

September 2011

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Patient Care

Timely diagnosis and treatment tools help prevent concussion complications

Sports-related concussions are often unrecognized or unreported. Protocol for suspected concussion includes the Mayo Concussion Test, which evaluates orientation, immediate memory, concentration, and delayed recall, and the Post-Concussion Symptoms Scale, which evaluates for symptoms associated with concussion. [Read more.](#)

DSEK provides good uncorrected visual acuity following corneal transplantation

For patients with Fuchs endothelial dystrophy who receive corneal transplants, the main visual advantage of Descemet stripping endothelial keratoplasty over PK is the ability to provide a predictable postoperative spherical equivalent with little, if any, induced cylinder. [Read more.](#)

Surgeons increasingly perform less invasive hip arthroscopy for young adults with FAI

It is unclear who is predisposed to femoroacetabular impingement and when onset occurs. Surgeons and sports medicine specialists have developed a program aimed at detecting teen patients at risk and a randomized clinical trial comparing arthroscopic vs. open techniques. [Read more.](#)

Suicidal risk management begins in primary care

Management of suicide risk includes understanding the difference between risk factors and warning signs, developing a suicide risk assessment, and practically managing suicidal crises. Studies show that 45 percent of all patients who die by suicide have seen their primary care physician within the past month. [View video.](#)

Research

Few clinical scenarios require peripheral thyroid hormone testing

Laboratory tests for free thyroid hormone are among the most frequently ordered. In many cases, measurement of total thyroid hormones is just as informative as testing for free thyroid hormones and analytically more reliable. [Read more.](#)

Clinical trials planned for artificial pancreas

An artificial pancreas uses an abdominal patch to continuously measure blood sugar and a pump to deliver insulin beneath the skin. Patients with diabetes will not need to monitor blood glucose levels and rate of insulin infusion several times daily while wearing the device. [Read more.](#)

Grand Rounds

New [Grand Rounds presentations](#) are available online.

Education

An Overview of Perioperative Medicine 2011: From Outpatient Preoperative Assessment to Inpatient Postoperative Care

Oct. 12-15, 2011

Multispecialty experts from Mayo Clinic and Jefferson Medical College discuss a systematic approach to assessment, appropriate cardiac testing using current guidelines, management of anticoagulants and antiplatelet agents, and risk factors for postoperative pulmonary complications.

Location: Chicago

Contact: 800-323-2688 (toll-free) or [email](#)

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14th Annual Mayo Clinic Internal Medicine Update: Sedona 2011

Oct. 13-16, 2011

This course reviews developments in the evaluation, management and treatment of stroke, gastroesophageal reflux and Barrett's esophagus, hearing loss, lower back pain, infectious diseases, and pulmonary hypertension and explores the role of integrative medicine in the prevention and treatment of cancer.

Location: Sedona, Ariz.

Contact: 480-301-4580 or [email](#)

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Practical Clinical Neurology for the Primary Care Physician

Oct. 26-29, 2011

Review recent advances in the treatment of common neurological problems, including cerebrovascular diseases, headache, dementia, movement disorders, epilepsy, multiple sclerosis and neuromuscular diseases. Compare treatment options for spine diseases, seizures, Parkinson's disease, dystonia and restless legs syndrome.

Location: Orlando, Fla.

Contact: 800-462-9633 (toll-free) or [email](#)

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