

March 2009

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Share Your Story

The [Sharing Mayo Clinic blog](#) is a place for patients, health care providers and Mayo Clinic employees to share their Mayo experiences and

Patient Care**American College of Surgeons Recognizes Mayo Hospitals for Excellent Outcomes**

Mayo Clinic's Rochester Methodist and Saint Marys hospitals have been recognized by the American College of Surgeons for achieving [outstanding surgical outcomes for patients](#). Mayo Clinic is the only academic medical center in the five-state region to receive this recognition.

Robotic Surgery is Safe and Effective for Treating Some Throat Cancers

According to a Mayo Clinic study, using robotic surgery to treat [tonsil](#) and [base of tongue cancers](#) is safe, effective and enables faster recovery times. See [video of surgeon Eric Moore, M.D.](#), describing the procedure.

Patient Stories**John Fulton Beats Cancer a Second Time**

Decades after beating bone cancer at Mayo Clinic, John Fulton returned, this time to defeat islet cell cancer. John says that, once more, Mayo helped him "beat the system." Read [John's story](#).

Research**Exercise Your Brain to Prevent Memory Loss**

A Mayo Clinic study has found that doing activities like reading books, playing games and crafting in middle age or later life decreased the risk of mild cognitive impairment. See [video of neuropsychiatrist Yonas Geda, M.D.](#), explaining the findings.

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E-mail Newsletters

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Mayo's Impact on Medicine

By giving to the Campaign for Mayo Clinic, you can have a life-changing impact on the world. [Read PDF](#) (2 MB)

Virtual Tour

Take a [virtual tour](#) of Mayo Clinic facilities in Arizona, Florida and Minnesota.

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Study Shows Statins Lower Stroke Severity, Improve Recovery

Mayo Clinic researchers have shown that patients taking [statins, drugs prescribed to lower cholesterol](#), before a stroke had a better outcome and recovery than patients not taking the drug.

Arizona News

Ablation Shows Promise for Treating Barrett's Esophagus

Ablation, a procedure which uses a localized heat treatment to destroy abnormal cells, appears to be safe and effective for [treating precancerous cells that can lead to Barrett's esophagus](#).

Florida News

Mayo Invention Collaboration Focuses on New Treatment for Depression

Researchers at Mayo Clinic in Florida and Virginia Tech have licensed chemical compounds, called triple reuptake inhibitors, to AstraZeneca for potential [new drug therapies to treat depression](#).

Minnesota News

Mayo Clinic Study Identifies POTS Treatments

A class of medications recommended for adults with postural orthostatic tachycardia syndrome (POTS), a debilitating heart condition, also has been identified as a first-line treatment for teenagers. See [video of pediatrician Phil Fisher, M.D.](#), explaining the treatment implications for teens.

Sharing Mayo Clinic Blog

Lessons Learned from Mayo Clinic: A Caregiver's Perspective

"When the third generation of our family was being treated by Mayo Clinic staff, I realized that I knew things about coping with illness that my waiting room companions did not." Read [Brenda McGuire's six lessons](#).

Colleen's Story

"My 39-year-old husband has been a patient at Mayo Clinic Jacksonville, Florida, for the last six months. During that time, two preeminent surgeons, a genius oncologist and numerous other incredible doctors have delivered him from a dire cancer diagnosis to a place of hope for remission. Thanks to Mayo — there is now a light at the end of the tunnel." Read [Colleen's story](#).

Mayo in the Media

Child Has Rare Niemann-Pick Disease

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New Scan Counts Surgical Sponges Left Behind

[WCCO.com](#)

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