

July 2009

Most Popular Last Month

[Carlsen Conjoined Twins](#)

[Fitterer Conjoined Twins](#)

[Can We Reverse Osteoporosis?](#)

Webfeeds & Podcasts

Receive Mayo Clinic news as it happens. Subscribe to [Webfeeds](#).

Facebook and YouTube sites

Join the [Mayo Clinic Fan site](#) on Facebook: Write on the wall, join the discussions and learn more about Mayo Clinic.

Join the [Visit Mayo Clinic's You Tube channel](#). Watch videos about Mayo's latest research and treatment advances.

Share Your Story

The [Sharing Mayo Clinic blog](#) is a place for patients, health care providers and Mayo Clinic employees to share their Mayo experiences and connect with people.

E-mail Newsletters

Stay up to date with Mayo activities through [e-mail newsletters](#).

Mayo's Impact on Medicine

By giving to the [Campaign for Mayo Clinic](#), you can have a life-changing impact on the world.

Virtual Tour

Take a [virtual tour](#) of Mayo Clinic facilities in Arizona, Florida and Minnesota.

Pass It On

Invite a friend to [subscribe](#) by forwarding this newsletter.

Mayo Clinic Perspectives on Health Care Reform

Mayo Clinic leaders have published Mayo's perspective on key health care reform issues currently being debated in Congress. Among their points:

- Insert value into the reimbursement system
- Support an individual mandate for health insurance
- A Medicare-like plan will lead to financial ruin for patients, doctors and hospitals

"We believe there are many ways the federal government can provide incentives to U.S. physicians and hospitals to focus on quality, not quantity, and ultimately deliver lower cost care with better outcomes for all Americans," they wrote. [Read full paper](#) (PDF).

See recommendations from the [Mayo Clinic Health Policy Center](#).

Patient Care

Cancer Center Support Grant, Comprehensive Status Extended by National Cancer Institute

[The Mayo Clinic Cancer Center](#) received an additional five years of National Cancer Institute funding and redesignation as a comprehensive cancer center. Mayo has the only NCI-designated center conducting research at three distinct national locations. [Read news release](#).

First Single-incision Total Colectomy Surgery

At Mayo Clinic's campus in Arizona, a 32-year-old female patient, at risk for colon cancer, is believed to be the first patient in the U.S. to undergo single-incision total colectomy. Her entire colon was removed through a single, small, 3-centimeter incision around the navel. [Read news release](#).

Patient Stories

A Nurse's First Choice for a Second Opinion

More than 30 years after her daughter was treated at Mayo Clinic for a rare birth defect, Carol Bolton returned to Mayo for treatment of a rare problem of her own, sclerosing mesenteritis. [Read Carol's story](#).

Research

Study Produces Dramatic Prostate Cancer Outcomes

Two Mayo Clinic patients with inoperable prostate cancer are now cancer free thanks to an experimental drug therapy. [Read Discovery's Edge story](#).

Genomic Discovery Found to Protect Kidney Function During Heart Failure

Mayo Clinic cardiology researchers have found a compound that helps preserve and improve kidney function during heart failure, without affecting blood pressure.

[Read news release.](#)

Mayo Researcher Featured in "Rock Star of Science" Campaign

Ronald Petersen, M.D., Ph.D., director of the [Mayo Clinic Alzheimer's Disease Research Center](#), was one of 11 scientists participating in a new campaign to increase public awareness of scientific research. See [Rock Stars of Science](#).

Arizona News

Faster, Easier Way to Diagnose Allergic Esophagitis

Mayo Clinic scientists have invented a quick method to diagnose allergic esophagitis, a digestive condition unheard of a decade ago but increasingly common today. The method involves a scoring system of tissue samples.

[Read news release.](#)

Study Finds Evidence of Memory Decline in Middle-aged People at Genetic Risk for Alzheimer's Disease

Researchers from the Arizona Alzheimer's Consortium found that the carriers of a common genetic risk factor for Alzheimer's disease begin to have memory declines in their mid-50s. These and other findings support the possibility that future Alzheimer's treatments may be most effective if started in middle-aged people.

[Read news release.](#)

Florida News

Hypothermia Treatment for Stroke

Doctors at Mayo Clinic's site in Florida are inducing hypothermia in an innovative attempt to save the lives of stroke patients.

[Watch Medical Edge TV story.](#)

Minnesota News

Mayo Clinic a "Best Hospital" for 20th Straight Year

Mayo Clinic has again been named to the Honor Roll of top hospitals by U.S. News & World Report in its annual "Best Hospitals" issue. Of the 4,861 hospitals analyzed, only 21 made the Honor Roll.

[Learn more.](#)

Mayo in the Media

Health Triumph - Diagnosing Nick

[Newsweek](#)

Mayo Clinic Hopes to Spread Model of Medical Efficiency

[Minnesota Public Radio](#)

Lessons we can learn from Mayo

[Houston Chronicle](#)

Sincerely Lou

In his final days, as he battled ALS, Lou Gehrig penned his most personal thoughts in a series of revealing letters to his Mayo Clinic physician.

[ESPN](#)

Cases of Celiac Disease Up Dramatically [Reuters](#)

[Newsletter Archive](#) | [Subscribe](#) | [Contact Mayo](#)

[Manage My Subscription](#) (including unsubscribe).

© 2009 Mayo Clinic. All rights reserved. [Terms of Use](#).

13400 East Shea Blvd
Scottsdale, AZ 85259

Mayo Clinic
4500 San Pablo Road
Jacksonville, FL 32224

200 First St. SW
Rochester, MN 55905