patient education protocols allow Mayo Clinic's multidisciplinary care team to perform more outpatient total hip and knee arthroplasty procedures, enabling patients to go home quickly.

[Learn more](#)



MiST in vitro fertilization allows success at lower cost

A reduced-cost, mostly oral medication in vitro fertilization method used in the 1990s with low success now has favorable outcomes for motivated parents due to a new methodology.

[Learn more](#)

Visit the Medical Professional Video Center to view specialty videos and Grand Rounds presentations

Research



Women in midlife may require additional cardiovascular monitoring to prevent cognitive decline

Researchers report that some heart conditions and cardiovascular risk factors have a stronger association with declines in memory and thinking skills during midlife for women than for men.

[Learn more](#)

See all [Family Medicine](#) and [General Internal Medicine](#) Clinical Trials at Mayo Clinic

Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs. Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library.

See all [Family Medicine](#) and [Internal Medicine and Subspecialties](#) Continuing Medical Education courses



6th Annual SKIN: Practical Dermatology for the Generalist 2022 – LIVE & LIVESTREAM

April 28-30, 2022

Nashville, Tenn., and Livestream

SKIN emphasizes general dermatology skills for primary care physicians and nondermatologists.

Topics include management of moles, skin infections, cancers, rashes, and lumps and bumps, plus simple dermatologic procedures.

[Register Now](#)



42nd Annual Practice of Internal Medicine 2022

May 2-6, 2022

Rochester, Minn., and Livestream

Topics represent common problems encountered in clinical practice and the management of medical issues seen in gastroenterology, infectious diseases, general internal medicine, rheumatology, geriatrics, emergency medicine, pulmonary, endocrinology, cardiology, neurology and women's health.

[Register Now](#)

COVID-19 updates & resources

[Read more](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona

844-255-4442

Jacksonville, Florida

855-691-1265

Rochester, Minnesota

888-380-4055

Online Referrals

Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

[Mayo Clinic School of Continuous Professional Development](#)



[Comments?](#)

We're interested in your feedback about this newsletter.

[Pass It On!](#)

Invite a friend to subscribe.

[MayoClinic.org](#) | [Newsletter Archive](#) | [Contact](#) | [Medical Professionals](#)
