



Clinical Physician Update

April 2026

Patient Care



Comprehensive, multidisciplinary care for inflammatory breast cancer

Mayo Clinic coordinates aggressive, multidisciplinary care for inflammatory breast cancer, aiming for quick consults and better outcomes while advancing research to develop more-targeted, effective therapies.

[Read the article](#)

[Refer a Patient](#)

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Research



Researchers assess impact of GLP-1 receptor agonist use on quality of colonoscopy bowel preparation

A study of more than 6,000 patients suggests that these medications are associated with worse bowel preparations, with negative effects on colorectal cancer screening and surveillance.

[See the research](#)

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Legacy of Innovation



Hormonal therapy breakthroughs in rheumatoid arthritis

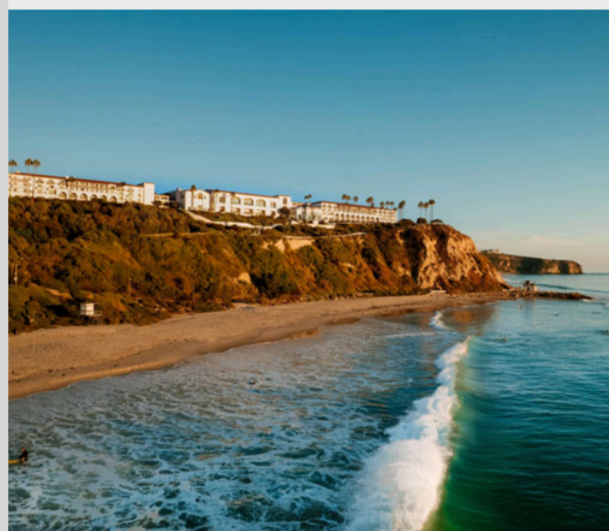
This study evaluates adrenal corticosteroid compound E and ACTH in rheumatoid arthritis, demonstrating the impact on inflammation, symptom relief and disease activity. Findings helped establish hormonal therapy as a pivotal early approach in managing autoimmune joint disease and guiding future research.

[Read the article](#)

Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

See all Family Medicine and Internal Medicine and Subspecialties Continuing Medical Education courses



Diagnostic Imaging Update 2026 July 27-31, 2026 Dana Point, Calif.

This postgraduate course is designed for practicing radiologists and provides a focused review of state-of-the-art imaging techniques. The program features in-depth sessions across key areas, including abdominal, breast, chest, musculoskeletal, neuro and ultrasound.

[Register Now](#)

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