Advanced Care at Home Menu Ingredient Report

For additional support or questions, please contact the Patient Dining Call Center. Contact information can be found on the patient menu at your local Mayo Clinic location. Last revised: 10/29/25

Menu Item	Ingredients
Breakfast Chef Features	
Texas Toast Meal	
Texas Toast French Toast	egg, liquid, substitute, cholesterol free, pasteurized, fresh flavoring, extract, vanilla, imitation * milk, skim * spice, cinnamon, ground * cooking spray, allergen free, food release, vegalene bread, texas, sliced, alpha, 1.45 oz
Scrambled Eggs	milk, skim * egg, liquid, whole, w/citric acid, includes cage free, fresh base, cream, culinary, minor's oil, canola
Pork Sausage Patty	sausage patty, pork, jimmy dean, fc, 1.5 oz, frozen
Van Greek Yogurt	yogurt, vanilla, greek, chobani, 5.3 oz, pc
Banana	banana, medium, 100-120 ct, fresh
Pancake Meal	
Pancakes	water mix, pancake, buttermilk, gold medal, golden valley, dry cooking spray, allergen free, food release, vegalene
Scrambled Eggs	milk, skim * egg, liquid, whole, w/citric acid, includes cage free, fresh base, cream, culinary, minor's oil, canola
Turkey Sausage	sausage link, turkey, 1 oz, rtc, frozen *menu less
Blueberry Greek Yogurt	yogurt, blueberry, greek, chobani, 5.3 oz, pc
Applesauce	applesauce, unsweetened, 4 oz, pc
Cheese Omelet Meal	
Chz Omelet	cheese, cheddar, mild, pre-shredded, feathered egg, liquid, whole, w/citric acid, includes cage free, fresh cooking spray, allergen free, food release, vegalene
Turkey Sausage	sausage link, turkey, 1 oz, rtc, frozen *menu less
Breakfast Potatoes	oil, canola onions, yellow, fresh, small diced, 1/4" potatoes, diced, peeled, roasted, fc, 5/8" salt, kosher spice, pepper, black, ground, fine parsley, fresh, chopped
Plain English Muffin	english muffin, plain, 2 oz
Blueberry Greek Yogurt	yogurt, blueberry, greek, chobani, 5.3 oz, pc
Pears	pears, diced, juice pack, 4 oz, pc
Mushroom Spinach & Cheese Omelet Meal	
Mushroom Spinach & Chz Omel	egg, fresh, cage free spinach, fresh mushroom button fresh; 1/10 lb milk, whole * cheese, provolone, loaf, sliced, .75 oz oil, canola
Turkey Sausage	sausage link, turkey, 1 oz, rtc, frozen *menu less
Breakfast Potatoes	oil, canola onions, yellow, fresh, small diced, 1/4" potatoes, diced, peeled, roasted, fc, 5/8" salt, kosher spice, pepper, black, ground, fine parsley, fresh, chopped
Plain English Muffin	english muffin, plain, 2 oz

Bushana banana banana, medium, 100-120 ct, fresh Egg Potato & Veg Skillet Meal Egg Potato & Veg Skillet Skillet Meal Egg Potato & Veg Skillet collabor Skillet Meal Furthey Bacon bacon, turkey, sliced, raw, frozen "menu less Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Furth Cup honeydew melon, fresh, cubed, 112" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 112" strawberries, fresh or pash, capped, halved Raisin Bran Meal Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Furti Cup honeydew melon, fresh, cubed, 112" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 112" strawberries, fresh, capped, halved Raisin Bran erried yogurt, blueberry, greek, chobani, 5.3 oz, pc Furti Cup honeydew melon, fresh, cubed, 112" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 112" strawberries, fresh, capped, halved Cheerlos Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Furti Cup honeydew melon, fresh, cubed, 112" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 112" strawberries, fresh, capped, halved Cheerlos Greek Yogurt yogurt, unana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Unch Some Cheef Facture Pasta with Affedo Meal Rotini Pasta w/Alfredo Meal Rotini Pasta w/Alfredo Meal Formal Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Bried Chx 3oz basil, fresh, chopped cheese, parmesan, pre-shredded, fancy of loit, canola spice, pepper, black, ground chicken, breast, chopped cheese, parmesan, pre-shredded, firesh flavoring, extract, vanilla pure spice, cinnamon, ground spice, cuntineg, organil spice, ginger, ground butter, unsalted butter, unsalted spice, cinnamon, groun	Menu Item	Ingredients
Egg Potato & Vegetable Skillet Meal Egg Potato & Veg Skillet oil, canola onions, yellow, fresh, small diced, 1/4" peppers, bell, green, fresh, diced, small, 1/4" potatoes, diced, peeled, roasted, fc, 5/6" spice, paprika, ground egg, liquid, whole, wictric acid, includes cage free, fresh milk, skim" base, cream, culinary, minor's oil, canola Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Raisin Bran Meal Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Hard Boiled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh capped, halved Cheerios Meal Cheerios Meal Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta wiAlfredo pasta, rotin, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, Italian, fresh, chopped loshese, parmesan, pre-sfreedded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped oil, canola Broccoli broccoli, fresh dough, breadsticks, french, 1 oz spice, gartic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, unitation * spice, cinnamon, ground * spice, cinnamon, ground *	Blueberry Greek Yogurt	yogurt, blueberry, greek, chobani, 5.3 oz, pc
