



## February 2010

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### Clinical Trials

[Clinical Trials Open to Patient Recruitment](#)

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866-629-6362 (toll-free)

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## Patient Care

### HoLEP treatment for Benign Prostatic Hyperplasia

Holmium Laser Enucleation of the Prostate (HoLEP) shows superior outcomes to transurethral resection of the prostate and suprapubic prostatectomy. HoLEP may be performed as an outpatient procedure on prostate glands of any size. The re-treatment rate is 2%. Mayo Clinic in Minnesota offers HoLEP. [Learn more and view video.](#)

### Parathyroid Carcinoma Incidence Rising

The incidence of parathyroid carcinoma increased 60% between 1988 and 2003. Mayo endocrinologists found that patients with primary hyperparathyroidism who have hypercalcemia and increased blood concentrations of parathyroid hormone, nephrolithiasis, renal insufficiency or metabolic bone manifestations are likely to have parathyroid carcinoma. [Learn more.](#)

### Pituitary Incidentaloma

Autopsy and MRI studies indicate that 10% of pituitary masses are discovered incidentally. At Mayo, endocrinologists confirm that patients are asymptomatic, consider possible causes, and weigh the clinical impact of hormone deficiency, hormone excess and mass growth before recommending monitoring or treatment for patients with pituitary incidentaloma. [Learn more.](#)

## Research

### Laparoscopic Resection for Crohn's Disease

Laparoscopically assisted primary ileocecal resection is the procedure of choice for patients with Crohn's disease at Mayo Clinic. A recent 109-man study concurs with smaller study findings that laparoscopically assisted primary ileocecal resection for Crohn's disease is safe and results in better short-term outcomes than open resection. [Learn more and view video.](#)

### Medical Management of Prostate Cancer

Annual prostate cancer-specific mortality rates have declined over the last decade, but prostate cancer is still a leading cause of cancer-related morbidity and mortality. A recently published study reviews developments and summarizes therapeutic advances in prostate cancer screening tools, research and clinical trials, and treatment. [Learn more and view video.](#)

### Advocacy Skills for Patients with Traumatic Brain Injury

Midwest Advocacy Project is the first randomized, practical behavioral trial intended to help survivors of traumatic brain injury and their families advocate effectively for themselves. Iowa, Minnesota and Wisconsin brain injury associations partnered with Mayo Clinic to develop an advocacy training program that may be applied nationwide. [Learn more.](#)

## Reversing Bone Loss in Patients with SCI

Mayo Clinic researchers continue to identify effective methods to strengthen weight-bearing bones to help patients with spinal cord injury. A current study explores whether repeated exposure to vertical oscillation that mimics the motion that occurs when a person walks will help restore bone mass. [Learn more.](#)

## Education

### Family Practice and Internal Medicine Update

March 24-27, 2010

Clinical review course features Mayo specialists in endocrinology, neurology, pulmonary medicine and cardiology discussing diabetes, cardiovascular disease, seizure disorders and skin lesion assessment. Update includes two American Board of Internal Medicine Maintenance of Certificate courses.

Location: Fire Sky Resort & Spa, Scottsdale, Ariz.

Contact: 480-301-4580

Email: [mca.com@mayo.edu](mailto:mca.com@mayo.edu)

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Register online to receive a \$75 discount.

### T. Denny Sanford Pediatric Symposium 2010

April 23, 2010

Primary care clinicians who care for children or adolescents attend to learn more about developmental screening, neonatal jaundice, developmental delay, adrenal disorders, otitis media, migraine and chronic daily headache, pediatric mental health issues, sports injuries, brain tumors, adolescent hypertension, sudden death in athletes and pediatric resuscitation.

Location: Geffen Auditorium, Gonda Building, Mayo Clinic, Rochester, Minn.

Contact: 507-266-4598

Email: [wait.becky@mayo.edu](mailto:wait.becky@mayo.edu)

### 31st Annual Practice of Internal Medicine

May 3-7, 2010

This postgraduate course provides general internists, internist-subspecialists, family medicine physicians and other primary care professionals with a state-of-the-art update in internal medicine. Some of the most common problems encountered in clinical practice are discussed in lectures, panel presentations and concurrent workshops presented by Mayo Clinic specialists.

Location: Mayo Clinic, Rochester, Minn.

Contact: 800-323-2688 (toll-free)

Email: [cme@mayo.edu](mailto:cme@mayo.edu)

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## Perioperative Medicine: Outpatient Preoperative Assessment to Inpatient Postoperative Care

March 25-27, 2010

Sessions focus on the practical, clinical side of preoperative assessment and postoperative management for general internists and family medicine specialists. Topics include cardiac testing using ACC/AHA guidelines, anticoagulant and antiplatelet agent management, prophylactic regimens for deep venous thrombosis and co-morbid disease management.

Location: Mayo Clinic, Rochester, Minn.

Contact: 800-323-2688 (toll-free)

Email: [cme@mayo.edu](mailto:cme@mayo.edu)

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## New Staff

[Rodrigo Cartin-Ceba, M.D.](#), Division of Pulmonary and Critical Medicine

[Michael M. Kim, M.D.](#), Department of Otorhinolaryngology

[Shari A. Nemeth, M.D.](#), Department of Dermatology

[Richard H. Rutkowski, M.D.](#), Department of Family Medicine

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