

# OBSTETRICS AND GYNECOLOGY

## PHYSICIAN UPDATE E-EDITION



October 2019



## Patient Care

### [Mayo specialists offer safe, effective treatment options for female pelvic floor disorders](#)

Mayo Clinic's unique, multidisciplinary approach to managing sensitive female pelvic floor disorders allows for individualized decision-making and broad access to a multitude of treatment options.

### [Advances in fetal surgery allow for earlier intervention to manage congenital anomalies](#)

Rare, congenital anomalies carry significant risk of mortality and disability. Mayo specialists' novel surgical methods may reverse these conditions in utero and improve fetal development.

### [Ovarian and testicular cryopreservation preserves fertility in prepubertal children](#)

Recent advances in reproductive endocrinology allow cryopreservation of prepubertal boys' testicular tissue and girls' ovarian tissue before they begin cancer therapy known to impact fertility adversely.

### [Use this guide to hysterectomy to help inform patients of their options](#)

Megan N. Wasson, D.O., discusses different approaches to hysterectomy and considerations that should be factored into the decision to have a hysterectomy, to ensure the maximum benefit while minimizing risks.



## Research

### [Systematic approach to abnormal uterine bleeding evaluation simplifies management, enhances well-being](#)

Mayo specialists discuss the systematic evaluation of abnormal uterine bleeding using PALM-COEIN etiology in a study published in Mayo Clinic Proceedings.

### [Common procedures for treating stress urinary incontinence have vastly different long-term outcomes](#)

A retrospective study found that the need for additional surgery was twice as high after a transobturator sling surgery compared with a retropubic sling procedure.

[See all Obstetrics and Gynecology Clinical Trials at Mayo Clinic](#)



## Education

### [Mayo Clinic OB/GYN Clinical and Surgical Updates: Staying Current and Ahead of the Curve 2020](#)

Feb. 17-20, 2020, in Ponte Vedra Beach, Fla.

Topics include radiologic evaluation of endometriosis, fetal growth restriction, chronic hypertension in pregnancy, pelvic organ prolapse and surgery for hereditary cancer risk reduction.

[See all Obstetrics, Gynecology & Women's Health Continuous Professional Development courses](#)



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