Egg Potato & Veg Skillet oil. canola onions, yellow, fresh, small diced, 1/4" peppers, bell, green, fresh, diced, small, 1/4" potatoes, diced, peeled, roasted, fc, 5/8" spice, apprika, ground egg, liquid, whole, wichtric acid, includes cage free, fresh milk, skim* base, cream, culinary, minor's oil, canola Turkey Bacon bacon, turkey, siliced, raw, frozen 'menu less yogurt, vanilla, greek, chobani, 5.3 oz, pc Blueberry Muffin blueberries, unsweetened, frozen-idf flour, all purpose water mix muffin low fat variety 6/4.5 lb Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Raisin Bran eereal, raisin bran, bowl, 1.25 oz, pc Hard Boiled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios Cheerios Meal Cheerios eereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-idf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped ' cheese, parmesen, pre-shredded, francy Grilled Chx 3oz basil, fresh, chopped rosemany, fresh, chopped chives, fresh, chopped pice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli proccoli, fresh carrot Cupcake aler mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground ' spice, girger, ground butter, unsalted mil	Banana	banana, medium, 100-120 ct, fresh
roasted, fc, 5/8" spice, paprika, ground egg, liquid, whole, wicitric acid, includes cage free, fresh milk, skim * base, cream, culinary, minor's oil, canola Turkey Bacon bacon, turkey, sliced, raw, frozen *menu less Van Greek Yogurt yogurt, vaniilla, greek, chobani, 5.3 oz, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Hard Boiled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios Meal Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Foatures Pasta with Alfredo pasta, rolini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped oil, canola Broccoli broccoli, fresh dough, breadsticks, french, 1 oz spice, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped align paches, dieed, juice pack, 4 oz, pc Carrot Cupcake water mix muffin low fat variety 6/4.5 lb Broccoli spice, unimen, ground * spice, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped align paches, dieed, juice pack, 4 oz, pc paches, died, ju	Egg Potato & Vegetable Skillet Meal	
Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Raisin Bran Meal Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Hard Bolled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios Meal Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola milk, skim * oream cheese, bulk sugar, powdered milk original * milk m	Egg Potato & Veg Skillet	roasted, fc, 5/8" spice, paprika, ground egg, liquid, whole, w/citric acid, includes cage free, fresh milk, skim * base,
Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Hard Boiled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios Meal Cheerios Well Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo Meal Rotini Pasta w/Alfredo Meal Broccoli pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, untreag, ground spice, girnamon, ground * mikk, skim * cream cheese, bulk sugar, powdered milk, skim * cream cheese, bulk sugar, powdered	Turkey Bacon	bacon, turkey, sliced, raw, frozen *menu less
Fruit Cup honeydew melon, fresh, cubed, 1/2* grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2* strawberries, fresh, capped, halved	Van Greek Yogurt	yogurt, vanilla, greek, chobani, 5.3 oz, pc
Raisin Bran Meal Raisin Bran cereal, raisin bran, bowl, 1.25 oz, pc Hard Boiled Egg (cold) egg, hard cooked, includes cage free Blueberry Greek Yogurt yogurt, blueberry, greek, chobani, 5.3 oz, pc Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios deal Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch 8 Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo Crilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Lavoria, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Lavoria, granulated milk, skim * cream cheese, bulk sugar, powdered Rotrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, cinnamon, ground *	Blueberry Muffin	blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb
