

## August 2009

### Clinical Trials

[Clinical Trials Open to Patient Recruitment](#)

### Referring a Patient

[Arizona Referrals](#)

866-629-6362 (toll-free)

[Florida Referrals](#)

800-634-1417 (toll-free)

[Minnesota Referrals](#)

800-533-1564 (toll-free)

[Online Referrals](#)

### Comments?

We're interested in your [feedback](#) about this newsletter.

### Pass It On

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### Mayo Clinic Grand Rounds Presentations

New [Grand Rounds presentations](#) are available online.

"Celiac Disease: Not Just About White Bread"

"Genomic Medicine: Past, Present and Future"

### Fixation Good Option for Proximal Humerus Fracture in the Elderly

Five advances have made fixation a reliable and viable alternative to replacement for humeral head fractures in the elderly.

[Learn more.](#)



### Managing CLL — New Tests and Treatments

Hematologist Timothy Call, M.D., discusses management options for chronic lymphocytic leukemia (CLL), currently the most common adult lymphoid malignancy in the U.S. New prognostic blood tests and treatments help in the management of CLL.

[Watch video interview.](#)

### Bladder Cancer Signs and Symptoms

R. Jeffrey Karnes, M.D., discusses signs and symptoms of bladder cancer, how the diagnosis is made, and how grade and stage (the depth of invasion) is interpreted, which dictate the treatment steps taken.

[Watch video interview.](#)

### Chronic Eosinophilic Esophagitis Diagnosis Aid

Researchers at Mayo Clinic in Arizona have invented a quick method to diagnose chronic eosinophilic esophagitis (EoE). The test, a scoring system of tissue samples, is conducted without specialized equipment. EoE is an increasingly common inflammatory condition in which the walls of the esophagus become filled with eosinophils.

[Learn more.](#)

### Mayo Clinic Perspectives on Health Care Reform

Mayo Clinic leaders have published Mayo's perspective on key health care reform issues currently being debated in Congress. "We believe there are many ways the federal government can help incent all U.S. physicians and hospitals to focus on quality, not quantity, and ultimately deliver lower cost care with better outcomes for all Americans," they wrote.

[Read full paper](#) (PDF).

See recommendations from the [Mayo Clinic Health Policy Center](#).

## Research

### **Phase 1 Testing Now Done in Jacksonville**

With the recent opening of its fourth phase I study, Mayo Clinic in Florida is now offering cancer patients in the Southeast access to investigational therapies through rigorously monitored clinical trials. Current trials are of drugs designed to affect cell mechanisms critical to the growth and survival of tumors.

[Learn more.](#)

### **Using Clinical Criteria for Predicting Alzheimer's Disease**

A Mayo Clinic study has found that the clinical criteria for mild cognitive impairment are better at predicting who will develop Alzheimer's disease than a single memory test.

[Learn more and view video interview](#) with neurologist Ronald Petersen, M.D.

### **Racial Differences in Lymphoma Incidence**

The incidence of primary central nervous system lymphoma is two times higher in black Americans, ages 20 to 49, than in white Americans, according to a new Mayo Clinic study. Incidence of the rare tumor is also increasing in transplant patients infected with HIV and the elderly.

[Learn more and view video interview](#) with neurologist Brian O'Neill, M.D.

### **Pathogenic Mutation for Restless Legs Syndrome**

An international team led by researchers at Mayo Clinic in Florida has found what they believe is the first mutated gene linked to restless legs syndrome. Greater understanding of the function of the mutated MEIS1 gene may provide insight into this common and mysterious disorder.

[Learn more.](#)

## **Education**

### **Internal Medicine Review**

Sept. 23-25, 2009

This annual interdisciplinary course offers participants a case-study approach to the management of common problems. Speakers focus on expanding evidence-based care management strategies for clinical decision making in cardiovascular, internal medicine, women's health and pediatrics.

Location: Mayo Clinic, Rochester, Minn.

Contact: 800-323-2688 (toll-free)

E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)

[View brochure](#)

[Register now](#)

### **Biological Frontiers of Alcohol Addiction**

Oct. 2, 2009

This course will offer a new biological model for the treatment of addiction. Topics will incorporate new research on the biological basis for genomic subtypes of addiction. Emphasis will be on the rapid translation of basic science to the clinic, strategies for pharmacotherapy, and individualized approaches to the treatment of addictions with comorbid psychiatric diagnoses.

Location: Mayo Clinic, Rochester, Minn.

Contact: 507-284-2312

E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)

[View brochure](#)

## Endoscopy Live 2009

Oct. 8-10, 2009

This three-day course features lectures with national and international experts and five hours of live endoscopies. A hands-on workshop will allow participants to practice skills designed to improve performance of advanced therapeutic endoscopic procedures such as advanced imaging methods, EMR and double balloon enteroscopy. Attendees will be able to evaluate different approaches to detection and therapy of dysplasia in Barrett's esophagus and ulcerative colitis, set up a program for quality improvement and monitoring, and describe future trends in endoscopic practice and technology.

Location: Mayo Clinic, Jacksonville, Fla.

Contact: 800-462-9633 (toll-free)

E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)

[View brochure](#)

[View all Mayo Clinic CME Courses](#)

## New Staff

[Lyell Jones, M.D.](#), Neurology

[Beth Ladlie, M.D.](#), Anesthesiology

[Tobias Peikert, M.D.](#), Pulmonary and Critical Care Medicine

[Dana Perry, M.D.](#), Transplant Surgery

[Istvan Pirko, M.D.](#), Neurology

[Stephen Pirris, M.D.](#), Neurosurgery

[Jennifer Roth, M.D.](#), Family Medicine

[Wolfgang Singer, M.D.](#), Neurology

[William Tatum, D.O.](#), Neurology

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