



September 2008

Regional News

- [Mayo Clinic in Arizona](#)
- [Mayo Clinic in Florida](#)
- [Mayo Clinic in Minnesota](#)

Clinical Trials

[Clinical Trials Open to Patient Recruitment](#)

Referring a Patient

[Arizona Referrals](#) (866) 629-6362

[Florida Referrals](#) (800) 634-1417

[Minnesota Referrals](#) (800) 533-1564

[Online referrals](#)

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News and information from Mayo Clinic of general interest to physicians.

Patient Care

Surgical Management of Recurrent Papillary Thyroid Cancer

[Papillary thyroid cancer](#) (PTC) recurs after apparently successful thyroidectomy in 15% to 30% of patients. The extent of disease, risk versus benefit, and the willingness of the patient to undergo a reoperation are factors that need to be considered when recommending a reoperation.

Barrett's Esophagus Eliminated When Treated with Ablation Procedure

A multicenter clinical trial led by Mayo Clinic in Arizona found that 98.4% of patients with [Barrett's esophagus](#) were free of the disease 2/1/2 years after nonsurgical, endoscopic treatment with radiofrequency ablation.

Management Options for Primary Hyperhidrosis

Although, [hyperhidrosis](#) has only recently been recognized as a serious medical condition, Mayo Clinic has a long history of treating primary hyperhidrosis. Management includes surgical and nonsurgical options as well as measuring severity and anatomic distribution. For severe cases, Mayo offers a unique improved surgical approach.

Research

Stroke May Lead to Mild Cognitive Impairment

A new Mayo Clinic study found that people with a history of strokes had a greater likelihood of developing [mild cognitive impairment](#), a disorder of the brain that affects memory and thinking abilities.

Building a Breast Cancer Vaccine

A Mayo Clinic researcher has spent a career studying how 1 molecule might lead to a [breast cancer vaccine](#). Now those many years of research and a team-science approach are leading to clinical trials at Mayo Clinic locations in Minnesota, Florida and Arizona.

Combining 2 Hormones to Treat Congestive Heart Failure

Expedited clinical trials are under way for a drug engineered by Mayo Clinic researchers that offers the potential of a novel treatment for [heart failure](#). The drug both relieves pressure on a failing heart and boosts kidney function--essential treatment for congestive heart failure.

Mayo Researchers Discover How Measles Virus Spreads

[Measles](#), one of the most common contagious diseases, has been thought to enter the body through the surface of airways and lungs. Now, Mayo Clinic researchers and their collaborators say that's not the case

Other News

Mayo Clinic Named a "Best Hospital" by U.S. News & World Report for 19th Straight Year

To make the [U.S. News](#) "Honor Roll," a medical center has to rank at or near the top in at least 6 of the 16 specialties included in the rankings. Mayo Clinic's campus in Rochester scored in the top 5 in

12 specialties and ranked first or second in 7 specialties. Mayo was recognized in every category that the magazine assessed.

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