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Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved Cheerios Cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banan, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chof Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * flavoring, extract, vanilla pure spice, cinnamon, ground * flavoring, extract, vanilla, imitation * spice, cinnamon, ground * milk, skim * cream cheese, bulk sugar, powdered	Hard Boiled Egg (cold)	egg, hard cooked, includes cage free
Cheerios Meal Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banan, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo Rotini Pasta w/Alfredo Srilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, numann, ground * spice, cinnamon, g	Blueberry Greek Yogurt	yogurt, blueberry, greek, chobani, 5.3 oz, pc
Cheerios cereal, cheerios, bowl, pc Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli Broccoli Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Fruit Cup	
Blueberry Muffin blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Broccoli basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix muffin low fat variety 6/4.5 lb banana, medium, 100-120 ct, fresh olong value spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola spice, oregano, d	Cheerios Meal	
Banana banana, medium, 100-120 ct, fresh Van Greek Yogurt yogurt, vanilla, greek, chobani, 5.3 oz, pc Lunch & Dinner Chof Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo basil, fresh, chopped pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Cheerios	cereal, cheerios, bowl, pc
Van Greek Yogurt Lunch & Dinner Chef Features Pasta with Alfredo Meal Rotini Pasta w/Alfredo Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli Broccoli Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Blueberry Muffin	blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb
Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Banana	banana, medium, 100-120 ct, fresh
Pasta with Alfredo Meal Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Grilled Chx 3oz basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Van Greek Yogurt	yogurt, vanilla, greek, chobani, 5.3 oz, pc
Rotini Pasta w/Alfredo pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy Broccoli Broccoli Broccoli Broadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches Peaches Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Lunch & Dinner Chef Features	
chopped * cheese, parmesan, pre-shredded, fancy Broccoli Broccoli Breadstick Garlic Breadstick Deaches	Pasta with Alfredo Meal	
boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola Broccoli Broccoli broccoli, fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Rotini Pasta w/Alfredo	pasta, rotini, dry water, boiling salt, kosher oil, canola sauce, cheese, white, rtu, frozen * parsley, italian, fresh, chopped * cheese, parmesan, pre-shredded, fancy
Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Grilled Chx 3oz	basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola
chopped Peaches peaches, diced, juice pack, 4 oz, pc Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Broccoli	broccoli, fresh
Carrot Cupcake water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Garlic Breadstick	
* spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *	Peaches	peaches, diced, juice pack, 4 oz, pc
Pot Roast Meal	Carrot Cupcake	* spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered
	Pot Roast Meal	

Beef Pot Roast w/Gravy 3oz beef, chuck, eyer roast, raw onions, yellow, fresh, diced, medium, 1/2" carrot cello pack fresh, 4/8 1b garic doves, peeld, fresh 1cooking spray, allergene free, food release, evaplene base beef, low sodium, gluten free, minors flavoring, kitchen bouquet rosemary, fresh thryne, fresh * water tomatoss, diced in juice, no added salt, ang min, canned cooking spray, allergen free, food release, evaplene cornstarch water, hot broth, beef, bag in a box, concentrate x 20, savory, 4.5 1* cornstarch water vorccoli, fresh, florest, 1* carrots, fresh, sliced, 1/2" cauliflower, fresh, florest, 1* Garden Sid lettuce, romaine, fresh, shredded carrots, fresh, sliced, 1/2" caluiflower, fresh, florest, 1* Garden Sid lettuce, romaine, fresh, shredded carrots, fresh, sliced, 1/2" caluiflower, fresh, florest, 1* Mashed Potatoes potatoes, pre-peeled, fresh, quartered * lwater, boiling milk, whole * oil, olive salt, kosher Fruit Cup honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved water mix brownie chocolate xif 6/6 ib (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Roasted Salmon Meal Roasted Salmon Meal saparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped oil, dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped oil, canola seasoning, really ranch, salt free, spice, peeper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, wiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * parsley, fresh, peeled, fresh, chopped sp	Menu Item	Ingredients
lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, (1/4" cabbage, red, pre-shredded, fresh tumato grape frsh	Beef Pot Roast w/Gravy 3oz	pack fresh; 48/1 lb garlic cloves, peeled, fresh * cooking spray, allergen free, food release, vegalene base, beef, low sodium, gluten free, minors flavoring, kitchen bouquet rosemary, fresh thyme, fresh * water tomatoes, diced in juice, no added salt, ang mia, canned cooking spray, allergen free, food release, vegalene cornstarch water, hot broth, beef,
peeled, small diced, 1/4" cabbage, red, pre-shedded, fresh tomato grape fish Mashed Potatoes potatoes, pre-peeled, fresh, quartered * water, boiling milk, whole * oil, olive salt, kosher honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved	Cali Blend Veg	broccoli, fresh, florets, 1" carrots, fresh, sliced, 1/2" cauliflower, fresh, florets, 1"
Fruit Cup honeydew meion, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Roasted Salmon Meal Roasted Salmon 3oz oil, olive salt, sea fish, salmon, atlantic, wild, fillet, fresh Asparagus asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Grapes grapes, red seedless, fresh cantaloupe spice, pepper, white, ground * salt, kosher Vegetable Lasagna Meal Vegetable Lasagna Cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, peied, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, peied, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, spices, 1/2" water, boiling carrots, fresh, small diced, 1/4" cheese, mozarelial, whole milk, pre-shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped spirach, fresh, chopped spirach, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped spirach,	Garden Sld	
fresh, capped, halved water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Roasted Salmon Meal Roasted Salmon Soz oil, olive sait, sea fish, salmon, atlantic, wild, fillet, fresh Asparagus asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Grapes grapes, red seedless, fresh Angel Food Cake w/Strawber cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top Vegetable Lasagna Meal Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, agric powder spice, oregano, dried, crushed * spice, best, leaves, dried, crushed spice, nutrue, ground onlons, yellow, fresh, diced, medium, 12" garlic cloves, peled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 14" porcooli, fresh, pelede, fresh, chopped pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh double, breadstick double, breadstick, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped beans pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod Meal	Mashed Potatoes	potatoes, pre-peeled, fresh, quartered * water, boiling milk, whole * oil, olive salt, kosher
Roasted Salmon Meal Roasted Salmon 3oz oil, olive salt, sea fish, salmon, atlantic, wild, fillet, fresh Asparagus asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Grapes Grapes Grapes Grapes Grapes Angel Food Cake w/Strawber Vegetable Lasagna Meal Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, unturing, ground inoins, yellow, fresh, diced, medium, 172" garlic cloves, pieces, 172" water, boiling carrots, fresh, mall diced, 174" cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, juienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, fresh tomato grape fresh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pars, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pars, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pars, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pars, granulated parsley, fresh, chopped pars, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pars, diced, juice pack, 4 oz, pc Baked Cod Meal	Fruit Cup	
Roasted Salmon 3oz oil, olive salt, sea fish, salmon, atlantic, wild, fillet, fresh Asparagus asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Grapes grapes, red seedless, fresh Angel Food Cake w/Strawber cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top Vegetable Lasagna Meal Vegetable Lasagna Cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutrneg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, belli, red, fresh, diced, small, 14" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf	Brownie	water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered
Asparagus asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped grapes grapes, red seedless, fresh oak, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top Vegetable Lasagna Meal Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, parlic powder spice, oregano, dried, crushed * spice, basil, leaves, fried, crushed spice, orthogona, dried, crushed * spice, basil, leaves, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pices, 1/2" water, boiling carrots, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pices, 1/2" water, boiling carrots, fresh, mall diced, 1/4" cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped parsley,	Roasted Salmon Meal	
Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped grapes, red seedless, fresh Angel Food Cake w/Strawber Vegetable Lasagna Meal Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, basil, leaves, dried, crushed * spice, basil, leaves, dried, drushed spice, underg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, pelede, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pices, 1/2" water, boiling carrots, fresh, shid diced, 1/4" * cheese, parse-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf broccoli	Roasted Salmon 3oz	oil, olive salt, sea fish, salmon, atlantic, wild, fillet, fresh
Grapes grapes, red seedless, fresh cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top Vegetable Lasagna Meal Vegetable Lasagna Seedless, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, shall diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli	Asparagus	asparagus, fresh oil, canola seasoning, really ranch, salt free, spiceology, bulk juice, lemon, bulk salt, kosher
Grapes grapes, red seedless, fresh cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top Vegetable Lasagna Meal Vegetable Lasagna Seedless, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, shall diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli		
Angel Food Cake w/Strawber Vegetable Lasagna Meal Vegetable Lasagna Cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmen, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oii, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Beans lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod Meal broccoli, fresh bro	Garlic Breadstick	
Vegetable Lasagna Meal Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf broccoli	Grapes	grapes, red seedless, fresh
Vegetable Lasagna cottage cheese, 4%, daisy, bulk butter, melted flour, all purpose spice, pepper, white, ground * salt, kosher milk, skim * cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans beans, green, cut, frozen Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears, diced, juice pack, 4 oz, pc Brownie material substitute spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped material substitute spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears, diced, juice pack, 4 oz, pc material substitute spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears, diced, juice pack, 4 oz, pc material substitute spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears, diced, juice pack, 4 oz, pc material substitute spice, garlic, granulated butter, melted spice, garlic, granulated spice, garlic, garl	Angel Food Cake w/Strawber	cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top
* cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 14" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking spray, allergen free, food release, vegalene pasta sheets, lasagna, frozen mushroom button fresh; 1/10 lb Green Beans Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped pears pears, diced, juice pack, 4 oz, pc Brownie Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Vegetable Lasagna Meal	
Garden Sld lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Vegetable Lasagna	* cheese, parmesan, grated cheese, swiss, loaf, shredded * spice, garlic powder spice, oregano, dried, crushed * spice, basil, leaves, dried, crushed spice, nutmeg, ground onions, yellow, fresh, diced, medium, 1/2" garlic cloves, peeled, fresh, chopped spinach, fresh, chopped oil, canola peppers, bell, red, fresh, diced, small, 1/4" broccoli, fresh, pieces, 1/2" water, boiling carrots, fresh, small diced, 1/4" * cheese, mozzarella, whole milk, pre-shredded cooking
peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh Garlic Breadstick dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Green Beans	beans, green, cut, frozen
chopped Pears pears, diced, juice pack, 4 oz, pc Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Garden Sld	
Brownie water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered Baked Cod Meal Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Garlic Breadstick	dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped
Baked Cod MealBaked Cod 4ozseasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqfBroccolibroccoli, fresh	Pears	pears, diced, juice pack, 4 oz, pc
Baked Cod 4oz seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf Broccoli broccoli, fresh	Brownie	water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered
Broccoli broccoli, fresh	Baked Cod Meal	
