

February 2020



## Patient Care

### [Transperineal approach reduces risks associated with transrectal prostate biopsy](#)

Mayo Clinic specialists perform transperineal biopsy, which helps to accurately diagnose prostate cancer in patients with lesions or past complications and limits the infectious complications associated with transrectal prostate biopsy.

### [Specialized interventional endoscopy can improve outcomes in high-risk patients](#)

New endoscopic strategies can obviate the need for invasive surgeries, as well as mitigate the complications of gastrointestinal surgeries in high-risk patients.

### [Tips for managing patients with head injury](#)

Mayo Clinic physicians discuss which patients with head injury need a Level 1 Trauma Center, what to do prior to transfer, medically futile care and how to learn more about head injury management.



## Research

### [Augmented and virtual reality technologies harnessed for innovative cardiac care](#)

Mayo Clinic is rapidly developing augmented and virtual reality — artificial intelligence technologies — to improve heart visualizations and

create biopatches for arrhythmia therapy.

### [Stem cells may improve motor and sensory function of people with spinal cord injuries](#)

After an injection of stem cells from his own fat, a clinical trial participant demonstrated improvement in motor and sensory functions without significant adverse effects.

See all [Family Medicine](#) and [General Internal Medicine](#) Clinical Trials at Mayo Clinic



## Education

### [Mayo Clinic Talks Podcast](#)

Each month, Mayo Clinic specialists discuss a variety of topics helpful to primary care practice.

### [6th Annual Mayo Clinic Rheumatology Review for Primary Care 2020](#)

May 7-9, 2020, in Orlando, Fla.

Course participants gain perspective on how to recognize and diagnose common rheumatologic disorders, and determine which patients can be managed in their practices and which need referral to a specialist.

### [Transforming Women's Health 2020](#)

June 11-13, 2020, in Coronado, Calif.

This course enables providers to improve care of female patients by presenting emerging scientific and clinical evidence related to medical conditions that are unique to women, occur more frequently in women or present differently in women.

See all [Family Medicine](#) and [Internal Medicine and Subspecialties](#) Continuous Professional Development courses



## In the Video Center

### [Optimal liver transplant care at Mayo Clinic's campus in Jacksonville, Florida](#)

By applying new technology and innovations effectively to patient care, the transplant team has delivered higher transplant rates than the national average and lowered the length of patient stay.

Visit the [Medical Professional Video Center](#) to view specialty and Grand Rounds presentations

## Consults and Referrals

[Phoenix/Scottsdale, Arizona](#)

844-255-4442 (toll-free)

[Jacksonville, Florida](#)

855-691-1265 (toll-free)

[Rochester, Minnesota](#)

888-380-4055 (toll-free)

[Online Referrals](#)

## Resources

[Careers: All Physician Specialties](#)

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