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# **Living with Cancer:** A Mayo Clinic Symposium for Patients and their Loved Ones



## **JANUARY 14-15, 2012**

**The Westin Kierland Resort and Spa** Scottsdale, Arizona

Course Directors: Ruben A. Mesa, M.D. Joseph R. Mikhael, M.D. Donald W. Northfelt, M.D.

# **GENERAL INFORMATION**

*Living with and Overcoming My Cancer: A Mayo Clinic Symposium for Patients and Their Loved Ones* is for patients and family members that have been cured or who are currently fighting cancers of all types. An internationally renowned group of speakers have been organized to accomplish two main goals. The first goal is to provide comprehensive patient friendly information on the diagnosis and treatment of cancer with specific breakout sessions regarding:

- Breast Cancer
- Prostate Cancer
- Lung Cancers
- Colorectal Cancer
- Lymphoma

- Acute Leukemias
- Myeloproliferative Disorders (MPDs)
- Myelodysplastic Syndrome (MDS)
- Chronic Lymphocytic Leukemia (CLL)
- Myeloma and Amyloidosis

In addition, this course will provide attendees information on many shared issues between patients and family members with cancer. This conference will address many unmet needs that patients and their loved ones have but are rarely discussed in the exam room. This information is crucial for people who are suffering from these diseases or have been cured.

- Making Sense of Chemotherapy and Radiation Therapy
- What is the Future of Cancer Care?
- What is the Role of Alternative Medicines and Interventions?
- Is My Cancer Inherited, Or Can I Pass It On To My Children?
- What Should I be Eating?
- Employment Issues When I Have Cancer
- What Are My Legal Rights As A Cancer Patient?
- Insurance Issues When I Have Cancer
- Financial Planning When Ill
- Exercise and Healing
- Spirituality and My Cancer
- Challenges and Opportunities in Intimacy
- Communication With Loved Ones and Your Medical Team

This broad based symposium for cancer patients will provide a unique opportunity for beneficial dialog between patients, their family members and a range of thought leaders across the nation.

# **GENERAL INFORMATION**

# **INTENDED AUDIENCE**

This conference is designed for current patients with cancer including:

- Breast Cancer
- Lung Cancers
- Prostate Cancer
- Colorectal Cancer
- Acute Leukemias
- Myleoproliferative disorders (MPDs)
- Myelodysplastic syndrome (MDS)
- Chronic Lymphocytic Leukemia (CLL)
- Lymphoma
- Amyloidosis and Myeloma

Additionally, family members are welcome to register and attend the sessions.

# REGISTRATION

To register, complete the attached registration form and return by mail. Registration includes tuition, continental breakfast, refreshment breaks, lunch and reception. Enrollment will close once registration exceeds the capacity of the reserved meeting space at the Westin Kierland Resort and Spa. A letter of confirmation will be mailed upon receipt of the completed registration form.

# SYMPOSIUM LOCATION AND DATE

Living with and Overcoming My Cancer: A Mayo Clinic Symposium for Patients and Their Loved Ones will be held January 14-15, 2012 at the Westin Kierland Hotel and Spa in Scottsdale Arizona - one of the most prestigious desert resort destinations in Arizona. Attendees will be within walking distance to shopping, dining and entertainment.

# HOTEL ACCOMMODATIONS

A limited number of guest rooms have been reserved at the Westin Kierland Hotel and Spa. Rooms are available on a first come, first served basis. Please make your hotel reservations early to ensure availability and special rates of \$269.00 plus tax per night.

To make a room reservation you may call 480.624.1202 or 866.837.4273. When making your reservations, please mention the Mayo Clinic Mayo Hematology and Oncology Conference.

You may also reserve your room for this conference on line by visiting the following website:

http://tinyurl.com/6h4qgnr

## FACULTY MAYO CLINIC ARIZONA

Care Management/Chaplin Patrick Hansen

**Cardiovascular & Thoracic Surgery** Dawn Jaroszewski, M.D.

**Colon & Rectal Surgery** Tonia Young-Fadok, M.D.

**Consultative Medicine** Larry Bergstrom, M.D.

**Contracting & Payer Relations** R. Scott Gorman, M.D.

**General Surgery** Barbara Pockaj, M.D.

Hematology/Oncology Mitesh Borad, M.D. Alan Bryce, M.D. Rafael Fonseca, M.D. Katherine Hunt, CGC Jose Leis, M.D. Ruben Mesa, M.D. Joseph Mikhael, M.D. Pierre Noel, M.D. Donald Northfelt, M.D.

Harshita Paripati, M.D. Craig Reeder, M.D. Helen Ross, M.D. Lisa Sproat, M.D. *Keith Stewart, M.B., Ch.B* 

Raoul Tibes, M.D.

Legal Nancy Cummings, J.D. Page Underwood, J.D.

Nutrition Marcia Larson, R.D.

Pharmacy Jeffrey Betcher, R.Ph.

Physical Medicine and Rehabilitation Pauline H. Lucas, PT, DPT

#### **Radiation Oncology**

Jonathan Ashman, M.D., Ph.D. Michelle Halyard, M.D. Steven Schild, M.D. William Wong, M.D.

Urology *Erik Castle, M.D.* 

Tait Shanafelt, M.D.

#### MAYO CLINIC ROCHESTER

**Cancer Center** Robert Diasio, M.D.

Hematology

*Timothy Call, M.D.* Morie Gertz, M.D. David Inwards, M.D. Medical Oncology Ed Creagan, M.D. Joleen Hubbard, M.D. Psychology Janice B. Swanson, Psy.D., L.P.