	Baked Cod 4oz	seasoning, garlic herb, salt free * fish, pacific cod, fillets, 4 oz, frozen-iqf
White Rice rice, white, long grain, parboiled, dry water salt, kosher	Broccoli	broccoli, fresh
	White Rice	rice, white, long grain, parboiled, dry water salt, kosher

Menu Item	Ingredients
WW Dinner Roll	roll, dinner, whole wheat, 1.5 oz, fresh
Applesauce	applesauce, unsweetened, 4 oz, pc
Sugar Cookie	dough, cookie, sugar, 1.33 oz, frozen
Grilled Chicken Meal	
Grilled Chx 3oz	basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola
Green Beans	beans, green, cut, frozen
White Rice	rice, white, long grain, parboiled, dry water salt, kosher
WW Dinner Roll	roll, dinner, whole wheat, 1.5 oz, fresh
Banana	banana, medium, 100-120 ct, fresh
Angel Food Cake w/Strawber	cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top
Roasted Turkey Breast Meal	
Rst Turkey w/Chx Gravy 3oz	water, hot broth, chicken, bag in a box, concentrate x 20, savory, 4.5 l cornstarch water thyme, fresh, chopped sage, fresh, chopped rosemary, fresh, chopped oil, canola turkey, breast, skin on, petite, cib, rtc *
Carrots	carrots, whole baby, fresh
Mashed Potatoes	potatoes, pre-peeled, fresh, quartered * water, boiling milk, whole * oil, olive salt, kosher
WW Dinner Roll	roll, dinner, whole wheat, 1.5 oz, fresh
Applesauce	applesauce, unsweetened, 4 oz, pc
Choc Chip Cookie	dough, cookie, chocolate chip, 1.33 oz, frozen
Chicken Caesar Salad Meal	
Egg/Chz on English Muffin	basil, fresh, chopped rosemary, fresh, chopped chives, fresh, chopped spice, pepper, black, ground chicken, breast, boneless, skinless, nae, 4 oz, koch, raw thyme, fresh, chopped oil, canola lettuce, romaine, fresh, chopped, 1/2" tomatoes, grape, fresh, halved cheese, parmesan, pre-shredded, fancy croutons, seasoned, bulk
Veg Soup 6floz	carrot cello pack fresh; 48/1 lb celery, fresh, small diced, 1/4" oil, canola onions, yellow, fresh, small diced, 1/4" spice, pepper, black, ground, fine water potatoes, pre-peeled, fresh, diced, 1/4" base, vegetable, gluten free, no msg, minor's *menu more * beans, green, cut, frozen okra, cut, frozen tomatoes, diced in juice, no added salt, ang mia, canned cornstarch water
Garlic Breadstick	dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped
Grapes	grapes, red seedless, fresh
Mini Apple Pie	flour, all purpose salt, kosher baking powder * baking soda sugar, brown, light butter, unsalted cereal, oatmeal, quick, dry water, cold juice base, apple, 100%, concentrate, 5:1 * apples, sliced, water pack, canned, drained cornstarch sugar, brown, light spice, cinnamon, ground * spice, cinnamon, ground * pie shell, tart, pastry, 3" sugar, powdered spice, cinnamon, ground *
Chicken Salad Sandwich Meal	
Chx Salad on WW Bread	chicken, diced, dark/white, 80/20, low sodium, fc, frozen basil, fresh, chopped parsley, italian, fresh, chopped * vinegar, red wine thyme, fresh, chopped spice, paprika, ground mayonnaise, light, kraft yogurt, plain, fat free, yoplait, 32 oz bread, whole wheat, slice, .88 oz, alpha

Menu Item	Ingredients
Chx Salad on White Bread	chicken, diced, dark/white, 80/20, low sodium, fc, frozen basil, fresh, chopped parsley, italian, fresh, chopped * vinegar, red wine thyme, fresh, chopped spice, paprika, ground mayonnaise, light, kraft yogurt, plain, fat free, yoplait, 32 oz bread, white, slice, 1 oz, local
Tomato Basil Soup 6floz	oil, olive, extra virgin onions, yellow, fresh, small diced, 1/4" celery, fresh, diced, medium, 1/2" carrots, fresh, small diced, 1/4" * garlic cloves, peeled, fresh, chopped sugar, granulated seasoning, garlic herb, salt free * spice, oregano, dried, crushed * salt, kosher water base, vegetable, gluten free, no msg, minor's *menu more * tomato puree, canned tomatoes, diced in juice, no added salt, ang mia, canned basil, fresh, chopped
Mandarin Oranges	orange, mandarin sections, juice pack, canned, drained
Banana Pudding Parfait	pudding, banana, canned rtu whipped topping, on top cookies, vanilla wafer, crumbled
Cottage Cheese & Fruit Plate Meal	
Cottage Chz & Fruit Plate	cottage cheese, lowfat, 1% cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, sliced, 1/4" pineapple, fresh, cubed, 1/2" grapes, red seedless, fresh
Chx Ndle Soup 6floz	carrot cello pack fresh; 48/1 lb onions, yellow, fresh, small diced, 1/4" celery, fresh, small diced, 1/4" oil, canola flour, all purpose water base, chicken, all natural, gluten free, minors * pasta, egg noodles, extra wide, dry spice, bay leaf * spice, allspice, ground salt, kosher spice, pepper, white, ground * chicken, pulled, dark/white, 65/35, fc parsley, fresh, chopped
Garden Sld	lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh
Dinner Roll	dough, roll, homestyle, 1 oz, frozen
