

## May 2009

### Most Popular Last Month

[New Migraine Drug May Stop Pain with Fewer Side Effects](#)

[Mayo Clinic and Microsoft Corp. Launch Mayo Clinic Health Manager](#)

[Can Osteoporosis Be Reversed?](#)

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The [Sharing Mayo Clinic blog](#) is a place for patients, health care providers and Mayo Clinic employees to share their Mayo experiences and connect with people.

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### Mayo's Impact on Medicine

By giving to the [Campaign for Mayo Clinic](#), you can have a life-changing impact on the world.

### Virtual Tour

Take a [virtual tour](#) of Mayo Clinic facilities in Arizona, Florida and Minnesota.

### Pass It On

Invite a friend to [subscribe](#) by forwarding this newsletter.

### New Mayo Clinic CEO Selected

Neurologist John Noseworthy, M.D., has been named the [new president and CEO](#) of Mayo Clinic. He will work alongside current CEO Denis Cortese, M.D., until Dr. Cortese's retirement in November.



## Patient Care

### Mayo Clinic Introduces the FLASH CT Scanner

Mayo Clinic's campus in Minnesota is the first medical center in the U.S. to use the high-speed [FLASH CT scanner](#). The scanner is especially useful in imaging children who have difficulty remaining still while being scanned. It can also take high-quality cardiac scans in patients with high or irregular heart rates.

## Patient Stories

### A Prom Promise Kept

As the 8-year-old girl headed into surgery for a heart transplant, she asked Michael Ackerman, M.D., Ph.D., a member of her care team, if she was going to live. Dr. Ackerman said, "Of course you're going to live, and I'm going to dance with you at your prom." On April 25, Dr. Ackerman flew to Michigan to fulfill the promise he made to Stefani Pentiuk 10 years earlier. Read [Stefani's story](#)



### A Midsummer Morning's Luck Saves Tom's Life

Tom Halverstadt survived a devastating brainstem stroke because of several lucky factors, including a treatment team that had the expertise he desperately needed. Read [Tom's story](#).

## Research

### Study Finds Anemia May Be Associated with Development of Parkinson's Disease

Results of a new Mayo study support a link between anemia experienced early in life and the development of Parkinson's disease many years later. See [video of neurologist Walter Rocca, M.D.](#), explaining the findings.

## Exploring More Precise Targeting of Brain Tissue during Epilepsy Surgery

Mayo Clinic researchers are studying new techniques to pinpoint the origin of seizures in the brain to help surgeons precisely identify the specific brain tissues to remove during epilepsy surgery. See [video of Gregory Worrell, M.D., Ph.D.](#), explaining the research.

## Education News

### How to Reform Medical Education to Support Health Care Reform

Education leaders gathered in Rochester April 27-28 to seek consensus on how medical education should be reformed to support patient-centered health care reform. Improving medical professionals' teamwork skills and interdisciplinary training among medical, nursing and allied health students emerged as key points from the National Symposium on Medical and Health Care Education Reform. Read [Symposium summaries](#).

## Arizona News

### Pacemaker for Epilepsy

Epilepsy is a disease that can control a person's life. Mayo researchers hope a pacemaker-like device under investigation may stop seizures before they happen. Watch [Medical Edge TV story](#).

## Florida News

### Researchers Find Agents that Speed Up Destruction of Proteins Linked to Alzheimer's Disease

Using a new treatment and prevention approach for Alzheimer's disease, a research team at Mayo Clinic in Florida has shown that druglike [compounds can speed up destruction of proteins](#) that form plaque in the brains of patients with the disorder.

### Triple Drug Combination Shows Promise for Breast Cancer

Mayo Clinic researchers say a [triple drug combination](#) looks like a promising option to treat metastatic HER2+ breast cancer.

### The Science of Running

Researchers at Mayo Clinic in Florida are studying running's effects on the body in hopes of being able to tell runners and other endurance athletes how best to prepare for an event. Watch [Medical Edge TV story](#).

## Minnesota News

### Posterior Fossa Exploration Surgery Provides Better Pain Relief for Trigeminal Neuralgia

A Mayo Clinic study found that posterior fossa exploration surgery provided significantly better pain relief than stereotactic radiosurgery for patients with trigeminal neuralgia. Bruce Pollock, M.D., explains the findings on the [Mayo News Blog](#).

### **Surgical Treatment of Arteriovenous Fistulas is Safe, Effective**

Mayo researchers have found that using surgery to treat spinal arteriovenous fistulas is safe and effective. Newer techniques, like endovascular embolization, need further study before they can be recommended over the traditional surgery. Giuseppe Lanzino, M.D., explains the findings on the [Mayo Clinic News Blog](#).

## **Sharing Mayo Clinic Blog**

### **Anne de Bari's Story**

"If and when Anne needs surgery, we plan on returning to the Mayo Clinic, even though the physicians here are of good quality and also my friends. I just really get the impression that the Mayo physicians are the best – and nothing less than that is good enough for my wife," says Tony de Bari, M.D. See [video of Anne and Tony's Mayo story](#).

### **Jayson Werth's Story**

Philadelphia Phillies' outfielder Jayson Werth looked for answers for his wrist injury for two years until he saw Mayo Clinic orthopedic surgeon Richard Berger, M.D., Ph.D. Jayson is now back on the field continuing his promising career. See [video of Jayson's Mayo story](#).

## **Mayo in the Media**

### **Mayo Turns to Social Media to Reach Patients**

[Star Tribune](#)

### **Mayo Clinic 'An Amazing Place'**

[Orillia Today](#)

### **Couple Doesn't Know YouTube, but They're on it**

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13400 East Shea Blvd  
Scottsdale, AZ 85259

**Mayo Clinic**  
4500 San Pablo Road  
Jacksonville, FL 32224

200 First St. SW  
Rochester, MN 55905