



October 2008

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Patient Care

Health Care Reform Recommendations

Mayo Clinic believes that American health care urgently needs reform. With input from more than 2,000 stakeholders, the Mayo Clinic Health Policy Center has developed [principles and action steps](#) to accelerate the reform process.

Advancing Crohn's Drug Treatment Options

A Mayo study has found that a drug typically used as a [third-line treatment](#) for Crohn's disease (infliximab) is more effective than the standard second-line treatment (azathioprine).

Patient Stories

Ryan Chubbuck

Ryan Chubbuck is all smiles, thanks to successful airway reconstruction surgery at Mayo Clinic. [Read Ryan's story](#).

Judi Andress

The day after a vivid dream in which she was diagnosed with cancer, Judi Andress received a call from her doctor. [Read Judi's story](#).

Research

Potential New Therapeutic Target for Progressive Multiple Sclerosis

Mayo Clinic researchers have found [elevated levels of two enzymes](#) in patients with multiple sclerosis that correspond with levels of

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disability.

Stool DNA Testing for Colorectal Cancer Has Potential

A Mayo study of a first-generation test to identify early colorectal cancer from [DNA in the stool](#) found that the test has limitations. But the test still identified two to four times more precancerous polyps than widely used fecal occult blood tests.

Stalling Biomotors to Paralyze and Kill Cancer Cells

[Cell migration](#) is essential for normal processes in the body. It also is how cancer cells move and invade surrounding organs. Discovering how internal and external cell movements work may hold keys to stalling, blocking or killing cancer cells.

Cocaine Rescue

Mayo researchers' discovery of [an enzyme to prevent cocaine metabolism](#) may help prevent drug relapse, which occurs in 80 percent of former addicts who undergo rehabilitation.

Arizona News

Mayo Clinic Hospital in Phoenix named 2008 Top Hospital

The Leapfrog Hospital Survey has included Mayo Clinic Hospital in Arizona among 33 U.S. hospitals designated as a [2008 Top Hospital](#).

Arizona Students Learn New Lifesaving Technique for Cardiac Arrest

A new way of performing [a life-saving technique for cardiac arrest](#) is introduced to thousands of middle and high school students in Arizona.

Florida News

Ending Health Disparities Starts with Education and Awareness

[Outreach programs](#) at Mayo's Florida campus are aimed at preventing and reducing illness and death in minority populations.

Tiny, Super-Sensitive Probe Could Halve Removal of Colon Polyps

Based on results of a new landmark study, researchers at Mayo Clinic's Florida campus see a future in which [virtual biopsies](#) will eliminate the need to remove noncancerous colon polyps.

Minnesota News

Mayo Clinic Discovery May Help Diabetic Gastric Problem

Mayo Clinic research has identified a potential remedy for a troubling complication of diabetes — [delayed gastric emptying](#) (gastroparesis).

Reducing Labeling Errors

A high-tech labeling system [reduced specimen labeling errors](#) from 765 in 2007 to only 47 in 2008. It is the first use of radio-frequency identification in a health care setting.

Mayo in the Media

A Baby's Bowel Surgery

A mother's instinct can be very powerful, and Emelda Osorio of Honduras knew that something was wrong with her newborn baby. See [Medical Edge TV story](#).

If You Think HMOs Were Different, Just You Wait (Telemedicine)

[Star Tribune](#)

Big Organization Acting Small - How Mayo Clinic Keeps it Personal

[Business Week](#)

Peabody Pays Mayo Clinic Prices to Save on Health Care Costs

[Bloomberg News](#)

Mayo Clinic ... 'very scary and very grand'

[Escabana Daily Press](#)

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