Oatmeal Raisin Cookie	dough, cookie, oatmeal raisin, 1.33 oz, frozen
A'la Carte	
Cereals	
Cheerios	cereal, cheerios, bowl, pc
Raisin Bran	cereal, raisin bran, bowl, 1.25 oz, pc
Yogurts	
Lt Peach Yogurt	yogurt, peach, light, yoplait, 6 oz, pc
Lt Strawberry Yogurt	yogurt, strawberry, lite, yoplait, 6 oz, pc
LF Van Yogurt	yogurt, vanilla, french, yoplait, 6 oz, pc
Blueberry Greek Yogurt	yogurt, blueberry, greek, chobani, 5.3 oz, pc
Plain FF Greek Yogurt	yogurt, plain, greek, fat free, chobani, bulk
Van Greek Yogurt	yogurt, vanilla, greek, chobani, 5.3 oz, pc
Fruit & Yogurt Parfait	cereal, granola, no raisins, lowfat, bulk seeds, flax seeds, golden, ground honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, halved yogurt, vanilla, low fat, parfait, 64 oz, pouch
Bakery	
Blueberry Muffin	blueberries, unsweetened, frozen-iqf flour, all purpose water mix muffin low fat variety 6/4.5 lb
Bagel	bagel, plain, 2.3 oz, frozen

Menu Item	Ingredients
WW English Muffin	english muffin, whole wheat, 2 oz
Plain English Muffin	english muffin, plain, 2 oz
Soups	
Chx Ndle Soup 12floz	carrot cello pack fresh; 48/1 lb onions, yellow, fresh, small diced, 1/4" celery, fresh, small diced, 1/4" oil, canola flour, all purpose water base, chicken, all natural, gluten free, minors * pasta, egg noodles, extra wide, dry spice, bay leaf * spice, allspice, ground salt, kosher spice, pepper, white, ground * chicken, pulled, dark/white, 65/35, fc parsley, fresh, chopped
Chx Ndle Soup 6floz	carrot cello pack fresh; 48/1 lb onions, yellow, fresh, small diced, 1/4" celery, fresh, small diced, 1/4" oil, canola flour, all purpose water base, chicken, all natural, gluten free, minors * pasta, egg noodles, extra wide, dry spice, bay leaf * spice, allspice, ground salt, kosher spice, pepper, white, ground * chicken, pulled, dark/white, 65/35, fc parsley, fresh, chopped
Three Bean Chili Soup 12floz	beans, kidney, dry beans, navy, dry beans, black, dry water spice, bay leaf * salt, kosher peppers, bell, green, fresh, diced, small, 1/4" peppers, bell, red, fresh, diced, small, 1/4" onions, yellow, fresh, small diced, 1/4" garlic cloves, peeled, fresh, chopped oil, canola tomatoes, roma, fresh, small diced, 1/4" spice, chili powder * spice, oregano, dried, crumbled spice, pepper, red chili, crushed, flakes salt, kosher cilantro, fresh, chopped onions, green, scallion, bunch, fresh, sliced, 1/4"
Three Bean Chili Soup 6floz	beans, kidney, dry beans, navy, dry beans, black, dry water spice, bay leaf * salt, kosher peppers, bell, green, fresh, diced, small, 1/4" peppers, bell, red, fresh, diced, small, 1/4" onions, yellow, fresh, small diced, 1/4" garlic cloves, peeled, fresh, chopped oil, canola tomatoes, roma, fresh, small diced, 1/4" spice, chili powder * spice, oregano, dried, crumbled spice, pepper, red chili, crushed, flakes salt, kosher cilantro, fresh, chopped onions, green, scallion, bunch, fresh, sliced, 1/4"
Tomato Basil Soup 12floz	oil, olive, extra virgin onions, yellow, fresh, small diced, 1/4" celery, fresh, diced, medium, 1/2" carrots, fresh, small diced, 1/4" * garlic cloves, peeled, fresh, chopped sugar, granulated seasoning, garlic herb, salt free * spice, oregano, dried, crushed * salt, kosher water base, vegetable, gluten free, no msg, minor's *menu more * tomato puree, canned tomatoes, diced in juice, no added salt, ang mia, canned basil, fresh, chopped
Tomato Basil Soup 6floz	oil, olive, extra virgin onions, yellow, fresh, small diced, 1/4" celery, fresh, diced, medium, 1/2" carrots, fresh, small diced, 1/4" * garlic cloves, peeled, fresh, chopped sugar, granulated seasoning, garlic herb, salt free * spice, oregano, dried, crushed * salt, kosher water base, vegetable, gluten free, no msg, minor's *menu more * tomato puree, canned tomatoes, diced in juice, no added salt, ang mia, canned basil, fresh, chopped
Veg Soup 12floz	carrot cello pack fresh; 48/1 lb celery, fresh, small diced, 1/4" oil, canola onions, yellow, fresh, small diced, 1/4" spice, pepper, black, ground, fine water potatoes, pre-peeled, fresh, diced, 1/4" base, vegetable, gluten free, no msg, minor's *menu more * beans, green, cut, frozen okra, cut, frozen tomatoes, diced in juice, no added salt, ang mia, canned cornstarch water
Veg Soup 6floz	carrot cello pack fresh; 48/1 lb celery, fresh, small diced, 1/4" oil, canola onions, yellow, fresh, small diced, 1/4" spice, pepper, black, ground, fine water potatoes, pre-peeled, fresh, diced, 1/4" base, vegetable, gluten free, no msg, minor's *menu more * beans, green, cut, frozen okra, cut, frozen tomatoes, diced in juice, no added salt, ang mia, canned cornstarch water
Beef Broth 6floz	water, hot broth, beef, bag in a box, concentrate x 20, savory, 4.5 l *