#### DANA-FARBER CANCER INSTITUTE

Hematologic Oncology Treatment Center David Steensma, M.D.

#### LOFY GROUP

Thomas Lofy, JD, CPA, CFP, PFS

BANNER MD ANDERSON CANCER CENTER

Bryan Wong, M.D., Ph.D.

#### UNIVERSITY OF ARIZONA

Cynthia Thomson, PhD, RD, CSO

SCHEDULE				
SATUR	DAY, JAN	IUARY	14, 2	012

8:00 a.m.	Welcome & Cancer Overview	8:00 a.m.	Employment Issues When Having Cancer
	Ruben Mesa, M.D.		Nancy Cummings, J.D.
8:25 a.m.	Making Sense of Chemotherapy	8:30 a.m.	Insurance Issues When Facing Cancer
	David Steensma, M.D.		R. Scott Gorman, M.D.
8:50 a.m.	Going Through & Overcoming Radiation Therapy	9:00 a.m.	Financial Planning When Ill
	Jonathan Ashman, M.D., Ph.D.		Thomas Lofy, JD, CPA, CFP, PFS
9:15 a.m.	Making Sense of My Prescriptions	9:30 a.m.	Legal Rights When Ill
	Jeffrey Betcher, R.Ph.		Page Underwood, J.D.
9:40 a.m.	The Future of Cancer Care	10:00 a.m.	Break
	Robert Diasio, M.D.	10:20 a.m.	Nutritional concerns in cancer and cancer therapy
10:00 a.m.	Questions		Cynthia Thomson, PhD, RD, CSO
	Panel	10:40 a.m.	Physical Medicine and Rehabilitation
10:15 a.m.	Break		Pauline H. Lucas, PT, DPT
10:30 a.m.	Alternative Medicines in Cancer, 2012	11:00 a.m.	Spirituality and My Cancer
	Larry Bergstrom, M.D.		Patrick Hansen
10:55 a.m.	What Should I Be Eating?	11:20 a.m.	Challenges and Opportunities in Intimacy
	Marcia Larson, R.D.		Janice Swanson, Psy.D., L.P.
11:20 a.m.	Is My Cancer Inherited?	11:40 p.m.	Communication
	Katherine Hunt, CGC		Timothy Call, M.D.
11:45 a.m.	Questions	12:00 p.m.	How not to be My Patient
	Panel		Ed Creagan, M.D.
12:00 p.m.	Future of Cancer Surgery	12:20 p.m.	Closing/Adjourn
	Dawn Jaroszewski, M.D.		Ruben Mesa, M.D.
12:15 p.m.	Lunch		
1:15 p.m.	Disease Specific Breakout Sessions		
3:00 p.m.	Break		ible at the
3:15 p.m.	Disease Specific Breakout Sessions Continue	No Mic	JYCE SIDIA 29
4:45 p.m.	Adjourn		- Infer
5:00 p.m.	Cocktail Reception		

### DISEASE SPECIFIC BREAKOUT SESSIONS

A. BREAST CANCER	<b>B.</b> PROSTATE CANCER	C. LUNG CANCER	D. COLORECTAL CANCER	E. LEUKEMIAS/ MPDS/MDS	F. CLL/LYMPHOMA	G. MYELOMA/AMYLOID
Michelle Halyard, M.D.	Alan Bryce, M.D.	Dawn Jaroszewski, M.D.	Mitesh Borad, M.D.	Lisa Sproat, M.D.	Timothy Call, M.D.	Rafael Fonseca, M.D.
Donald Northfelt, M.D.	Erik Castle, M.D.	Harshita Paripati, M.D.	Robert Diasio, M.D.	Ruben Mesa, M.D.	David Inwards, M.D.	Morie Gertz, M.D.
Barbara Pockaj, M.D.	Bryan Wong, M.D., Ph.D.	Helen Ross, M.D.	Joleen Hubbard, M.D.	Pierre Noel, M.D.	Jose Leis, M.D.	Joseph Mikhael, M.D.
	William Wong, M.D.	Steven Schild, M.D.	Tonia Young-Fadok, M.D.	Raoul Tibes, M.D.	Craig Reeder, M.D.	Keith Stewart, M.B.S., Ch.B
				David Steensma, M.D.	Tait Shanafelt, M.D.	

#### SUNDAY, JANUARY 15, 2012

# REGISTER

#### LIVING WITH CANCER: A MAYO CLINIC SYMPOSIUM FOR PATIENTS AND THEIR LOVED ONES

#### January 14-15, 2012 • The Westin Kierland Resort and Spa

Mail form to: Living with Cancer Patient Symposium c/o Mayo Clinic Hospital, Events Department 5777 East Mayo Boulevard Phoenix, AZ 85254

Phone: 480-342-3490 E-mail: mcaevents@mayo.edu

#### **Contact Information**

Name of Registrant – first name middle name or initial and last name				
Address – street address				
City	State or Province	Zip or Postal Code	Country	
E-Mail Address				
<b>Special Needs</b> If you have special assistance needs or dietary restrictions, describe here:				

#### Registration

**Disease Specific Workshops** – Saturday, January 14, 2012 (Check box for your preference)

🗌 A - Breast Cancer

- E Acute Leukemias/MPDs/MDS
- F Chronic Lymphocytic Leukemia (CLL)/Lymphoma
- B Prostate Cancer C - Lung Cancers
- G Myeloma and Amyloidosis

D - Colorectal Cancer

#### **Guest Information**

Name	
Name	
Name	
Name	