



May 2010

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Patient Care

Advances in Elective Repair of Abdominal Aortic Aneurysms

Abdominal aortic aneurysms are often asymptomatic and treatment is elective. Mayo's vascular surgery team performs more than 300 aneurysm repairs annually, including complex open and endovascular aortic aneurysm repair (EVAR) procedures, in which use of a stent graft provides a less invasive alternative to open repair. [Learn more.](#)

Robotic Approach Broadens Options for Minimally Invasive Gynecologic Surgery

Minimally invasive robotic gynecologic surgery offers many of the benefits and overcomes some of the challenges associated with laparoscopic surgery. Fewer wound complications, 1-night average hospital stays, and resumption of normal activities within 2 weeks following surgery have made the robotic approach a preferred option for many patients. [Learn more.](#)

[View video of robotic hysterectomy and bilateral sub-oophorectomy.](#)

Infliximab, Azathioprine, or Combination Therapy for Crohn's Disease

A study led by Mayo Clinic suggests remission from Crohn's disease may be more likely if patients receive biologic therapy combined with immune-suppressing drugs first instead of immune-suppressing drugs alone. [Learn more and view video.](#)

Safety and Quality Initiatives Improve Inpatient Glycemic Management

Guided by specialty organizations' recommendations and committed to providing excellent care to patients with diabetes mellitus, Mayo Clinic has implemented safety and quality initiatives to ensure optimal management of hyperglycemia in hospitalized adults. Inpatient hyperglycemia has been linked to infection, postoperative complications, and even death. [Learn more.](#)

Research

Molecular Breast Imaging for Cancer Tumors

Mammography isn't very good at detecting tumors in the dense breast tissue prevalent in young women. Molecular breast imaging (MBI), a new tool developed by Mayo researchers, can detect tumors in dense breast tissue. MBI is more effective than mammograms and less costly than other nuclear-medicine imaging. [Learn more.](#)

Bleeding After Percutaneous Biopsies and the Role of Aspirin

A recent study on bleeding after percutaneous biopsies showed that the overall incidence of major bleeding after imaging-guided percutaneous core needle biopsy is low. Recent aspirin therapy does not appear to significantly increase the risk of such bleeding complications. [Learn more and view video.](#)

Chronic Injury in Kidneys of Healthy Adults

Mayo researchers found that the kidneys of healthy adults show signs of chronic mild injury that increase with age. The damage doesn't show up on the tests routinely used to assess kidney health. New tests must be developed to detect mild kidney injury more accurately. [Learn more.](#)

Management of Mitral Regurgitation: Indications for Surgery

Research has confirmed the long-term benefits of proactive management and early surgical intervention for patients with mitral valve regurgitation (MR). Mayo cardiologists recommend prompt surgical evaluation for patients with classic indications of MR and may recommend valve repair before symptom onset, through open or minimally invasive surgery. [Learn more.](#)

Older Women with Diabetes Face Higher Colon Cancer Risk

Mayo researchers found that diabetes is strongly associated with several cancer subtypes, leading to new strategies for colon cancer screening, chemotherapy and chemoprevention in women with diabetes. [Learn more.](#)

Treatment of Dyslipidemia in Patients with Chronic Kidney Diseases

Cardiovascular events are the No. 1 cause of death in patients with chronic kidney disease (CKD). Research based on National Kidney Foundation guidelines for assessment and treatment of dyslipidemia in patients with mild to moderate CDK shows treatment with statins caused statistically significant reductions in cardiovascular mortality rates. [Learn more.](#)

Education

Mayo Clinic Grand Rounds Presentations

New [Grand Rounds presentations](#) are available online.

Cardiac Rehabilitation 2010

Update on the Science and Practice of Cardiac Rehabilitation-Secondary Prevention

Young, Mobile and Wired:

The Prevalence and Impact of Social Media on Children

Internal Medicine Board Review - Certification and Maintenance of Certification

July 7-12, 2010

Intensive coursework helps candidates apply the finishing touches to preparations for the 2010 American Board of Internal Medicine Certification and Maintenance of Certification Examinations and provides a comprehensive overview of internal medicine for practicing physicians. Optional postcourse ABIM SEP Medical Knowledge Modules are offered on July 13.

Location: Siebens Building, Mayo Clinic, Rochester, Minn.

Contact: 800-323-2688 (toll-free) or [email](#)

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Pediatric Days 2010

September 13-14, 2010

This course features advances in the field of pediatric and adolescent medicine, including current information on a variety of medical and surgical conditions affecting children and adolescents.

Location: [Chicago Marriott Downtown Magnificent Mile](#), Chicago, Ill.

Contact: 800-323-2688 (toll-free) or [email](#)

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Mayo Clinic 13th Annual Internal Medicine Update: Sedona 2010

October 7-10, 2010 or October 21-24, 2010

This is a unique 4-day course offering a practical update on a variety of subspecialty topics, including cardiovascular diseases, dermatology, endocrinology, gastroenterology, neurology, and women's health issues. Early registration is encouraged. A \$75 discount for online registration expires September 10, 2010.

Location: [Hilton Sedona Resort & Spa](#), Sedona, Ariz.

Contact: 480-301-4580 or [email](#)

Online registration starting soon

Clinical Reviews 2010

October 25-27, 2010 or November 8-10

This review focuses on the latest recommendations involving the medical subspecialties important for the primary care physician. The comprehensive program consists of lectures, panels and roundtable discussions on problems of general interest in various areas of medicine, surgery, and pediatrics relevant to clinical practice.

Location: Mayo Civic Center, Rochester, Minn.

Contact: 800-323-2688 (toll-free) or [email](#)

Online registration starting soon

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New Staff

[Stephanie Blanken, M.D.](#)

Department of Cardiothoracic Surgery in Florida
Department of Transplant in Florida

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