



April 2009

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Mayo Clinic and Microsoft Corp. Launch Mayo Clinic Health Manager

The [free online application](#) gives people a secure place to store medical information and receive real-time individualized health guidance and recommendations.

Patient Care

Study Finds Parkinson's Disease Medication Triggers Destructive Behavior

One in six patients receiving therapeutic doses of certain drugs for Parkinson's disease develops new-onset, potentially destructive behaviors, notably compulsive gambling or hypersexuality, according to a Mayo Clinic study.

[J. Michael Bostwick, M.D., explains the findings.](#)

New Migraine Drug May Stop Pain with Fewer Side Effects

International research involving Mayo Clinic scientists may lead to new relief for migraine sufferers. A [new migraine-specific drug](#), telcagepant, may be a promising alternative to existing drug treatments and produce fewer side effects.

New Treatment Device Being Studied for Chronic Heartburn

Mayo Clinic's campus in Florida is among 15 centers worldwide studying the safety and effectiveness of an [innovative, surgically implanted, medical device](#) for treating gastroesophageal reflux disease (GERD), also known as chronic heartburn.

Patient Stories

"Planet Mayo"

"All the Mayo doctors talked to each other, and more importantly to the patient! They worked together to come up with a treatment plan for Mary. We started calling this Planet Mayo, because it feels like we're on a different planet here."

Albert Errato shares his wife's treatment story on the [Sharing Mayo Clinic blog](#)

Colleen's Story

"My 39-year-old husband has been a patient at Mayo Clinic in Florida for the last six months. During that time, two preeminent surgeons, a genius oncologist and numerous other incredible doctors have delivered him from a dire cancer diagnosis to a place of hope for remission. Thanks to Mayo — there is now a light at the end of the tunnel."

Read Colleen's story on the [Sharing Mayo Clinic blog](#)

Overcoming an Eating Disorder

Theresa Kressin's battle with an eating disorder has been a long and difficult journey. But, thanks to her mom and Mayo's eating disorders program, she has a bright future.

Read [Theresa's story](#).

Research

Mayo Clinic and Grameen Healthcare in Bangladesh Launch Demonstration Project

Mayo Clinic and Grameen Healthcare are exploring [opportunities to benefit global, underserved populations](#) by leveraging Mayo Clinic's health care expertise and Grameen's capabilities in effective, low-cost distribution models. The initial collaboration will focus on the prevention, diagnosis and treatment of parasites.

Alzheimer's Disease Researchers Named Among Top 100

The Journal of Alzheimer's Disease recently recognized several Mayo Clinic investigators among the [top 100 Alzheimer's disease investigators](#).

High Rates of Sleep Apnea Found in Retired NFL Players

Mayo researchers found sleep disordered breathing in 60 percent of retired National Football League lineman. The high prevalence of obesity and sleep disordered breathing, also known as [sleep apnea](#), serves as a warning that people need to monitor their weight and health carefully when they retire.

[Video of cardiologist Virend Somers, M.D., Ph.D.](#) explaining the findings.

Arizona News

Arizona Reaches Transplant Milestone with 1,000 Kidney Transplants

A 53-year-old woman was the [1,000th patient to receive a kidney transplant](#) at Mayo Clinic's Arizona campus. The transplant program opened in June 1999. The patient's donor was her 31-year-old daughter.

Florida News

Patients without Symptoms Advised to be Cautious about Undergoing Heart Imaging Tests

An expert panel of the American Heart Association, led by a Mayo Clinic cardiologist, recommends that patients should exercise caution about being exposed to radiation through [unnecessary heart imaging tests](#).

Minnesota News

Researchers Find Link between Anesthesia Exposure and Learning Disabilities in Children

Mayo Clinic researchers have found that children who require [multiple surgeries under anesthesia](#) during their first three years of life are at higher risk of developing learning disabilities later.

Mayo in the Media

Knitting for Health

[CBS Early Show](#)

Mom Finds Experimental Drug for Twins' Fatal Condition

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