



June 2009

Regional News

[Mayo Clinic in Arizona](#)

[Mayo Clinic in Florida](#)

[Mayo Clinic in Minnesota](#)

Clinical Trials

[Clinical Trials Open to Patient Recruitment](#)

Referring a Patient

[Arizona Referrals](#)

1-866-629-6362 (toll-free)

[Florida Referrals](#)

1-800-634-1417 (toll-free)

[Minnesota Referrals](#)

1-800-533-1564 (toll-free)

[Online Referrals](#)

Comments?

We're interested in your [feedback](#) about this newsletter.

Pass It On

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Watch Mayo Clinic Grand Rounds Presentations

Starting this month, a select number of Mayo Clinic [Grand Rounds presentations](#) will be available online. Visit the Medical Professionals section of the [mayoclinic.org](#) Web site to access the listing (under Education). New presentations will be posted regularly and new additions will be highlighted in this newsletter.

Patient Care

Pan-Detection of GI Neoplasms by Stool DNA Testing: Establishment of Feasibility

A stool DNA test detected tumor-derived mutations for the majority of GI cancers and pre-cancers. This capacity for the pan-detection of GI neoplasms could substantially expand the value of stool DNA testing and change the screening paradigm.

[Learn more and view video interview](#) with David Ahlquist, M.D.

Robotic Mitral Valve Repair is a Safe, Durable Alternative to Open Surgical Approaches

Minimally invasive robotic mitral valve repair, performed regularly at Mayo Clinic, relies on 3-D, high-definition video guidance to visualize the heart anatomy and robotic instrumentation to repair the mitral valve through several very small incisions. Patients are usually able to return to normal activity quickly with this surgery.

[Learn more](#)

Migraine Evolves from Episodic Headache to Chronic Disorder

The focus of migraine care is changing from the event of the migraine to the patient with migraine. In the future, successful management of migraine will be measured not by stopping an attack but by overall disease management and prevention.

[Learn more](#)

[Journal article](#)

Agent Provides Treatment Option for Women with Hot Flashes

Medication used for nerve pain also can offer women relief from hot flashes. In a recent Phase III trial, pregabalin decreased hot flash severity and frequency about 20 percent more than did a placebo agent, report Mayo researchers.

[Learn more and view video](#) interview with Charles Loprinzi, M.D.

Treatment Options for Graves' Ophthalmopathy

Management of Graves' ophthalmopathy requires a carefully integrated approach involving the endocrinologist and ophthalmologist, with the goal of preserving the patient's vision and restoring favorable self-perception and quality of life.

[Learn more](#)

Research

Triple Drug Combination is Promising Option to Treat Metastatic HER2+ Breast Cancer

Researchers at Mayo Clinic in Florida report that a combination of capecitabine, vinorelbine and trastuzumab (Herceptin) offers a treatment option for women with metastatic HER2+ breast cancer that is at least as beneficial as other current options — and doesn't cause hair loss in patients.

[Learn more](#)

Pazopanib Can Benefit Patients with Aggressive Thyroid Cancer

A medication that helps stop the growth of new blood vessels has produced dramatic benefits for some patients with progressive, metastatic, iodine-insensitive differentiated thyroid cancer.

[Learn more and view video discussion](#) with Keith Bible, M.D., Ph.D.

Researchers Discover Genetic Cause for Primary Biliary Cirrhosis

Researchers have discovered that variants of two genes, interleukin 12A (IL12A) and interleukin 12RB2 (IL12RB2), are strongly associated with primary biliary cirrhosis.

[Learn more](#)

Education

Internal Medicine

Certification & Maintenance of Certification

July 17-23, 2009

The Internal Medicine Board Review course is an intensive review for practicing physicians of all areas of internal medicine.

Location: Siebens Building, Mayo Clinic, Rochester, Minn.

Contact: 1-800-323-2688 (toll-free)

E-mail: cme@mayo.edu

[Register now](#)

Cardiology Update in Sedona

A Weekend Review

July 24-26, 2009

This meeting provides information about the explosive growth in diagnosis and treatment modalities in the field of cardiovascular disease, distilled in a manner that can be applied to clinical practice. The objectives of this wide-ranging program are to teach participants to:

- Summarize the latest diagnostic and management strategies for patients
- Integrate guidelines for optimal intervention
- Recognize new concepts in management of heart failure
- Define current controversies and unmet needs
- Formulate a better approach to evaluation of valve patients

Location: Sedona, Ariz.

Contact: 1-800-323-2688 (toll-free)

E-mail: cme@mayo.edu

[View brochure](#)

[Register now](#)

Mayo Clinic's 19th Annual Hematology/Oncology Reviews

July 30-Aug. 1, 2009

This comprehensive course provides the practicing hematologist/ oncologist with up-to-date, practical information that has immediate clinical application. Presentations are case-based. Focused lunch sessions encourage interaction with the faculty, and attendees are encouraged to bring their most challenging cases for discussion.

Location: The Ritz Carlton Amelia Island, Amelia Island, Fla.

Contact: 1-800-462-9633 (toll-free)

E-mail: cme@mayo.edu

[View brochure](#)

[Register now](#)

Mayo Clinic 2009 Endoscopic Ultrasound (EUS) Course

July 30-Aug. 1, 2009

Experts from gastroenterology, pancreatology, hepatology, surgery, oncology, pulmonology, radiology and endosonography will discuss the impact and role of EUS in their practices. Live case demonstrations, a video forum and a hands-on animal lab will emphasize technical aspects of performing EUS and demonstrate the use of standard equipment and new devices.

Location: Leighton Auditorium, Mayo Clinic, Rochester, Minn.

Contact: 1-800-323-2688 (toll-free)

E-mail: cme@mayo.edu

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