Chx Broth 6floz	water, hot broth, chicken, bag in a box, concentrate x 20, savory, 4.5 l
Veg Broth 6floz	water, hot broth, vegetable, bag in a box, concentrate x 20, savory, 4.5 l *
Breads	
WW Dinner Roll	roll, dinner, whole wheat, 1.5 oz, fresh

Menu Item	Ingredients
Dinner Roll	dough, roll, homestyle, 1 oz, frozen
Cornbread	mix, cornbread, southern style, gold medal, dry water honey, bulk oil, canola cooking spray, allergen free, food release, vegalene butter, unsalted, melted * honey, bulk
Garlic Breadstick	dough, breadsticks, french, 1 oz spice, garlic, granulated butter, melted spice, oregano, dried, crushed * parsley, fresh, chopped
Side Salads	
Caesar Sld	lettuce, romaine, fresh, chopped, 1/2" tomatoes, grape, fresh, halved cheese, parmesan, pre-shredded, fancy croutons, seasoned, bulk
Garden Sld	lettuce, romaine, fresh, shredded carrots, fresh, julienne sliced lettuce, salad mix, spring (mesclun) cucumbers, fresh, peeled, small diced, 1/4" cabbage, red, pre-shredded, fresh tomato grape frsh
Vegetables & Hummus	hummus, traditional, grecian delight, frozen lettuce, leaf, individual leaf, fresh celery, fresh, sticks, 3" carrots, pre-cut, stick, fresh, sticks cucumber fresh; 1/12 ct 6gm = 1 slice
Salad Dressings	
French	salad dressing, french, creamy, bulk
Italian	salad dressing, italian, .44 oz, pc
Oil & Balsamic Vinegar	vinegar, balsamic oil, olive
Olive Oil	oil, olive, extra virgin
Balsamic Vinegar	vinegar, balsamic
Ranch	salad dressing, ranch, 12 gm, pc
Honey Dijon Balsamic Vinaigr	vinegar, balsamic vinegar, red wine salt, kosher mustard, dijon shallots, peeled, fresh, chopped, 1/4" honey, bulk oil, canola spice, pepper, black, ground basil, fresh, chopped oil, canola
Balsamic Vinaigr	salad dressing, balsamic, bulk
Fruits	
Apple	apples, red delicious, 125 count, fresh
Applesauce	applesauce, unsweetened, 4 oz, pc
Banana	banana, medium, 100-120 ct, fresh
Fruit Cup	honeydew melon, fresh, cubed, 1/2" grapes, red seedless, fresh cantaloupe, medium, fresh, diced, 1/2" strawberries, fresh, capped, halved
Grapes	grapes, red seedless, fresh
Orange	orange, 88 count, fresh
Drained Mandarin Oranges	oranges, mandarin, juice pack, 4 oz, pc
Peaches	peaches, diced, juice pack, 4 oz, pc
Pears	pears, diced, juice pack, 4 oz, pc
Stewed Prunes	prunes, juice pack, pitted, canned, including liquids

Menu Item	Ingredients
Desserts	
Angel Food Cake w/Strawber	cake, angel food, 8", sara lee strawberries, fresh, quartered whipped topping, on top
Brownie	water mix brownie chocolate ztf 6/6 lb (11314) cooking spray, allergen free, food release, vegalene sugar, powdered
Banana Pudding Parfait	pudding, banana, canned rtu whipped topping, on top cookies, vanilla wafer, crumbled
Carrot Cupcake	water mix, cake, white, gold medal carrots, pre-shredded, fresh flavoring, extract, vanilla pure spice, cinnamon, ground * spice, nutmeg, ground spice, ginger, ground butter, unsalted milk, skim * cream cheese, bulk sugar, powdered flavoring, extract, vanilla, imitation * spice, cinnamon, ground *
Mini Apple Pie	flour, all purpose salt, kosher baking powder * baking soda sugar, brown, light butter, unsalted cereal, oatmeal, quick, dry water, cold juice base, apple, 100%, concentrate, 5:1 * apples, sliced, water pack, canned, drained cornstarch sugar, brown, light spice, cinnamon, ground * spice, cinnamon, ground * pie shell, tart, pastry, 3" sugar, powdered spice, cinnamon, ground *
Choc Chip Cookie	dough, cookie, chocolate chip, 1.33 oz, frozen
Oatmeal Raisin Cookie	dough, cookie, oatmeal raisin, 1.33 oz, frozen
Sugar Cookie	dough, cookie, sugar, 1.33 oz, frozen
Cherry Gelatin	gelatin mix, cherry gelatin mix, plain, unflavored water, boiling water, ice cold
Citrus Gelatin	gelatin mix, plain, unflavored gelatin mix, assorted citrus water, boiling water, ice cold
Lemon Gelatin	gelatin mix, lemon gelatin mix, plain, unflavored water, boiling water, ice cold
Lime Gelatin	gelatin mix, lime gelatin mix, plain, unflavored water, boiling water, ice cold
Orange Gelatin	gelatin mix, orange gelatin mix, plain, unflavored water, boiling water, ice cold
SF Citrus Gelatin	gelatin mix, plain, unflavored gelatin mix, diet, assorted citrus water, boiling water, ice cold
Lime Gelatin	gelatin mix, lime gelatin mix, plain, unflavored water, boiling water, ice cold
Orange Gelatin	gelatin mix, orange gelatin mix, plain, unflavored water, boiling water, ice cold
SF Citrus Gelatin	gelatin mix, plain, unflavored gelatin mix, diet, assorted citrus water, boiling water, ice cold
Choc Pudding	pudding, chocolate, kozy, 4 oz, pc
SF Choc Pudding	pudding, chocolate, sugar free, snack pack, 3.25 oz, pc
Van Pudding	pudding, vanilla, kozy, 4 oz, pc
SF Van Pudding	pudding, vanilla, sugar free, snack pack, 3.25 oz, pc